



**NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA  
RECOVERY SERVICES IN GENESEE, LIVINGSTON, MONROE, ONTARIO,  
ORLEANS, SENECA, WAYNE, WYOMING, AND YATES COUNTIES**

*Finger Lakes Addiction Resource Center*

1931 Buffalo Road - Rochester, New York 14624

Telephone: 585-719-3480 or 719-3485 Fax: (585) 423-1908 Website: [www.ncadd-ra.org](http://www.ncadd-ra.org)

## 12-STEP PROGRAMS

GROUP	LOCAL MEETINGS	PHONE MEETINGS	ONLINE MEETINGS
<b>Alcoholics Anonymous (AA)</b>	<a href="http://www.aa.org">www.aa.org</a>	<a href="http://www.aaphonemeetings.org">www.aaphonemeetings.org</a> phone: 212-870-3400	<a href="http://www.aa-intergroup.org">www.aa-intergroup.org</a>
<b>Alcoholics Anonymous (AA)</b> <i>Western New York</i>	<a href="http://www.area50wny.org">www.area50wny.org</a> phone: 888-854-8322	<a href="http://www.aaphonemeetings.org">www.aaphonemeetings.org</a> phone: 212-870-3400	<a href="http://www.aa-intergroup.org">www.aa-intergroup.org</a>
<b>Alcoholics Anonymous (AA)</b> <i>Finger Lakes</i>	<a href="http://www.fingerlakesaa.org">www.fingerlakesaa.org</a> phone: 315-789-5955	<a href="http://www.aaphonemeetings.org">www.aaphonemeetings.org</a> phone: 212-870-3400	<a href="http://www.aa-intergroup.org">www.aa-intergroup.org</a>
<b>Cocaine Anonymous (CA)</b>	<a href="http://www.ca.org">www.ca.org</a> phone: 212-262-2463		<a href="http://www.ca-online.org">www.ca-online.org</a>
<b>Heroin Anonymous (HA)</b>	<a href="http://www.heroinanonymous.org">www.heroinanonymous.org</a>		
<b>Marijuana Anonymous (MA)</b>	<a href="http://www.marijuana-anonymous.org">www.marijuana-anonymous.org</a> phone: 800-766-6779	<a href="http://www.marijuana-anonymous.org">www.marijuana-anonymous.org</a> phone: 800-766-6779	<a href="http://www.marijuana-anonymous.org">www.marijuana-anonymous.org</a>
<b>Narcotics Anonymous (NA)</b>	<a href="http://www.na.org">www.na.org</a>	<a href="http://www.meetings.nabyphone.com">www.meetings.nabyphone.com</a>	<a href="http://www.na.org">www.na.org</a>
<b>Narcotics Anonymous (NA)</b> <i>Finger Lakes</i>	<a href="http://www.flana.net">www.flana.net</a> phone: 877-266-3660	<a href="http://www.meetings.nabyphone.com">www.meetings.nabyphone.com</a>	<a href="http://www.na.org">www.na.org</a>
<b>Narcotics Anonymous (NA)</b> <i>Western New York</i>	<a href="http://www.nawny.org">www.nawny.org</a>	<a href="http://www.meetings.nabyphone.com">www.meetings.nabyphone.com</a>	<a href="http://www.na.org">www.na.org</a>
<b>Nicotine Anonymous (NicA)</b>	<a href="http://www.nicotine-anonymous.org">www.nicotine-anonymous.org</a> phone: 877-879-6422	<a href="http://www.nicotine-anonymous.org">www.nicotine-anonymous.org</a> phone: 877-879-6422	<a href="http://www.nicotine-anonymous.org">www.nicotine-anonymous.org</a>





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<b>Contact</b> <b>Address/Phone/Fax/Email/Website</b>	<b>SERVICES DESCRIPTION</b>
<b>CORE Center</b> Contact person: Stanley Martin 803 West Ave. Rochester, NY 14611 Phone: 585-328-8230 Email: <a href="mailto:smartin@communityalternatives.org">smartin@communityalternatives.org</a> Website : <a href="http://www.communityalternatives.org">www.communityalternatives.org</a>	CORE (Community Outreach for Recovery Enhancements) <ul style="list-style-type: none"> <li>➔ Peer led, peer driven recovery community and outreach center offering support groups to those in recovery, guidance for families in recovery, aid in gaining access to treatment, civic restoration, job readiness, and community referrals.</li> <li>➔ There are no costs for any of our services or programming</li> </ul>
<b>RORecovery Fitness</b> Contact Person: Yana Khashper 1035 Dewey Ave., Rochester, NY 14613 Phone: 585-484-0234 Email: <a href="mailto:mail@rocoveryfitness.org">mail@rocoveryfitness.org</a> Website: <a href="http://www.rocoveryfitness.org">www.rocoveryfitness.org</a>	<ul style="list-style-type: none"> <li>➔ Sober active community, wellness, peer recovery support, adventure fitness and advocacy.</li> <li>➔ Family members and those who choose to live drug and alcohol free are welcome.</li> <li>➔ Open to anyone with 48 hours without drink or drug.</li> <li>➔ Annual Fall 5K Run/Walk/Family Event</li> <li>➔ Ongoing calendar of events, including daily activities and meetings, more information found on website</li> </ul>
<b>S.O.A.R.S., Inc</b> Contact Person; Rebecca "Becky" K. Baker Phone: 585-771-0896 Email: <a href="mailto:rebeccakbaker@yahoo.com">rebeccakbaker@yahoo.com</a> Facebook: <a href="https://www.facebook.com/SOARSRocs">https://www.facebook.com/SOARSRocs</a>	S.O.A.R.S. (Substance Abuse and Overdose Prevention, Awareness, and Recovery Services) <ul style="list-style-type: none"> <li>➔ Scotty B Overdose Awareness Day Memorial Event/Recovery Fair held annually in late August</li> <li>➔ Grief Support Resources and Referrals- Forever In Hearts Grief Group for those who lost a loved one to overdose, suicide, and violent crime</li> <li>➔ ROC Families in Recovery – education for families on substance use disorder, treatment, recovery and mental health issues. 1<sup>st</sup> and 3<sup>rd</sup> Monday from 5:30-7pm. Narcan training provided. Meets at Trillium Health, 259 Monroe Ave / Monroe Square.</li> </ul>
<b>Monroe County/ Rochester SMART Recovery</b> Meeting facilitator: Maggie Reilly Email: <a href="mailto:smartrecoveryrochesterny@gmail.com">smartrecoveryrochesterny@gmail.com</a> Website: <a href="http://www.smartrecovery.org/community">www.smartrecovery.org/community</a>	<ul style="list-style-type: none"> <li>➔ SMART Family &amp; Friends helps those affected by the substance abuse or other addictions of a loved one using tools from SMART Recovery and CRAFT</li> <li>➔ See meeting listing <a href="https://www.smartrecoverytest.org/local/">https://www.smartrecoverytest.org/local/</a></li> <li>➔ Daily online meetings and 24/7 chat rooms are available at <a href="http://www.smartrecovery.org/community">www.smartrecovery.org/community</a></li> </ul>
<b>Monroe County/Penfield SMART Recovery</b> Meeting Co-Facilitators: Haley Marble and Tori Tolliver-Powers Email: <a href="mailto:haley.marble@warriorsalute.com">haley.marble@warriorsalute.com</a> or <a href="mailto:tori.tolliverpowers@warriorsalute.com">tori.tolliverpowers@warriorsalute.com</a> Phone: 585-364-3171	<ul style="list-style-type: none"> <li>➔ The meeting is held every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month at 6:00 p.m. and is a closed group provided to veterans and their family members who are in recovery-find on meeting list <a href="https://www.smartrecoverytest.org/local/">https://www.smartrecoverytest.org/local/</a> under private meetings</li> <li>➔ 441 Penbrooke Dr., Suite 5, Penfield NY 14526 (Penn-Fair office park)</li> <li>➔ Daily online meetings and 24/7 chat rooms are available at <a href="http://www.smartrecovery.org/community">www.smartrecovery.org/community</a></li> </ul>

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Revised: January 2019



RECOVERY SERVICES IN MONROE COUNTY

Contact Address/Phone/Fax/Email/Website	SERVICES DESCRIPTION
<b>Refuge Recovery</b> Website: <a href="https://refugerecovery.org">https://refugerecovery.org</a>	<ul style="list-style-type: none"> <li>➔ Primary purpose is to offer a Buddhist inspired path to recovery from addiction of all kinds.</li> <li>➔ Recognizes and respects that there are multiple perspectives and multiple approaches to recovery</li> <li>➔ Gather in the spirit of investigation of a Buddhist approach as outlined in the Four Truths</li> </ul>
<b>Recovery Support Navigator Team: Peer Advocate Team and Family Support Navigator. Liberty Resources/Helio Health</b> Family Navigator: 855-778-1200/ Peer Advocate: 855-778-1300 General Email: <a href="mailto:RecovNavigator@Liberty-resources.org">RecovNavigator@Liberty-resources.org</a> Coordinator Email: <a href="mailto:cfarash@liberty-resources.org">cfarash@liberty-resources.org</a> Website: <a href="http://www.RecoverySupportNavigator.org">www.RecoverySupportNavigator.org</a> Facebook: <a href="https://www.facebook.com/RecoverySupportNavigator">https://www.facebook.com/RecoverySupportNavigator</a>	<ul style="list-style-type: none"> <li>➔ The Family Support Navigator provides family-focused services designed to guide, educate, and support families through the treatment and recovery process through peer and family support. 1<sup>st</sup> and 3<sup>rd</sup> Thursday from 6:00pm to 7:30pm at Open Access (1350 University Ave).</li> <li>➔ The Peer Advocate Team (PAT) provides Peer support services to individuals in a person centered and self-directed manner in order to enhance that person's recovery. The Peer staff can support the person to engage in recovery-focused activities including treatment, support groups, peer support, and recovery community services.</li> </ul>
<b>Find Your Path</b> 1185 North Clinton Ave., Rochester, NY 14621 24/7 phone: (585) 622-4975 Email: <a href="mailto:FindYourPathROC@gmail.com">FindYourPathROC@gmail.com</a> Facebook: <a href="https://www.facebook.com/RecoveringLives">https://www.facebook.com/RecoveringLives</a>	<ul style="list-style-type: none"> <li>➔ Meets Tuesdays from 10:00 am – 2:00 pm</li> <li>➔ Peer to Peer engagement and outreach efforts.</li> <li>➔ Community engagement and peer advocacy coaching.</li> <li>➔ Staffed by peers from ROCovery Fitness</li> </ul>
<b>Gates to Recovery Walk in Center</b> Town of Gates 1605 Buffalo Road, Rochester, NY 14624 24 Hour Hotline: (585) 310-4080 Email: <a href="mailto:GatesToRecovery@gmail.com">GatesToRecovery@gmail.com</a>	Peer to Peer engagement and outreach efforts, staffed by volunteers from Recovery Now <ul style="list-style-type: none"> <li>➔ Gates meets every Thursday from 5- 8pm</li> </ul>
<b>Recovery Coach University Radio</b> Call-in/text: (585) 764-9431 Email: <a href="mailto:rcu@wayofm.org">rcu@wayofm.org</a> Website: <a href="http://www.recoverycoachuniversity.com/radio/">http://www.recoverycoachuniversity.com/radio/</a> Thursday mornings from 11 AM to Noon on WAYO-FM 104.3/Streaming at <a href="http://www.wayofm.org">www.wayofm.org</a> and TuneIn App Simulcast on Facebook Live at Recovery Coach University at <a href="https://www.facebook.com/recoverycoachuniversity/">https://www.facebook.com/recoverycoachuniversity/</a>	<ul style="list-style-type: none"> <li>➔ Provides an exciting hour covering timely, evidence based recovery topics that inspire hope, debunk myths, shatter stigma, educate, empower and entertain.</li> <li>➔ Emphasis is on Multiple Pathways of Recovery and a Recovery Celebratory focus, the show combines the thoughts, perspectives and passion of your two hosts along with the participation of a range of local, state and national guest experts in the field.</li> </ul>
Disclaimer: Information included on this template is updated based on data shared with NCADD-RA from each of the recovery services listed. Updated listing is posted at <a href="http://www.ncadd-ra.org">www.ncadd-ra.org</a> <span style="float: right;">Revised: January 2019</span>	





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CONTACT INFORMATION	SERVICES DESCRIPTION
<p><b>LIVINGSTON COUNTY</b> <b>ROcovery Southern-Tier</b> Redemption MMA Gym, 12 Spruce Street Dansville, NY 14437 Phone: 585-484-0234 Email: <a href="mailto:mail@rocoveryfitness.org">mail@rocoveryfitness.org</a></p>	<ul style="list-style-type: none"> <li>➔ Sober active fitness community: come lift weights and get in shape with strength and conditioning classes.</li> <li>➔ Meets every Monday and Friday from 3:00-4:00pm at Redemption MMA Gym, Dansville.</li> <li>➔ Free and open to anyone with 48 consecutive hours of sobriety.</li> <li>➔ Staffed by ROcovery Fitness in Rochester (<a href="http://www.rocoveryfitness.org">www.rocoveryfitness.org</a>).</li> </ul>
<p><b>ORLEANS COUNTY</b> <b>Coffee Talk (formerly SMART Recovery)</b> Contact: Tami Ashton 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-332-6279 (please text first)</p>	<ul style="list-style-type: none"> <li>➔ Coffee Talk is operated as part of Orleans-Recovery Hope Begins Here.</li> <li>➔ Meets on the 3<sup>rd</sup> Saturday of the month at 10:00am at 243 S. Main Street, Suite 190, Albion.</li> <li>➔ Casual conversation about families who have struggled with a loved one with a substance use disorder (SUD).</li> <li>➔ Conversation facilitated by person(s) with life experience.</li> <li>➔ Confidential, supportive, and no pressure to talk.</li> </ul>
<p><b>ORLEANS COUNTY</b> <b>Missing Angels</b> Contacts: Kristine Ames and Lori Hosmer 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-771-7321 and 585-590-1413 Emails: <a href="mailto:kames1964@yahoo.com">kames1964@yahoo.com</a> and <a href="mailto:lahosmer@yahoo.com">lahosmer@yahoo.com</a></p>	<ul style="list-style-type: none"> <li>➔ Missing Angels is operated as part of Orleans-Recovery Hope Begins Here.</li> <li>➔ Meets on the 3<sup>rd</sup> Thursday of the month from 6:30pm-7:30pm at 243 S. Main Street, Suite 190, Albion.</li> <li>➔ Heart-to-heart talk with family who have lost someone to addiction.</li> <li>➔ No formal structure, no pressure to talk, confidential and supportive.</li> <li>➔ Conversation facilitated by person(s) with life experience</li> </ul>
<p><b>ORLEANS COUNTY</b> <b>Orleans-Recovery Hope Begins Here, Inc.</b> Contacts: Don Snyder, Tami Ashton, Wayne Litchfield 243 S. Main Street, Suite 190, Albion, NY 14411 Phone: 585-210-8750 Email: <a href="mailto:orleansrecoveryhope@gmail.com">orleansrecoveryhope@gmail.com</a> Facebook: @Orleans-Recovery Hope Begins Here</p>	<ul style="list-style-type: none"> <li>➔ Orleans-Recovery Hope Begins Here is a community recovery organization that supports anyone in Orleans County, NY struggling with substance use disorders (SUD) towards recovery.</li> <li>➔ Offers peer advocacy and recovery coaching by certified volunteers without cost.</li> <li>➔ Raises community awareness of SUD by providing testimonials, information, resources, and Narcan training.</li> <li>➔ Has a monthly "Community" meeting, usually on the 3<sup>rd</sup> Sunday of the month, at 2:00pm, open to the public, at 243 S. Main Street, Suite 190, Albion, to report progress and plan.</li> <li>➔ Attempts non-threatening, non-confrontational offer of help to anyone encountered apparently struggling with SUD.</li> </ul>



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CONTACT INFORMATION	SERVICES DESCRIPTION
<p><b>WAYNE COUNTY</b>  <b>Find Your Path</b>            2344 Ridge Road, Ontario, NY 14519            24/7 Phone: 585-622-4975            Email: <a href="mailto:FindYourPathROC@gmail.com">FindYourPathROC@gmail.com</a>            Facebook: @RecoveringLive</p>	<ul style="list-style-type: none"> <li>➔ Meets the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month from 6:00-8:00pm at the Living Word Assembly of God, 2344 Ridge Road, Ontario, NY</li> <li>➔ Peer to Peer engagement and outreach efforts.</li> <li>➔ Staffed by peers from ROCoverly Fitness in Rochester (<a href="http://www.rocoveryfitness.org">www.rocoveryfitness.org</a>).</li> </ul>
<p><b>WYOMING COUNTY</b>  <b>SMART Recovery</b>            Contact Person: Jerianne Klein            38 Duncan Street, Warsaw, NY 14569            Phone: 716-597-9420            Email: <a href="mailto:smartrecoveryjak@gmail.com">smartrecoveryjak@gmail.com</a>            Website: <a href="http://www.smartrecovery.org">www.smartrecovery.org</a>            Facebook: @smartrecoveryofwarsawny</p>	<ul style="list-style-type: none"> <li>➔ SMART Recovery is a leading self-empowering addiction self help and support group. Participants learn tools for addiction recovery based on the latest scientific research and participate in a world-wide community which includes free, self-empowering, science-based mutual help groups. The 4-Point Program ® helps people recover from all types of addiction and addictive behaviors.</li> <li>➔ No fee meetings are held every Tuesday from 6:30-8:00pm at 38 Duncan Street, Warsaw, next to the sleep clinic; the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of the month are for Family &amp; Friends and the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month are specifically for Recovery.</li> <li>➔ No fee meetings for Family &amp; Friends are held every Wednesday from 7:00-8:30pm at St. Paul's United Church of Christ, 11 Washington Street, Attica, NY 14011.</li> <li>➔ Daily online meetings and 24/7 chat rooms are available at <a href="http://www.smartrecovery.org/community">www.smartrecovery.org/community</a>.</li> </ul>

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Revised: January 2019



# NATIONAL COUNCIL ON ALCOHOLISM & DRUG DEPENDENCE-ROCHESTER AREA

## PROBLEM GAMBLING RESOURCES

IN GENESEE, LIVINGSTON, MONROE, ONTARIO, ORLEANS, SENECA, WAYNE, WYOMING, AND YATES COUNTIES

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1931 Buffalo Road - Rochester, New York 14624

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Website: [www.ncadd-ra.org](http://www.ncadd-ra.org)

### COUNSELING PROVIDERS

#### Mind Evolution Counseling for Problem Gambling

[www.mindevolution.org](http://www.mindevolution.org)

Call for information: 585-325-7748 / 585-314-9999

215 Alexander Street

228 South Plymouth Avenue

Rochester, NY

Rochester, NY

Mind Evolution services include gambling assessment, individual and group counseling and consultation as ways to assist in the recovery process.

Services are available for individuals and families. Offices are private and comfortable. Areas in need of change are identified. Hours are flexible and appointments can often be scheduled in evenings or on weekends. Cost is self-pay.

#### CLS Psychotherapy and Consulting

[www.clspsychotherapyconsulting.com](http://www.clspsychotherapyconsulting.com)

Call for information: 585-353-6735

29 Pleasant Street

Fairport, NY

CLS Psychotherapy and Consulting offers a confidential setting to address the tremendous impact compulsive gambling has had on your life. Together we develop a personalized plan to address the financial impact, identify triggers and root causes for the development of this compulsive disorder and assist in identifying the supports needed to make a transition into recovery. Some insurance coverage may be available.

### EDUCATION & PREVENTION PROVIDERS

#### Council on Alcoholism & Addictions of the Finger Lakes

[www.councilonalcoholismfingerlakes.org](http://www.councilonalcoholismfingerlakes.org)

Call for information: 315-789-0310

620 West Washington Street

Geneva, NY

The Finger Lakes Council conducts programs in five counties (Ontario, Schuyler, Seneca, Wayne, and Yates) providing problem gambling education information and referral. Offered in collaboration with the NY Council of Problem Gambling are youth specific prevention education and capacity building services through the YOUth Decide program.

#### National Council on Alcoholism & Drug Dependence – Rochester Area (NCADD-RA)

[www.ncadd-ra.org](http://www.ncadd-ra.org)

Call for information: 585-719-3480

1931 Buffalo Road

Rochester, NY

NCADD-RA provides problem gambling education, information and referral. Presentations for adult or youth audience intended to increase awareness of the potential risks of problem gambling with special emphasis on the risks associated with underage problem gambling. Offered, in collaboration with the NY Council of Problem Gambling, are youth specific prevention education and capacity building services through the YOUth Decide. Resources and toolkits are available for download on the website.

For the most updated version of this directory as well as treatment and recovery directories for substance use disorders, visit <https://ncadd-ra.org/programs-services/finger-lakes-addiction-resource-center>  
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Gamblers Anonymous (GA) 855-222-5542 [www.gamblersanonymous.org](http://www.gamblersanonymous.org)

GAM-ANON 888-426-6678 / 716-254-4941 [www.gam-anon.org](http://www.gam-anon.org)





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TREATMENT PROVIDERS

MONROE COUNTY - OUTPATIENT

Catholic Family Center Restart (CFC)

www.cfcrochester.org

Walk-in hours: Mon/Wed/Fri from 1:00-3:00pm

Call for information: 585-546-1271, x 6258

79 North Clinton Avenue

Rochester, NY

CFC offers gambling outpatient treatment and support services for adults with a range of individual, group and family sessions. Clients receive: individualized goal setting, strategies toward long-term abstinence, financial/debt management support and family counseling. Patients do not have to have a primary substance use diagnosis to be admitted for problem gambling treatment services. Services are available for Spanish speakers. Cost for gambling treatment services is covered under most outpatient benefit plans, if not eligible, a sliding fee scale is available.

GENESEE & ORLEANS COUNTIES - OUTPATIENT

Genesee Council on Alcoholism & Substance Abuse (GCASA)

www.gcasa.net

Albion clinic: Walk-in hours Tues/Wed/Thurs 11:30am-12:30pm

Call for information: 585-589-0055

249 East Avenue, Albion, NY

Batavia clinic: Call at 9:00am to make an appt. and be seen that day

Call for information: 585-343-1124

430 East Main Street, Batavia, NY

Problem Gambling Treatment is offered at both outpatient clinics in Albion and Batavia. Patients do not have to have a primary substance use diagnosis to be admitted for problem gambling treatment services. There is no cost to individuals seeking treatment.

MONROE COUNTY - INPATIENT

J.L. Norris Addiction Treatment Center

www.oasas.ny.gov/atc/norris/index.cfm

Call for information: 585-461-0410, x265

1732 South Avenue

Rochester, NY

J.L. Norris ATC offers an inpatient treatment program for adults over 18 affected by problem gambling, with individual and group counseling. Provided on site are direct clinical services as both an individualized issue and as a co-occurring disorder. Patients do not have to have a primary substance use diagnosis to be admitted for problem gambling treatment services. Group therapy can be conducted in ASL, and there is a specific women's treatment track available.

SENECA COUNTY - OUTPATIENT

Seneca County Community Counseling Services

www.co.seneca.ny.us/departments/community-services/mental-health/

Walk-in hours: Mon/Tues/Fri 8am-noon; Wed 4-7pm; Thurs 12-4pm

Call for information: 315-539-1985

31 Thurber Drive

Waterloo, NY

The Seneca County Addictions Program offers outpatient gambling related evaluation & treatment for adults and adolescents. Services include individual/group counseling specific to identified need, family therapy. Services are offered to Seneca County residents and to those residents contingent to Seneca county on a case-by-case basis.