# MEDICAID MANAGED LONG-TERM CARE (MMLTC): AN OVERVIEW

# WHO IS MANDATED/ELIGIBLE?

### Who Must Join a Plan?

- You must join a Plan if:
  - You have both Medicaid and Medicare
  - You need home care, adult day health care, or other long term care for more than 120 days (four months).
  - You are age 21 or older.
- **■** Enrollment in MLTC plan is voluntary for those who:
  - Are dual eligible, 18 through 21 years of age, need community based long term care services for more than 120 day, and are assessed as nursing home eligible.
  - Are non-dual eligible and over 18 years of age and are assessed as nursing home eligible.

# BENEFITS/COVERED SERVICES

| Adu      | lt E | )av    | Heal | lth | Care        |
|----------|------|--------|------|-----|-------------|
| a anales |      | · cary | ***  |     | ALCOHOL: NO |

Personal Care

DME, including Medical//Surgical Supplies\*, Enteral and Parenteral Formula#, and Hearing Aid Batteries, Prosthetics, Orthotics and Orthopedic Footwear\*\*

Personal Emergency Response System

Non-emergent Transportation

Podiatry

Dentistry

Optometry/Eyeglasses

PT, OT, SP or other therapies provided in a setting other than a home. Limited to 20 visits of each therapy type per calendar year, except for children under 21 and the developmentally disabled. MLTC plan may authorize additional visits.

Audiology/Hearing Aids

Respiratory Therapy

Nutrition

Private Duty Nursing

Consumer Directed Personal Assistance Services

Home Delivered or Congregate Meals

Social Day Care

Social and Environmental Supports

Home Care

- a. Nursing
- b Home Health Aide
- c. Physical Therapy (PT)
- d. Occupational Therapy (OT)
- e. Speech Pathology (SP)
- f. Medical Social Services

Nursing Home Care

# WHAT IS OUR ROLE?

## Enrollment assistance:

- NY Medicaid Choice "Conflict-Free Enrollment Center": 1-888-401-6582
  - RN from Maximus will complete assessment for eligibility for MMLTC.
- Member choses plan: HH CM provides assistance w/linkage to plans.
  - RN from plan completes assessment for needed services/aide hours.
- Ongoing support/education:
  - Communication w/MMLTC plan CM regarding services.
  - Care Planning and Coordination document.

# WHAT ARE THE HEALTH HOMES LOOKING FOR?

- ■The MLTC/HH Care Planning and Coordination document must outline services needed and provided by each CM (MLTC and HH), and must be uploaded into our documentation system.
- A plan-of-care must be collaboratively developed with MLTC Plan and HH CM
  - Clear roles and responsibilities
  - Primary CM identified
- Service provider notes must document ongoing collaboration between providers.

# Managed Long Term Care Plans

These are the three different types of Plans that you can join. All Plans provide home care and other long term care services.



#### MLTC Medicald Plan:

You keep seeing your Medicare doctors.



Medicald Advantage Plus: Also provides Medicare services. You must also join the plan's Medicare Advantage Product.



#### Program of All-Inclusive Care For the Elderly (PACE):

Also provides Medicare services. Many services are offered at day centers-clinics.

| MLTC Medicai                              | d Plans   |  |
|---|---|--|
|   | Contact   | Service Area   |
| Centers Plan for<br>Healthy Living        | 1-855-270-1600<br>TTY: 1-800-421-1220<br>www.centersplan.com      | Erie,<br>Niagara   |
| Elderwood<br>Health Plan                  | 1-866-843-7526<br>TTY: 711<br>ElderwoodHealthPlan.com             | Erie, Genesee, Monroe,<br>Niagara, Orleans,<br>Wyoming   |
| Fidelis Care<br>at Home                   | 1-800-688-7422<br>TTY: 1-800-695-8544<br>www.fideliscare.org      | Allegany, Cattaraugus,<br>Chautauqua, Erie, Genesee,<br>Livingston, Monroe, Niagara,<br>Ontario, Orleans, Schuyler,<br>Seneca, Steuben, Wayne,<br>Wyoming, Yates |
| Kalos Health                              | 1-800-894-2464<br>TTY: 1-800-662-1220<br>www.KalosHealth.org      | Chautauqua, Erie,<br>Genesee, Niagara,<br>Orleans  |
| iCircle Care                              | 1-844-424-7253<br>TTY: 711<br>www.icirclecarecny.org              | Genesee, Livingston,<br>Monroe, Ontario, Orleans,<br>Schuyler, Seneca, Steuben,<br>Wayne, Wyoming, Yates   |
| Fallon Health<br>Weinberg                 | 1-866-882-8185<br>TTY: 711<br>www.fallonweinberg.org              | Erie,<br>Niagara   |
| UnitedHealthcare<br>Personal Assist       | 1-855-345-6582<br>TTY: 711<br>www.uhccommunityplan.com            | Erie,<br>Monroe  |
| VNA Homecare<br>Options, LLC              | 1-855-877-8868<br>TTY: 711<br>www.vnahomecareoptions.org          | Allegany, Cattaraugus,<br>Chautauqua, Erie, Genesee,<br>Livingston, Monroe, Niagara,<br>Ontario, Orleans, Schuyler,<br>Seneca, Steuben, Wayne,<br>Wyoming, Yates |
| VNSNY CHOICE<br>Managed Long<br>Term Care | 1-888-867-6555<br>TTY: 711<br>www.vnsnyChoice.org                 | Erie,<br>Monroe  |
| WellCare Advocate<br>MLTC                 | 1-866-661-1232<br>TTY: 1-877-247-6272<br>www.newyork.wellcare.com | Erie   |
|   |   |  |



#### Medicaid Advantage Plus

There are no Medicaid Advantage Plus Plans available at this time.

| Program of All Inclusive Care for the Elderly (PACE)    |   |   |  |  |  |  |
|---|---|---|--|--|--|--|
|   | Contact   | Service Area                            |  |  |  |  |
| Catholic Health Life<br>Living Independently for Elders | 1-855-671-3341<br>TTY: 1-716-819-5084<br>www.chsbuffalo.org/life    | Erie                                    |  |  |  |  |
| Complete Senior Care                                    | 1-888-303-4333<br>TTY: 1-800-662-1220<br>www.completeseniorcare.org | Niagara                                 |  |  |  |  |
| ElderONE - Rochester General<br>Health System           | 1-855-457-4636<br>TTY: 1-800-662-1220<br>www.elderone.org           | Monroe                                  |  |  |  |  |
| Fallon Health Weinberg -<br>PACE                        | 1-855-665-1113<br>TTY: 711<br>www.fallonweinberg.org                | Erie                                    |  |  |  |  |
| Total Senior Care                                       | 1-866-939-8613<br>TTY: 1-800-662-1220<br>www.totalseniorcare.org    | Allegany,<br>Cattaraugus,<br>Chautauqua |  |  |  |  |

Here are some of the long term care services covered by all the Plans.

Medicaid Advantage Plus and Program of All-Inclusive Care for the Elderly (PACE) also cover Medicare services.



MLTC Medicald Plan



Medicald Advantage Plus



Program of All-Inclusive Care For the Elderly (PACE)

#### Care Inside Your Home

#### Health Services at Your Home

- Nurses
- Home Health Aides
- Physical Therapy

#### Personal Care

Help with bathing, dressing, and grocery shopping

#### Consumer Directed Personal Assistance Services

#### Social and Environmental Support

- Home delivered meals
- Personal emergency response services
- House modifications

#### Supplies and Equipment

- Eveglasses, Hearing Aids
- Wheelchairs and other support
- Prostheses and Orthotics (medical devices, like artificial arms and legs)

#### Care Outside Your Home

#### Adult Day Health Care

#### Social Day Care

#### Nursing Home Care

#### Specialty Health

- Audiology
- Dental Services
- Optometry
- Podiatry
- Physical, Occupational Therapy

#### Transportation

- Van/Car services to medical appointments
- Ambulettes



#### Questions?

1-888-401-MLTC or 1-888-401-6582 (TTY: 1-888-329-1541)

New York Medicald Choice

CCC-FLANS Western fraging

#### APPENDIX A

| Managed Long Term Care Plan Covered Services (Covered by the Capitation <sup>1, 2</sup> , Services Provided as Medically Necessary)   | Managed Long Term Care Plan Non-<br>Covered Services (Excluded From The<br>Capitation; Can Be Billed Fee-For-Service) |
|---|---|
| Nursing Home Care   | Inpatient Hospital Services   |
| Home Care   |   |
| a. Nursing  |   |
| b. Home Health Aide   |   |
| <ul><li>c. Physical Therapy (PT)</li><li>d. Occupational Therapy (OT)</li></ul>   |   |
| e. Speech Pathology (SP)  |   |
| f. Medical Social Services  |   |
| Adult Day Health Care   | Outpatient Hospital Services  |
| Personal Care   | Physician Services including services   |
|   | provided in an office setting, a clinic, a facility, or   |
|   | in the home. <sup>3</sup>   |
| DME, including Medical//Surgical Supplies*, Enteral and   | Laboratory Services   |
| Parenteral Formula#, and Hearing Aid Batteries, Prosthetics,  |   |
| Orthotics and Orthopedic Footwear**   |   |
| Personal Emergency Response System  | Radiology and Radioisotope Services   |
| Non-emergent Transportation   | Emergency Transportation  |
| Podiatry  | Rural Health Clinic Services  |
| Dentistry   | Chronic Renal Dialysis  |
| Optometry/Eyeglasses  | Mental Health Services  |
| PT, OT, SP or other therapies provided in a setting other than a home. Limited to 20 visits of each therapy type per calendar year, except for children under 21 and the developmentally disabled. MLTC plan may authorize additional visits. | Alcohol and Substance Abuse Services  |
| Audiology/Hearing Aids  | OPWDD Services  |
| Respiratory Therapy   | Family Planning Services  |
| Nutrition   | Prescription and Non-Prescription Drugs,<br>Compounded Prescriptions  |
| Private Duty Nursing  | Assisted Living Program   |
| Consumer Directed Personal Assistance Services  | All other services listed in the Title XIX State Plan:  |
| Home Delivered or Congregate Meals  |   |
| Social Day Care   |   |
| Social and Environmental Supports   |   |
|   |   |

|   | PART   | 1: CARE PLAN  | NNING and CC  | OORDINATION for PA  | ARTIAL MLTC   | PLANS an   | d HEALTH HOMES           |  |  |
|---|--|---|---|---|---|--|--------------------------|--|--|
| Section I. Ic   | dentifying Ir  | formation:  |   |   |   |  |                          |  |  |
| Name:   | Last   |   |   | First   | •   |  | MI                       |  |  |
| Address:  | Number & Street  |   |   | City/Tov  | vn  | State  | Zip                      |  |  |
| Phone: (  | ) -  |   | Qualifying Hea  | lth Home Diagnosis:   | HIV/AIDS_   | SMI  | 2 Chronic Conditions     |  |  |
| C   |  | C   |   | Requires more   |   | •  |                          |  |  |
| Family/Guardian Information:  |  |   | community base  |   |   |  |                          |  |  |
| Name:   |  | Relationship  |   | In House  | hold Teleph   |  | one Number/Email Address |  |  |
| 1)  |  |   |   | y/n   |   |  |                          |  |  |
| 2)  |  |   |   | y/n   |   |  | _                        |  |  |
| 3)  |  |   |   | y/n   |   |  |                          |  |  |
| 4)  |  |   |   | y/n   |   |  |                          |  |  |
| of plan services<br>needs/goals wh<br>management. T<br>person-centere | s of the MLTC I<br>nich will docume<br>The MLTC Pland<br>care plan. Atta | Plan will be incluent collaboration and Health Home | ded in Part 2 of<br>between the ML<br>ne must clearly d<br>ges as necessary | f this form. Utilizing the TC Plan and the HH in define their respective roy. This form should be | format in Section order to provide des in order to de completed in co | n III of this to<br>comprehens<br>velop a com<br>njunction v |                          |  |  |
| Section II.   | Referral Ac  | ceptance/Co   | ordination:   |   |   |  |                          |  |  |
| Client referred   | from current CN  | 1 provider (HH                                      | or MLTCP)   |   |   |  |                          |  |  |
| Date of Referra   |  |   | I/MLTCP)  |   |   |  |                          |  |  |
| Assigned Care   | e Managers:  |   |   |   |   | Lea  | nd care manager (check)  |  |  |
| Agency  |  | Care Manager  |   | Phone   | Contacted   |  |                          |  |  |
| *A  |  |   |   |   | y/n   |  |                          |  |  |
| *B  |  |   |   |   | y/n   |  |                          |  |  |
| Reviewed need   | reason for joint   | CM with   | Client  | Other (identify)  |   |  |                          |  |  |
|   |  | M on joint servi                                    |   | Date / /  |   |  |                          |  |  |
|   |  |   |   |   |   |  |                          |  |  |
| Attach the join   | it service plan v  | -   | -   | service plan copy musi<br>assessment/reassessme   | =   | programs   | care management records, |  |  |
| Dates of Coord  | Dates of Coordination/Discussions: Multidisciplinary Team Names:         |   |   |   |   |  |                          |  |  |
| Date / /  |  |   |   |   |   |  |                          |  |  |
| Date / /  |  |   |   |   |   |  |                          |  |  |
| Date / /  |  |   |   |   |   |  |                          |  |  |
| Date / /  |  |   |   |   |   |  |                          |  |  |

/ /

Date

| Section III. Joint Care Management Needs Assessment (complete as many blocks as needed) |                      |                   |                      |               |  |      |     |
|---|----------------------|-------------------|----------------------|---------------|--|------|-----|
| #1  |                      |                   |                      |               |  |      |     |
| Need/Goal:  |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| *A Explain the r  | ole and task(s) of t | he MLTCP care m   | anager in achievin   | ig this goal: |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| *D F1-i 4h  | 1 1 41-(-) - 641     | - IIII            |                      | 1.            |  |      |     |
| "B Explain the ro   | le and task(s) of th | ie nn care manage | er in achieving this | s goar:       |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| #2  |                      |                   |                      |               |  |      |     |
| Need/Goal:  |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| *A Explain the r  | ole and task(s) of t | he MLTCP care m   | anager in achievin   | g this goal:  |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| *B Explain the ro   | le and task(s) of th | ie HH care manage | er in achieving this | s goal:       |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| #3  | I                    |                   |                      |               |  |      |     |
| Need/Goal:  |                      |                   |                      |               |  |      |     |
| Need/Goal.  |                      |                   |                      |               |  |      |     |
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|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| *A Explain the r  | ole and task(s) of t | he MLTCP care m   | anager in achievin   | ig this goal: |  |      |     |
| _   |                      |                   | _                    |               |  |      |     |
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|   |                      |                   |                      |               |  |      |     |
| *B Explain the ro   | le and task(s) of th | ie HH care manage | er in achieving this | s goal:       |  |      |     |
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|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| #4  | l                    |                   |                      |               |  |      |     |
| Need/Goal:  |                      |                   |                      |               |  |      |     |
| Need/Goai:  |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| *A Explain the r  | ole and task(s) of t | he MLTCP care m   | anager in achievin   | g this goal:  |  |      |     |
| F   |                      |                   |                      | 6 6           |  |      |     |
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|   |                      |                   |                      |               |  |      |     |
| *B Explain the ro   | le and task(s) of th | ne HH care manage | er in achieving this | s goal:       |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
|   |                      |                   |                      |               |  |      |     |
| Supervisor Der  | ion and Appear       | za <b>l</b> ·     |                      |               |  | Date | / / |
| Supervisor Kev  | riew and Approv      | aı                |                      |               |  | Date | / / |
| L   |                      |                   |                      |               |  |      |     |