### Contact

315-502-0007

www.UnitedWeStandCAC.org mmiller.UnitedWeStand@gmail.com



United We Stand CAC, Inc.
2 Broad Street,
Lyons, NY 14489
Wayne County

Hours vary.

Call/Email for appointment.

Connecting the community together, to help move each other forward.

### **Programs**

### Resource Assistance Program (RAP)

This program aims to empower community members by providing education on available resources and offering guidance to help them achieve their goals.

#### **Services within RAP:**

- Social Service Supports
- Family Support & Parenting Ed.
- Wellness Education/Prevention



This program supports the recovery of adults and youth over 12 y/o in transitioning from unwell to well.

The program's focus is on individuals when they are experiencing major transitions (Exp: being discharged from a mental health facility and returning to their family and community). This is a free 90-day program with 5 evening sessions. \*Intensive coaching

#### **CarePath™ Wellness Coaching**

Supports adults and youth aged 12+ seeking mind-body health and healing wellness guidance. This is a free 90-day program with 5 evening sessions. \*Less intensive coaching



UNITED WE STAND

COMMUNITY ASSISTANCE CENTER

Wayne County, NY 501(C)(3) Nonprofit

**UWS CAC** is a unique platform created by a Health Home Care Manager and a U.S. Mail Carrier to bridge the gap between community members and essential services. Recognizing the lack of support and connection within the community, they established a space where individuals and businesses can collaborate and assist each other. UWS CAC aims to foster a stronger sense of community by providing vital linkage supports and facilitating mutual support among its members.



Community-First Resources Assistance Support



## Vision

Fostering community unity through shared resources, envisioning a future where every individual thrives, and our community stands strong together.

# Mission

**Empowering through** resources, uniting through community — fostering strengths and growth for all.

## Core Values

**Community-Centered Compassion** 

**Neighborly Support** 

**Empathy in Action** 

**Collective Growth** 

**Heartfelt Assistance** 

