TIMEBOUND

RELEVANT

ACHIEVABLE

MEASURABLE

SPECIFIC

|  |  |
| --- | --- |
| Specific  Does this goal make sense?  Is it clear? |  |
| Measurable  How will it be measured? Can progress be tracked? |  |
| Attainable  Is this realistic? How will this be it accomplished?  Is this something the member can do? |  |
| Relevant  Why is this goal worthwhile? Does it alight with the over all person centered objective? |  |
| Time-bound  What is the timeframe to complete this goal? |  |
|  |  |
|  |  |

Goal: