

Grocery Delivery Services

Name	Contact Information	Delivery Area	Delivery Days	Minimum	Cost
Blue Apron (On-line Meal Delivery Service)	www.blueapron.com/	Blue Apron delivers a box weekly containing the exact amount of fresh ingredients and recipes/ instructions to cook the meals at home.	Weekly	Contact Company for Specific Info	Ranges from about \$9-\$12/meal per person (including shipping) Meal plans available
Hegedorn's Market 964 Ridge Rd Webster, NY 14580	(585) 671-4450 Weshop@hegedornsmarket.com	Throughout Monroe County	Mon - Fri 9am – 5pm (Order before 12pm in order to ensure same day, or after 1 pm for next day delivery)	None	\$19.99 Call in order \$14.99 Email order
Hello Fresh (On-line Meal Delivery Service)	www.hellofresh.com/tasty/	Every week, HelloFresh delivers recipes and a box of the exact amount of fresh ingredients needed to cook at home.	Weekly	Contact Company for Specific Info	Ranges from about \$9-\$12/meal per person (including shipping) Meal plans available
Herrema's Food Mkt 125 Pattonwood Dr Rochester, NY 14617	(585) 342-8742 www.herremas.com	Five mile radius (incl parts of Greece, Irondequoit, Charlotte)	Tues, Wed, Thurs (Order before 10:30 am for same day delivery)	None	\$8 Delivery Fee
Price Rite Delivery (InstaCart)	Henrietta (585) 424-4140 University Ave (585) 242-1980 Driving Park (585)647-8080 www.instacart.com/Pricerite	Henrietta Area University Ave Area Driving Park Area	M-F 9 am-9 pm St & Sun 9 am – 8 pm	Call for Info	First Order Free Call for Prices
STAR – Support To Aging Residents (Catholic Family Ctr)	(585) 262-7050 www.cfcrochester.org/professionals/older-and-vulnerable-adult-services/star/	STAR Clients in Monroe County (Will do grocery shopping FOR and WITH clients)	Contact Program to set up	None	Clients are Fee or Donation participant based on monthly income



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Tops Delivery Service (InstaCart)	Order on line: www.topsmarkets.com/Instacart/ Call (888) 246-7822 for info	Monroe County Tops Stores (within 20 – 30 minutes from selected TOPS stores)	Daily between 9 am - 10 pm (Call your local store for specific times)	\$35	Free delivery for two months, then delivery fees of \$5.99 for orders \$35 + (Under \$35, \$7.99 delivery fee)
Walmart Pickup (Henrietta Store Only) 1200 Marketplace Dr Rochester, NY 14623	(585) 469-0054 https://grocery.walmart.com/?r=1508346511731	Pickup only at Henrietta Walmart	Daily 8am - 8pm (Pickup only at Henrietta Walmart)	\$30	Free
Wegmans Delivery Service (InstaCart)	Order on line: www.instacart.com/rochester-ny/wegmans Call (800) WEGMANS x 8500-4760 for more info	All Monroe County Wegmans Stores (Within 20-30 minutes of store)	Daily 1-hour delivery with annual membership fee (\$99-\$149)	\$35	\$5.99 on orders of \$35 or more

Several local companion care agencies may include grocery shopping and errands as part of their service. Clients may choose to accompany their aide with the shopping and errands, or client may choose to remain at home. A listing of Home Support/Companion Services can be found on the Lifespan website

The inclusion or exclusion of an entity does not constitute an endorsement or disapproval by Lifespan. We do not assume responsibility for the quality of services provided. Staff shall review the inclusion/exclusion policy on a regular basis to ensure the policy meets the needs of Lifespan. We reserve the right to exclude and/or remove any entity from the Lifespan system.

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