

# **Children's Care Management**

Building hope and resilience for youth and their families

#### Who We Serve:

- Youth up to age 21 with mental health diagnoses or a history of trauma that is affecting their daily functioning
- Common challenges may include depression & anxiety; social/behavioral problems; self-harm and risk for hospitalization
- Youth who have experienced multiple losses, traumas, and crises
- Medicaid eligible

#### What We Do:

- We listen to youth and families, partnering with them to create targeted goals that address their identified needs
- We connect youth and families to community resources, coordinating and managing these services to increase success
- We support in ensuring families have the tools needed to meet their child's needs

## Our Mission:

- To help youth and families navigate complex, often fragmented mental health & community service systems
- To reduce the need for higher levels of care by connecting youth to community resources and supporting them in remaining safely in their homes
- To reduce emergency room visits and inpatient stays by connecting youth with primary medical & mental health care



## **Our Philosophy:**

- As a Sanctuary-certified agency, we provide trauma-informed services which recognize the many stressors our clients face
- We approach this in a strength based way, meeting families where they are

## Contact:

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