

## Helping Students And Families Empower Themselves

### What Is The School Based Program?

Family Counseling Service of the Finger Lakes, Inc. provides both Advocacy and Counseling Services within the school setting for students who have experienced trauma as a result of victimization.

Our School Based **Advocates** and **Therapists** work collaboratively with students and their families to promote a holistic approach to youth development and wellness. They provide and support opportunities to form collaborative and healthy relationships through a trauma informed lens of care.

### Advocacy

Advocates create positive mentoring relationships with students at school in both individual and group settings and also assess and identify basic needs, challenges and strengths within their family, community and school setting. Advocates can provide resources, links, information and referrals as identified by the family and student voice in collaboration with their school and community. Advocates receive training in evidence-based and restorative practices within multi-tiered systems of supports.



### Counseling

Licensed, Masters-level therapists provide confidential and trauma informed counseling to students struggling with emotional or behavioral concerns. We work to create a safe and supportive environment to help foster emotional growth and improved relationships. We help to sort out thoughts and feelings and set realistic goals for change. Therapists are able to provide Crisis Support, Training opportunities, Groups, Individual and Family therapy. Therapists utilize play and art interventions to encourage expression, Solution Focused Therapy, Cognitive Behavioral Therapy, and Dialectical Based Therapy.

### Who is Eligible?

A student or their direct family member who identifies as a victim of one or more of the following:

Adult Physical & Sexual Assault	Identity Theft (fraud) financial crime
Adult molested as children	Kidnapping
Arson	Other Vehicular victimization (e.g. hit and run)
Bullying (Verbal/ Cyber/or Physical)	Other victim of violent crime
Burglar	Robbery
Child Neglect	Stalking/ Harassment
Child Pornography	Survivors of homicide victim
Child victim of physical and sexual abuse	Teen dating victimization
DUI/ DWI incident	Terrorism (domestic/international)
Elder Abuse & Neglect	Victim of Domestic violence
Hate Crimes- Racial/ Religious/ Gender/Sexual	Victim of DUI/DWI
Human Trafficking	Violation of Court (Protective) Order

### What Does It Cost?

All services are provided free of charge.

### How to Refer?

Referral forms should be available in the main office of participating schools.

### What Is Family Counseling Service?

Family Counseling is a private, non-profit family service agency serving the residents of Ontario, Seneca, Wayne and Yates counties.

Family Counseling has been helping families through therapy, advocacy and support services since 1962 and is committed to the well-being of the families and the communities we serve.

Family Counseling is an equal opportunity provider and employer.

**For more information or to find out if these services are available in your school call:**

**315-789-2613**



Family Counseling Service of the Finger Lakes, Inc. is a private, non-profit, professional, family service agency serving the residents of Ontario, Seneca, Wayne and Yates Counties.

### Family Counseling Service Locations

#### Main Office

671 South Exchange Street  
Geneva, NY 14456

#### Branch Offices:

##### Ontario County

514 South Main Street  
Canandaigua, NY 14424

##### Seneca County

115 Fall Street  
Seneca Falls, NY 13148

##### Wayne County

150 Van Buren Street  
2nd Floor  
Newark, NY 14513

6692 Middle Road, Suite 2200  
Sodus, NY 14551

##### Yates County

263 Lake Street  
Penn Yan, NY 14527

### How to Reach Family Counseling Service

Family Counseling Service is open Monday through Thursday, 9am - 5pm, on Fridays, 9am - 3pm and evenings by appointment. For general information and appointments call:

315-789-2613  
1-833-801-0084  
TTY 1-800-662-1220  
[www.fcsfl.org](http://www.fcsfl.org)



671 South Exchange Street  
Geneva, New York 14456

Phone: 315-789-2613  
Toll Free: 1-833-801-0084  
TTY 1-800-662-1220  
Fax: 315-789-2524  
E-mail: [familycounseling@fcsfl.org](mailto:familycounseling@fcsfl.org)

Family Counseling Service  
of the Finger Lakes, Inc.



## School Based Advocacy and Counseling Program

*Help for Today,  
Hope for Tomorrow*



Family Counseling Service  
of the Finger Lakes, Inc.

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