



UR
MEDICINE

GOLISANO
CHILDREN'S HOSPITAL



**Child and Adolescent Partial Hospitalization Service (CAPHS)
Basics for Referring Providers
273-1776**

Quick facts:

- **Monday-Friday**, Our Virtual/Hybrid and In Person program hours are **7:45-2:00 PM**. (**Holidays and school breaks 7:45 – 1:00**), summer schedule is also adjusted.
- The typical/average length of stay is **2 – 3 weeks**
- **Unlocked** unit, **voluntary** program. No holds or restraints.
Our program is located at 1860 South Avenue 2nd floor.
- The admission process begins with a **2-hour intake evaluation** to determine whether CAPHS is an appropriate match for the patient's needs.
- **Services:** We are primarily a **group-based program** (process, psychoeducation, DBT skills, relaxation skills, activities therapy), which also includes individual therapy at least 2x per week, family therapy 1x per week, as well as psychiatric evaluation, psychopharmacologic evaluation and management, and a school component during the academic year

 **Appropriate**

- Age **12-18**
- Enrolled in a **school** program and has not transitioned to adult living
- At **risk of inpatient** psychiatric hospitalization
- **Willing and able to engage** in treatment and come on a consistent basis
- Efforts have been made to manage the patient's mental health needs in a traditional **outpatient** basis (Exceptions may be made on an individual, case by case assessment.)
- Willing and able to demonstrate **safe and cooperative behavior** in an intensive group setting for several hours per day.

 **NOT Appropriate**

- Primary diagnosis of **Oppositional Defiant Disorder, Conduct Disorder, or Intermittent Explosive Disorder**, or symptoms of the like (**disruptive, defiant, aggressive, or threatening**), generally will not be appropriate for this setting.
- **Behavior disorder** that is not likely to be impacted in a short term acute treatment setting.
- **Significant Developmental Disorder** (low IQ or severe social impairment) which would interfere with ability to benefit from / participate in a group program with DBT and other learning-based components
- **Not** able to demonstrate **safe and cooperative** behavior in a highly structured, group setting for up to 7 hours per day.
- At **risk of leaving** the unlocked unit
- Primary **Eating Disorder** diagnosis, or active eating disorder which would require program modification or create medical risk.
- Primary **Substance Dependence / Abuse** diagnosis, or comorbid substance abuse without willingness to abstain, and engage in concurrent treatment.

 Questions? Call Intake Coordinator: 273-1779