

## Meal Delivery Services

Name	Payment	Service	Telephone
Amazon SNAP EBT Card Accepted for Eligible Groceries <a href="https://www.amazon.com/b?node=19097785011&amp;ref=omps_surl">https://www.amazon.com/b?node=19097785011&amp;ref=omps_surl</a>	SNAP EBT Card	Customers with NYS SNAP EBT card can shop and pay for eligible groceries on Amazon for delivery, including FREE access to Amazon Fresh. Free Shipping available on Amazon Fresh and Pantry Prime. Here's how: 1) Register and Sign in to Amazon; 2) Shop on Amazon Groceries, Amazon Fresh, Prime Pantry; 3) Enter your EBT Pin # to pay	Contact on-line
Effortlessly Healthy <a href="https://www.ehmeals.com/meal_delivery">https://www.ehmeals.com/meal_delivery</a>	Fee	Rochester-based meal prep and delivery service. Offers Standard Plan; Weight Loss Plan (1,200 to 1,400 calories per day); and Healthy Seniors Plan (age 55+ - 20% off any meal plan). Meals delivered twice a week (charge for delivery) or can be picked-up for no additional charge. Can cancel at any time. Supports Medicaid waiver and government funded meal programs.	(585) 254-0078
Lorraine's Food Factory <a href="http://www.lorrainesfoodfactory.com">www.lorrainesfoodfactory.com</a>	Fee	Frozen gourmet home delivered meals—free delivery. Online ordering available	(585) 442-6574
Meals on Wheels (UR Medicine Home Care) <a href="https://urmhomecare.org/meals-on-wheels/">https://urmhomecare.org/meals-on-wheels/</a>	Fee/ Sliding Scale/ Contribution	Great tasting and nutritious meals delivered to your door. Hot noontime meals Monday through Friday. A second meal (cold) is available for dinner. We also offer Kosher meals, weekend meals, a weekly delivery of seven frozen meals, and grocery bags. Many MLTC Plans accepted.	(585) 787-8397
Meal Train (On-line volunteer meal program) <a href="https://www.mealtrain.com/">https://www.mealtrain.com/</a>	Free for recipients, friends provide meals	Friends organize meals for people recovering from surgery or illness or unable to leave home. Organizer invites family and friends (by email or social media) to choose a date to provide a meal to the recipient	Contact on-line
Meals by DeLeo <a href="https://mealsbydeleo.com/">https://mealsbydeleo.com/</a>	Fee	Meal prepared from scratch fresh, local, macro-balanced.	(585) 568-7682

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Mom's Meals <a href="http://www.momsmeals.com">www.momsmeals.com</a>	Fee	Mom's Meals is a national provider of fresh-made, home-delivered meals and nutrition services. Supports Medicaid waiver and government funded meal programs in over 40 states. Prepare, package, and deliver meals directly to any address. Meals accommodate special diets including diabetic, renal, gluten free, low sodium, vegetarian and pureed.	(877) 508-6667
Project Lean Nation <a href="https://projectleannation.com/">https://projectleannation.com/</a>	Fee	Provides fresh ready-made meals. Works with clients to develop a successful nutritional plan focusing on Project Lean Nation's Lifestyle Plan, Athletic Plan or Signature Gourmet Plans.	(585) 330-9737
Rocks Meals <a href="https://rocksmeals.com/">https://rocksmeals.com/</a>	Fee	Rocks Meals & Rubinos Webster have teamed up to offer pre-packaged, never frozen meals made from the freshest ingredients.	(585) 402-6955
Savage Chef <a href="https://www.savagechefkitchen.com/">https://www.savagechefkitchen.com/</a>	Fee	Healthful versions of comfort dishes such as pizza, macaroni and cheese, hash	(585) 310-8800

*The inclusion or exclusion of an entity does not constitute an endorsement or disapproval by Lifespan. We do not assume responsibility for the quality of services provided. Staff shall review the inclusion/exclusion policy on a regular basis to ensure the policy meets the needs of Lifespan. We reserve the right to exclude and/or remove any entity from the Lifespan I&A system.*

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