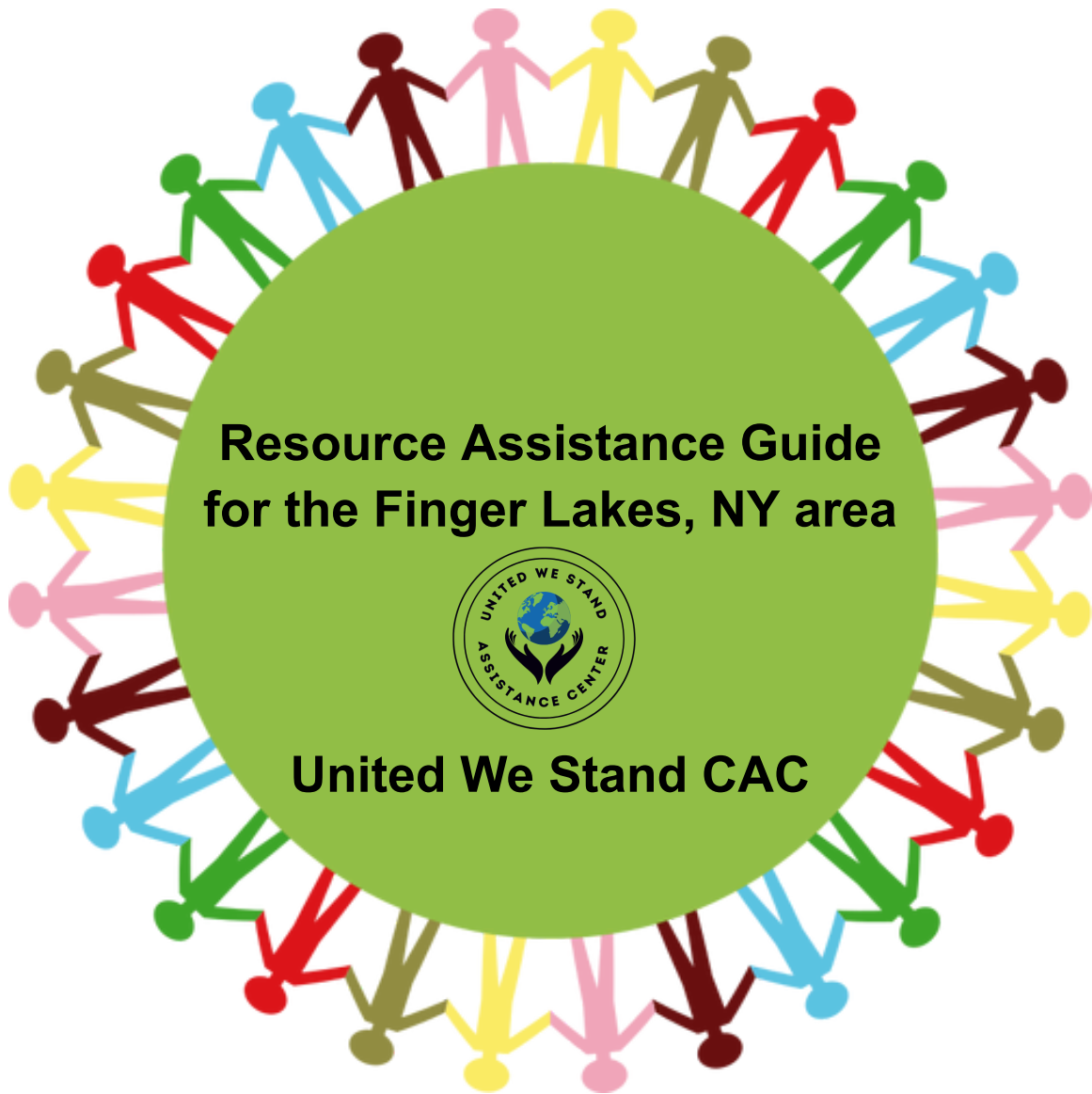


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This guide is a collaboration of resources from National, State (NYS), and Local (Ontario, Wayne, Yates, Steuben, Monroe Counties) resource guides and websites.

The Resource Assistance Guide for the Finger Lakes, NY Area is intended to connect the community, providers, and service agencies with the resources available to residents of the Finger Lakes, NY area. If you would like your service agency listed in this resource guide, please email Makayla Miller at mmiller.UnitedWeStand@gmail.com.

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

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NOTES

- I. This guide is a collaboration of resources from National, State (NYS), and Local (Ontario, Wayne, Yates, Steuben, Monroe Counties) resource guides and websites.
- II. Any specific health question should be directed to your physician.
- III. For further assistance and updates, please call your local Department of Social Services.
- IV. The *Resource Assistance Guide for the Finger Lakes, NY Area* created by United We Stand CAC, Inc. is intended to connect the community, providers, and service agencies with the resources available to residents of the Finger Lakes, NY area.
- V. If you would like your service agency listed in this resource guide, please email *Makayla Miller* at mmiller.UnitedWeStand@gmail.com.

Thank you for all that you do for the community!

United We Stand CAC, Inc.
Community Assistance Center
Makayla Miller, CEO
315-502-0007
mmiller.UnitedWeStand@gmail.com
www.UnitedWeStandCAC.org

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HOT LINES AND IMPORTANT NUMBERS

Community Agencies <https://www.unitedwestandcac.org/community-agencies>

Food Pantries <https://www.unitedwestandcac.org/food>

**Always check w/ your local schools as they typically have food pantry info.*

Social Supports <https://www.unitedwestandcac.org/social-service-supports>

Financial Benefits <https://www.unitedwestandcac.org/financial-support-benefits>

NY State Public Assistance **1-800-342-3009**

Catholic Charities of the Finger Lakes

Canandaigua **585-394-0190**

Geneva **315-789-2235**

Newark **315-331-4867**

National Human Trafficking Hotline **888-373-7888 or (text) 233733**

Finger Lakes Community Action (formerly Wayne CAP)

Broad St., Lyons, NY 14489

315-333-4155

Wayne Behavioral Health Network (Open Access Center) **315-946-5750**

Finger Lakes Regional Poison Center **1-800-222-1222**

NYS Department of Environmental Conservation **585-226-2466**

NYS Department of Health Environmental (Geneva District) **315-789-3030**

NYS Department of Health **1-866-881-2809**

Public Safety **315-946-9711**

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Environmental Health-NYSDOH (Geneva District Office)

315-789-3030

Yates County Resources

<https://www.yatesny.com/membership/resources/>

Yates County Community Services

417 Liberty Street, Suite 1056, Penn Yan, NY 14527

SPOA, education, training, screening, referral, advocacy and community support, crisis housing, respite. 315-536-5115 www.yatescounty.org

2-1-1 HELPLINE

6666 County Road 11, Bath, NY 14810

2-1-1 or 800-346-2211

Monday-Friday, 8:30 am- 5:00 pm. 2-1-1 Helpline is a free and confidential information and referral service that connects individuals with resources in their community.

United We Stand Community Assistance Center (UWS CAC)

315-502-0007 mmiller.unitedwestand@gmail.com www.UnitedWeStandCAC.org

ABUSE

CHILD ABUSE/ INSEST

If the child is in immediate danger call 911

Rape, Abuse, Incest National (RAINN) Hotline

Reaching out for help is the first step. RAINN provides support for sexual assault victims & their loved ones. 1-800-656-HOPE (4673) <https://www.rainn.org>

Childhelp® USA National Hotline 1-800-422-4453 <https://www.childhelp.org/>

Childhelp exists to meet the physical, emotional, educational, and spiritual needs of abused, neglected and at-risk children. We focus our efforts on advocacy, prevention, treatment, and community outreach.

Child Abuse Hotline (NYS)

1-800-342-3720

This is a hotline to report child abuse as a non-mandated reporter meaning a concerned civilian. Abuse may be in the form of physical, mental, or sexual. Lack of supervision,

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denying a child an education, and neglect are also forms of abuse. If the child is in immediate danger, call 911.

Child Abuse Hotline: Mandated Reporter 1-800-635-1522

**Department of Social Services, Ontario County Child Protective Services
3010 County Complex Drive Canandaigua, NY 14424
585-396-4111 <https://ocfs.ny.gov/main/>**

**Child Advocacy Center of the Finger Lakes
482 North Main Street Canandaigua, NY 14424**
The Child Advocacy Center of the Finger Lakes is a child-friendly location where allegations of physical or sexual abuse are responded to by a multidisciplinary team of professionals. From the time of the report through the end of the case, the multidisciplinary team will work together to conduct a thorough investigation and provide necessary support services to children and their non-offending caregivers. This model aims to reduce the trauma experienced by child victims.
585-394-2573 <https://www.cacfingerlakes.org/>

DOMESTIC VIOLENCE/ RAPE

Domestic Violence (English)	Call 1-800-942-6906	Text 844-997-2121
Domestic Violence (Spanish)		1-800-942-6906
Domestic Violence Crisis Line (FCSFL)	315-789-2613	800-695-0390
Survivor Advocacy Center of the Finger Lakes		800-456-1172
Domestic Violence Program Crisis Hotline		800-695-0390
National Domestic Violence Hotline	1-800-799-SAFE	(7233) Text 88788

Victim Assistance Program (Ontario County District Attorney) 585-396-4010

**LAW NY (Formerly Legal Assistance of the Finger Lakes)
361 South Main Street, Geneva, NY 14456
315-781-1465 <http://www.lawny.org/>**

Safe Harbors of the Finger Lakes 1-800-247-7273
Geneva: 315-781-1093
Canandaigua: 585-577-3257 <http://www.shflny.org>

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Rape, Abuse, Incest National (RAINN)

Reaching out for help is the first step. RAINN provides support for sexual assault victims & their loved ones. 1-800-656-HOPE <https://www.rainn.org/>

New York State Domestic and Sexual Violence Hotline

1-800-942-6906 (Text) 844-997-2121

Willow Domestic Violence Center

Rochester, NY 14604

Willow Center provides a full-continuum of free and confidential services, including: 24/7 Crisis and Support Hotline, Short-term Counseling, Court Accompaniment, 40-bed Emergency Shelter, Children's Programming, Prevention Education & Training.

585-222-SAFE (7233) (24 hour hotline). www.willowcenterny.org

Rape Crisis Services of Planned Parenthood (RESTORE)

114 University Avenue, Rochester, NY 14605

Services include: Crisis intervention for sexual assault survivors and their significant others, Short-term counseling (six to eight sessions), Support through medical examinations and treatment, Advocacy and support during interaction with law enforcement, Court accompaniment, Individual consultations with professionals, Community education programs and Professional training programs.

www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore 585-546-2777 (24 hour hotline).

Deaf or Hard-of-Hearing:

7-1-1 <https://opdv.ny.gov/survivors-victims>

ANGER MANAGEMENT

Anger management is learning to recognize early signs of anger & to act without lashing out. Some signs of difficulty dealing with anger are:

- *Often feel you have to hold in your anger*
- *Frequent arguments with your partner, children, or co-workers*
- *Legal troubles*
- *Physical violence, such as hitting your partner or children or starting fights*

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- *Threats of violence against people or property*
- *Out-of-control behavior, such as breaking things or driving recklessly*

Gaining Awareness through Education (G.A.T.E.)

365 South Main Street, Geneva, NY 14456

<https://www.co.seneca.ny.us/gov/services/externalagencies/name/g-a-t-e-anger-management-program/> 315-789-1709

ANIMAL WELFARE/CONTROL

Clear Path for Veterans- Canine Program

<https://www.clearpath4vets.com/programs/canine-program>

Happy Tails Ontario County Humane Society Inc.

2976 County Road 48, Canandaigua, NY 14424

585-396-4590 Fax: 585-396-4805 <http://www.ontariocountyhumanesociety.org/>

Pet Partner Connections

Assists Home-Bound, Elderly, & Disabled Pet Owners w/ Food & Care Assistance for Their Pets. 315-694-6449 <https://ppcny.org/>

Email: Petpartnerconnections@gmail.com

Lollypop Farm

99 Victor Road, Fairport, NY 14450

585-223-1330 <https://www.lollypop.org/>

Ontario County Rabies Clinic

Ontario County Public Health

3019 County Complex Drive, Canandaigua, NY 14424

585-396-4343 1-800-299-2995 Fax: 585-396-4551

Rabies questions after hours Call 911 or 585-394-4560

<https://ontariocountyny.gov/765/Rabies>

Wayne County Humane Society

1475 County House Road, Lyons, NY 14489

315-946-3389 <https://waynehumane.org>

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Rabies Information NYS Sanitary Code

<http://www.cdc.gov/rabies/>

BATS: *If you wake up to a bat or a bat is found in the room of a child or incapacitated adult, the bat must be tested for rabies. Catch it & notify the health department. Bats have tiny teeth. People have gotten rabies from bats when they did not know they were bitten. If you have bats in your home, find out how they are getting in have the problem corrected.* **HOW TO CATCH A BAT** <https://youtu.be/puP8qbATPKg>

BEREAVEMENT

Everyone is unique and grieves in their own way. Understanding stages of grief can be helpful after experiencing a loss. Talking to a mental health counselor while you are grieving can also help.

Seven Stages of Grief by Elizabeth Kubler-Ross:

- **Shock:** unable to react to the loss.
- **Denial:** Mind refuses to accept the reality of the loss.
- **Anger:** Not everyone experiences anger, but it is normal if you do.
- **Bargaining:** Trying to "reason" your way out of the pain of the loss.
- **Depression:** This too is normal, and it is very easy to be stuck in this stage for a long time.
- **Testing:** Starting to find ways to move through the grief process.
- **Acceptance:** Accepting the reality of the loss and moving forward.

Death by Suicide Support Resources

Ontario County Public Health *has free resource kits for community members that are grieving a death by suicide. Call 1-585-396-4343*

National Suicide Prevention Lifeline

<https://tinyurl.com/3yur4v24>

American Association of Suicidology

<https://tinyurl.com/59ct2k62>

American Foundation for Suicide Prevention

<https://tinyurl.com/mryr4j67>

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AFSP lists U.S. and international suicide bereavement support groups as a public service to loss survivors. <https://afsp.org/find-a-support-group/>

Thompson Health Bereavement Support Group 585-396-6780

Resolve Through Sharing Parent Support Group (Infant Loss) 585-396-6260

**Ontario County Mental Health
3019 County Complex Drive, Canandaigua, NY 14424
585-393-4363 <https://ontariocountyny.gov/99/Mental-Health>**

**Wayne Behavioral Health Network Bereavement/Grief
315-946-5722 <https://web.co.wayne.ny.us/605/Bereavement-Grief-Support-Groups>**

Camp Heartstrings/Camp Dreams
This is a three day camp for children (entering grades 2-11 in September 2023) who are adjusting to the death of a loved one. 585-274-4069
<https://www.urmc.rochester.edu/home-care/hospice-care/camp-heartstrings.aspx>

**The Compassionate Friends
The First Unitarian Church
220 Winton Road South, Rochester, NY 14610**
This is a nonprofit, self-help support organization for families who have experienced the death of a child of any age from any cause. There are no religious affiliation or membership requirements.
<https://www.tcfrochester.org/>

**The Center for Hope and Healing Grief counseling (individual & group)
400 S. Main Street, Newark NY 14513
315-830-4080**

Dreams from Drake- UR Medicine Hospice
Monthly support group for children and teens who lost a sibling or parent/guardian.
585-274-4069 <https://dreamsfromdrake.org/>

**The Living Well Mission Bereavement Group (Penn Yan)
315-536-0838 <https://thelivingwellmission.org>**

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NAMI Rochester Suicide Bereavement Support Group

Via zoom 1st and 3rd Monday of every month 6:30pm-8:00pm

<https://www.namiroc.org/suicide-bereavement>

Pittsford Youth Services

Bereavement support for children, adolescents and families. Individual counseling by licensed social workers to help children and families work through their grief.

585-264-0604 <https://www.pittsfordyouthservices.org/>

Rochester Regional Health: Home Care and Hospice Care

Open, Drop-In Bereavement Groups. No registration is required. For individuals who have lost a family member. 585-214-1000

<https://www.rochesterregional.org/services/hospice-care/our-services/bereavement-services>

Smile Through the Storms

529 Budd Street, Elmira, NY 14904

Support group for survivors and ones who have lost a loved one to suicide. Meetings are 2x/month, in person and virtually.

607-241-6624 <https://www.smilethroughthestorms.com/>

Suicide Loss Support Group (Waterloo VFW)

29 W. Elisha Street, Waterloo, NY 13165

Last Monday of the month, 5:30-7:00pm

Thompson Health: Wellness Services

585-396-6780 <https://wellnesshub.thompsonhealth.com/Support-Groups>

BIRTH CONTROL

Planning pregnancies is beneficial for everyone, providing social, health and financial benefits for all members of the family. When unexpected pregnancies are avoided, mothers have more time to recover from pregnancy and childbirth, babies are breastfed longer, and parents have more time for their children and each other. There are

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numerous, effective birth control methods available in New York. Talk to your healthcare provider about one that is right for you.

New York State Family Planning Benefit

1-800-541-2831 fbpb@health.state.ny.us <http://tinyurl.com/734m42x>

Free, confidential coverage for family planning services to men, women, and teens with a financial need. Sign up the day of your visit at Finger Lakes Community Health or Planned Parenthood. Other services include:

- *Annual exams and Pap smears*
- *Pregnancy tests*
- *Infection checks and treatment*
- *Most forms of birth control*
- *Testing for anemia, high blood pressure, and breast disease*

Finger Lakes Community Health (FQHC)

315-781-8448

Family Planning

601-B West Washington Street, Geneva, NY 14456

<https://www.localcommunityhealth.com/geneva-communityhealth-v2/>

Planned Parenthood

15 Lafayette Avenue Canandaigua, NY 14424

1-866-600-6886 <https://www.plannedparenthood.org/>

Emergency Contraceptive (By Mail)

National Woman's Health Network

202-682-2640 <https://www.plancpills.org/states/new-york>

Safe Sex Supplies (By Mail)

Provided by Finger Lakes Community Health www.tinyurl.com/safekits

BREASTFEEDING ASSISTANCE

Always consult with your primary care physician and OB for further guidance. And remember: a fed baby is a happy baby, regardless if you are breastfeeding or not.

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General Information about Breastfeeding <http://womenshealth.gov/breastfeeding/>
Spanish: <https://espanol.womenshealth.gov/>

Breastfeeding for Babies

1. Early breast milk (colostrum) is “liquid gold”. It is rich in nutrients and antibodies to protect your baby.
2. Breast milk changes as your baby grows. Colostrum changes to mature milk by the third to fifth day after birth. Mature breast milk has the right amount of fat, sugar, water, and protein to help your baby grow.
3. Breast milk is easier to digest than formula, especially for premature babies. The proteins in formula come from cow’s milk and some babies have trouble digesting them. Pre-term, formula-fed babies have a higher risk of necrotizing enterocolitis, a serious disease that affects babies’ intestines.
4. Breast milk fights disease. Cells, hormones, and antibodies in breast milk protect babies from illness. Breastfed babies have fewer ear infections, diarrheal illnesses & respiratory infections than formula-fed babies. Some research suggests breastfeeding reduces the risk of childhood diabetes, leukemia & atopic dermatitis (skin rash). Asthma, obesity & type 2 diabetes are less common in those who were breastfed.
5. Breastfeeding decreases the likelihood a baby will die of SIDS (sudden infant death syndrome).

Breastfeeding Benefits Mothers

1. It may take a little more effort than formula feeding at first, but it makes life easier in time. There are no bottles & nipples to sterilize and no measuring and mixing of formula. Breast Milk is pre-warmed and convenient for middle-of-the-night feedings.
2. It saves money. Formula and feeding supplies can cost over \$1,500 during a baby’s first year. Because breastfed babies are sick less often, parents miss less work and health care costs are lower.
3. It provides opportunities for physical contact. This makes babies feel secure, warm, and comforted and requires moms to take time to relax and bond with their little ones. The skin-to-skin contact boosts mom’s milk hormone levels and offers a calming effect.
4. It is linked to lower risks of type 2 diabetes, breast cancer, ovarian cancer, and postpartum depression.

UR/FF Thompson Hospital Birth Center

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350 Parrish Street Canandaigua, NY 14424

585-396-6497 www.thompsonhealth.com/Health-Services/Birthing-Center

Le Leche League (Maureen Weidman, IBCLC, RLC)

Mother to Mother Breastfeeding Support Groups

PO Box 54, Clifton Springs, NY 14432

315-548-7980 <http://www.llli.org/>

Ontario County Public Health

3019 County Complex Drive, Canandaigua, NY 14424

Maternal Child home visits available upon request, at no charge. Visits are tailored to the needs of the client & family. Nurses provide education on pregnancy, labor & delivery, newborn care, breastfeeding, safety, parenting, immunization, lead poisoning prevention and nutrition. Healthcare providers - see appendix for referral form.

Community members call Ontario County Public Health to speak with a nurse.

1-800-299-2995 <http://www.co.ontario.ny.us/index.aspx?nid=101>

Clinical Lactation Counselor

585-396-4343

Worksite Lactation Policy

Let Ontario County Public Health help you create a worksite lactation policy that complies with NY State Law.

585-396-4343

CDC Toolkit -Worksite Lactation Policy

(English) <https://www.cdc.gov/breastfeeding/index.htm>

(Spanish) <https://tinyurl.com/2p9axbx6>

SPCC WIC

Breastfeeding, Peer Counselor, & Breast Pump Programs

585-394-9240 x305 <http://www.health.ny.gov/prevention/nutrition/wic/>

Baby Café

514 South Main Street, Canandaigua, NY 14424

585-919-2476

160 Carter Street Geneva, NY 14456

315-759-6060

CANCER SERVICES

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Insider tip: Every hospital has social workers or care managers to help you navigate the healthcare system and anticipate what services you will need after you go home. Care managers know what nursing services are available in your area. Do not hesitate to contact a hospital social worker on behalf of your hospitalized loved one. All hospitals must help patients make plans for discharge. - Ontario County Public Health

American Cancer Society **1-800-227-2345** <http://www.cancer.org/>

American Cancer Society (Finger Lakes Region Office)
1120 South Goodman Street, Rochester, NY 14620
585-288-1950

Cancer Services Program of the Finger Lakes Region (CSP-FLR)
The Cancer Services Program of the Finger Lakes Region can help uninsured eligible men and women living in Monroe, Livingston, Ontario, Wayne, Seneca, and Yates Counties get the cancer screenings they need.
1-877-803-8070 Email: csp@urmc.rochester.edu

Hope Lodge (American Cancer Society Housing)
1120 South Goodman Street Rochester, NY 14620
585-224-4900

Elizabeth Wende Breast Clinic (Mammography)
170 Sawgrass Drive. Rochester, NY 14620
585-442-2190 <http://www.ewbc.com/>

Elizabeth Wende Breast Clinic (Mammography)
7375 State Route 96, Suite 100 Victor, NY 14564
585- 442-2190 <https://www.ewbc.com/>

Finger Lakes Breast Care RGH (Mammography)
2 Coulter Road, Clifton Springs, NY 14432
315-462-1750 <https://tinyurl.com/322rzs9>

Finger Lakes Health- Geneva General Hospital Scheduling (Mammography)
200 North Street, Suite 303 Geneva, NY 14456
315-787-4400 <https://www.flhealth.org/services/mammography>

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Soldiers & Sailors Hospital (Mammography)

418 North Main Street Penn Yan, NY 14527

315-531-2544

Golisano Children's Hospital (Radiation/Oncology)

585-275-7520 <https://www.urmc.rochester.edu/childrens-hospital.aspx>

Finger Lakes Community Health (Screenings)

601-B Washington Street, Suite B, Geneva, NY 14456

315-781-8448 <http://localcommunityhealth.com/>

Jordan Health of CCIA (Screenings)

120 North Main Street, Suite 11, Canandaigua, NY 14424

585-396-0222 Fax: 585-396-0639 <http://www.jordanhealth.org/>

Medicaid Cancer Treatment Program (MCTP) Insurance Coverage

Is a Medicaid program for eligible persons who are found to need treatment for breast, cervical, colorectal, or prostate cancer (and in some cases, precancerous conditions of these organs). To be enrolled in the MCTP, an individual must complete an application with a New York State Department of Health Cancer Services Program (CSP) trained designee, referred to as a Designated Qualified Entity (DQE). A DQE is a person designated and trained by the New York State Department of Health as a "Qualified" entity, for the purpose of assisting individuals to complete the MCTP application."

1-866-442-2262

Planned Parenthood (Routine Cancer Screening)

15 Lafayette Avenue, Canandaigua, NY 14424

1-866-660-6886 <https://www.plannedparenthood.org/learn/cancer>

Elderly Pharmaceutical Insurance Coverage Program (E.P.I.C.)

Prescription Assistance, Cancer Medications

1-800-332-3742 https://www.health.ny.gov/health_care/epic/

E.P.I.C Application <https://www.health.ny.gov/forms/doh-5080.pdf>

Mosaic Health Rushville (Routine Cancer Screening)

2 Rubin Drive, Rushville, NY 14544

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585-554-4400 <https://mosaichealth.org/rushville/>

Sands Cancer Center

395 West Street, Suite 101, Canandaigua, NY 14424

585-396-6180

<http://www.thompsonhealth.com/Health-Services/Sands-Cancer-Center>

Interlakes Oncology & Hematology- Strong Memorial Hospital

395 West Street, Canandaigua, NY 14424

Canandaigua: 585-393-7040

Geneva: 315-781-2250

<http://www.interlakesoncology.com/>

Thrive to Survive (Support group)

We provide emotional, financial & wellness programs for adults diagnosed and being treated for cancer. 315-374-0626

support@thrivetosurvive.org, <http://www.thrivetosurvive.org/>

Thompson Health

Breast Cancer Support Group: 585-396-6111

Caregivers Support Group: 585-396-6780

Wilmot Cancer Institute (Radiation & Oncology)

601 Elmwood Avenue, Rochester, NY 14642

585-275-2171 <https://www.urmc.rochesterwilmot.edu/cancer-institute.aspx>

Ronald McDonald House (Housing)

333 Westmoreland Drive, Rochester, NY 14620

585-442-5437 <http://www.rmhcrochester.org/>

CARE MANAGEMENT SERVICES

Children's Health Homes of Upstate New York (CHHUNY)

Must be under 21, enrolled in Medicaid, and qualify under NYS DOH eligibility. Children must experience significant behavioral, mental or social risk factors which can be addressed to care management.

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855-209-1142 <https://www.childrenshealthhome.com/>

Health Homes of Upstate New York (HHUNY)

Must be enrolled in Medicaid. Eligible with 2 or more chronic health conditions, experience a significant mental illness, or living with HIV/AIDS.

855-613-7659 <https://www.hhuny.org/>

Children and Youth Evaluation Services (C-YES)

C-YES determines whether a child/youth (under age 21) is eligible for Home and Community Based Services (HCBS) for children who do not currently have Medicaid or for children who opt-out of the Health Home Serving Children's program.

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/cyes.htm

John Kelly Clinic and Care Management

418 North Main Street, Penn Yan 14527

Hours: Monday through Friday from 8 am to 4:30 pm. Emergency after hours care is available 24/7. 315-531-2400 www.flhealth.org

CASH ASSISTANCE

Social Security Office (Geneva)	1-866-331-7759
Ontario County DSS	1-877-814-6907, 585-396-4060
Wayne County DSS	315-946-4881
Yates County DSS	315-536-5183
Steuben County DSS	607-664-2000
Monroe County DSS	585-753-2750 (Cash Assist.)

CHILDREN'S SERVICES

Child Abuse Hotline Mandated Reporter	1-800-635-1522
Child Abuse National Hotline	1-800-422-4453
New York State Child Abuse/Neglect Hotline	800-342-3720
Child Advocacy Center of the Finger Lakes	585-394-2573

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

IMMUNIZATIONS FOR CHILDREN

Always reach out to your local Public Health Department, school district, Primary Care Physician office, or the NYS Dept. of Health website for up-to-date guidelines.

**Ontario County Public Health
3019 County Complex Drive, Canandaigua, NY 14424
1-800-299-2995 or 585-396-4343**

Your child may be eligible for free or reduced cost immunization.

**Wayne County Public Health
1517 Nye Rd., Lyons, NY 14489
315-946-5749**

LEAD PROGRAM

Lead Testing for Children (Ontario County)

1-800-299-2995

“Lead Testing at 1 and 2 is What We Do!” It is a New York State Law for pregnant women and children ages 1 and 2 years old to be tested for Lead Poisoning. Has your child been tested?

Why test children for Lead Poisoning?

- Many children with Lead Poisoning have no symptoms, even with Lead Levels high enough to cause learning and behavioral issues.
- High Lead Levels in pregnant women can cause miscarriage and stillbirth as well as learning and behavior problems after the birth of your baby.

How can you protect your child from Lead Poisoning?

- Fix peeling lead paint using EPA Safe Lead Practice Guidelines.
- Wash hands, toys, bottles, windows, and floors frequently.
- Be careful not to bring lead home on clothes, toys, and jewelry.
- Keep lead out of your food and tap water.
- Let water run for 1 minute before using it.
- Use lead free dishes.

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

- Serve foods that have calcium, iron, and vitamin C. These foods help to keep lead from being stored in your child's body.

Your child may be eligible for a finger stick lead level, Call 1-800-299-2995 today!

ADOPTION SUPPORT

Become a Foster Parent in Ontario County

Families who complete the steps to become a certified foster family in Ontario County receive a dual certification: foster care and adoption. 585-396-4111

Birthright of Rochester (Adoption Referral/Broker)

320 N. Washington St, Suite 116, Rochester, NY 14625
585-385-2100 1-800-550-4900 <http://birthright.org>

Catholic Charities of the Finger Lakes (Geneva)

94 Exchange Street, Geneva, NY 14456
315-789-2235 Fax: 315-789-5785 <http://www.catholiccharitiesfl.org/>

Catholic Charities of the Finger Lakes (Canandaigua)

120 North Main Street, Suite 40, Canandaigua, NY 14424
585-394-0190 <http://www.catholiccharitiesfl.org/>

Child & Family Resources (Adoption Support)

671 South Exchange Street, Geneva, NY 14456
315-781-1491 <http://www.cfresources.org/>

New Hope Family Service

3519 James Street, Syracuse, NY 13206
315-437-8300 1-800-272-3171 <http://www.newhopefamilyservices.com/>

Planned Parenthood (Canandaigua)

1-866-600-6886

Family Planning Center

315-789-2410

BABY SUPPLIES AND SUPPORTS

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Child & Family Resources, Inc. (Car Seat Program)
671 South Exchange Street, Geneva, NY 14456
315-781-1491 1-800-881-5786 <http://www.cfresources.org/>

Care Net Pregnancy Center (Adoption Referral)
120 North Main Street, Suite 8, Canandaigua, NY 14424
585-393-0437 help@carenetcan.org <http://www.carenetcan.org/>

Care Net (Yates) 315-536-7333 <https://carenetpy.com/>

Finger Lakes WIC (SPCC WIC) 585-394-9240

High Risk OB/GYN at Strong Memorial Hospital 585-487-3350

Healthy Families (Ontario County) 1-800-881-5786 or 585-919-2476 ext. 2507

Geneva Center of Concern
58 Avenue D, Geneva, NY 14456
315-789-1117

Salvation Army
41 North Street, Geneva, NY 14456
315-789-1055 <http://tinyurl.com/gvar8qv>

Second Season (Adults & Household Supplies)
1 Coulter Road, Clifton Springs, NY 14432
315-462-3293

BEHAVIORAL HEALTH ASSISTANCE

Hillside
1183 Monroe Avenue, Rochester, NY 14620
585-256-7500 (Toll Free) 888-514-4455 Email: info@hillside.com
<https://www.hillside.com/>

Ontario County Youth Care Facility (Hopewell)
3093 County Complex Drive, Canandaigua, NY 14424

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

585-394-0180

The Partnership of Ontario County
5297 Parkside Drive, Suite 307, Canandaigua, NY 14424
585-396-4554 <http://partnershipforontariocounty.org/>

CAMPS

Camp Bristol Hills 4-H (Site)
4437 Kear Road, Canandaigua, NY 14424
585-394-7838 <http://cceontario.org/4-h-camp-bristol-hills/>

Camp Bristol Hills 4-H (Office)
480 North Main Street, Canandaigua, NY 14424
585-394-397 7ext 435 Fax: 585-394-0377 ontario@cornell.edu

Hobart and William Smith Conferences & Events- Harris House
678 South Main Street, Geneva, NY 14456
315-781-3103 events@hws.edu <https://www.hws.edu/offices/conferences/>

Letourneau Christian Center, Inc.
4950 East Lake Road, Rushville, NY 14544
585-554-3400 contact@letourneau.org <http://www.letourneau.org/>

NYS Sheriff's Summer Camp
9825 East Bluff Drive, Penn Yan, NY 14527
For boys and girls between the ages of 9 and 12 who, because of economic reasons, would not have an opportunity to attend a summer camp or enjoy a summer vacation.
518-434-9091

J. Warren Cutler Scout Reservation- Boy Scouts of America
7131 Gulick Road, Naples, NY 14512
585-374-5770 585-244-4210 Email: info@senecawaterways.org
<https://senecawaterways.org/>

CHILDCARE CENTERS

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

**Child and Family Resources, Inc.,
115 Fall Street Seneca Falls, NY 13148**

*To request a free childcare referral, please fill out the referral form
(<https://cfr.clubexpress.com/docs.ashx?id=13155>) and either email back to
cfr.info@cfresources.org or print and mail to our office.*

**Agri-Business Child Development (Lake Ontario) 315-589-7421
6395 Tuckahoe Road, Williamson, NY 14589**

**Agri-Business Child Development (Red Creek) 315-754-8759
6809 Church Street, Red Creek, NY 13143**

**Agri-Business Child Development (ABCD)
5 Goodman Street, Geneva, NY 14456
315-781-3267 Fax: 315-781-7240 <https://www.abcdny.org/>**

**Candy Apple Pre-School and Children's Center 315-331-6966
101 Erie Boulevard, Newark, NY 14513**

**Children's Continuous Care Inc. 585-377-9630
369 Mildahn Road, Macedon NY 14502**

**Creative Environment DayCare 315-986-8176
28 W Main Street, Macedon NY 14502**

**Prime Time After School Program (Sodus CSD) 315-483-2331
6375 Robinson Road, Sodus NY 14551**

**Rhyme Tyme Child Care Center 315-524-5170
944 Route 104 , Ontario NY 14519**

**Roosevelt Children's Center 315-331-2086
848 Peirson Ave, Newark, NY 14513**

Scarlet Thread Ministries Youth Center Programs www.scarletthread.org

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Tot Spot Child Care Center 315-986-0975
1045 Brixton Drive, Macedon NY 14502

YMCA of Greater Rochester- Before and After School Program 585-341-4010
(Gananda, Red Jacket, Wayne)

Doodle Bugs! Daycare
7383 State Route 96, Victor, NY 14564
585-742-1200 <http://www.doodlebugs.com/>

Finger Lakes Community College (Child Care)
3325 Marvin Sands Drive, Canandaigua, NY 14424
585-394-6666 childcare@flcc.edu <http://www.flcc.edu/offices/childcare/>

Care-a-lot Child Care (Farmington)
1780 Rochester Road, Farmington, NY 14425
585-398-3111 Fax: 585-398-3139
<https://carealot-childcare.com/farmington-child-care-location/>

Geneva Lakefront Childcare Center
61 Elizabeth Blackwell St, Geneva, NY 14456
315-781-0014 <https://www.glcc.care/>

Happiness House (Canandaigua FL)
Cerebral Palsy, Inc. (*Disability Support*)
5415 County Road 30 Canandaigua, NY 14424
585-394-1190 Fax: 585-394-5326 <http://www.happinesshouse.org/>

731 Pre-Emption Road, Geneva, NY 14456
315-789-6828 Fax: 315-789-7750 <https://www.happinesshouse.org/>

Head Start (Phelps Community Center)
8 Banta Street, Phelps, New York 14532
Day Care (Age 6 weeks to 5), School Age Programs, Dance, Drama, Athletics, Fitness
Head Start 315-548-8122 sarah@phelpsc.org
PCC 315-548-8481 info@phelpsc.org

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Jack and Jill Childcare, Inc.

14 Framark Drive, Victor, NY 14564

585-924-9550 Fax: 585-924-3504 <http://www.jacknjillchildcare.com/>

Jim Dooley Center for Early Learning

196 North Street, Geneva, NY 14456

315-787-4190

<https://www.flhealth.org/locations/jim-dooley-center-for-earlylearning>

KinderCare Learning Center

615 Fishers Run, Victor, NY 14564

585-924-0290 <http://www.kindercare.com/our-centers/victor/ny/>

Montessori School

5273 Parkside Drive, Suite 500 Canandaigua, NY 14424

585-393-0126 <https://canandaiguamontessori.com/>

Our Children's Place

<https://www.ccdpkids.net/clifton-springs-childcare>

55 Wilcox Lane, Canandaigua, NY 14424

585-394-5310

9 Village Drive Clifton Springs, NY 14432

315-462-3174 Fax: 315-462-2959

TLC Adventures in Child Care Inc.

7444 Victor-Mendon Road, Victor, NY 14564

585-398-7001

Victor Child Care Center

66 School St, Victor, NY 14564

585-924-5303 Fax: 585-924-1795 <https://www.victorchildcare.com/>

YMCA Child Care Centers

Preschool, Before & After School

32 North Main Street, Canandaigua, NY 14424

585-394-6866 <http://www.canandaigua-ymca.org/>

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

5 & 10 Crane Street, Clifton Springs, NY 14432
315-462-6184 315-462-5437 <http://www.csaymca.org/>

399 West William Street, Geneva NY 14456
315-789-1616 Fax: 315-789-4259 <http://www.genevafamilyymca.org/>

CHILD CARE ASSISTANCE

Office of Child and Family Services (OCFS)

Income eligible families may receive assistance paying for childcare. Have your household income information, picture identification and proof of residency ready and call for more information. www.ocfs.state.ny.us

Action for a Better Community- Head Start Programs

49 Stone Street, Rochester, NY 14605

Early Childhood Education for children ages 1-5 years at 6 centers throughout the City of Rochester. 585-454-2332 www.abcinfo.org

Western New York Child Care Council, Inc.

595 Blossom Rd., Rochester, NY 14610

Resources and referral service to help parents find childcare information about local preschools, daycare centers and family daycare providers. Training for potential childcare providers. Fees: none. 585-654-4720 www.childcarecouncil.com

Child & Family Resources

Call Child & Family Resources for a list of available certified daycare providers in your area. 1-800-881-5786 <http://www.cfresources.org/>

Canandaigua 514 South Main Street Canandaigua, NY 14424 585-919-2476

Geneva 671 South Exchange Street Geneva, NY 14456 315-781-1491

Yates 315-536-1134

CHILDHOOD EDUCATION

Early Intervention (EI) and Preschool Special Education Program 585-396-4546

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

- *Evaluation & services to children aged 0-5 with developmental delays or who are at risk of delays.*
- *Physically Handicapped Children's Program (PHCP) - provides financial reimbursement to certain children aged 0-21 with medical and/or dental needs.*
- *Eligibility-All county residents eligible for most preventive health programs.*
- *Eligibility for CWSNP determined by evaluation or financial/medical need.*

Early Intervention (Ontario County Public Health)

1-800-299-2995

Happiness House - Canandaigua (Disability Support)

5415 County Road, 30 Canandaigua, NY 14424

585-394-1190 <http://www.happinesshouse.org/>

Happiness House - Geneva (Disability Support)

731 Pre-Emption Road, Geneva, NY 14456

315-789-6828 <http://www.happinesshouse.org/>

***Birth to Five Program:** Happiness House combines evaluations, preschool education, therapy services, autism support and services coordination to help children in the Finger Lakes Region. **Evaluation Services:** Comprehensive development evaluation services for children from birth to five years of age with known or suspected developmental disabilities or delay.*

Ontario County ARC

3071 County Complex Drive, Canandaigua, NY 14424

585-394-7500 <http://www.ontarioarc.org/>

CHILD AND FAMILY - CASE MANAGEMENT

Child and Family Supports <https://www.unitedwestandcac.org/children-family>

Child and Family Resources, Inc.

671 South Exchange Street, Geneva, NY 14456

315-781-1491 <http://www.cfresources.org/>

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Child & Family Resources provides affordable, accessible programs that enhance and support the education of parents. Its mission - to encourage the highest quality of care and positive learning experiences for all young children. Spanish-speaking staff is available. Child & Family Resources assists parents in developing their family strengths through parenting classes and home visiting programs. We offer classes on various topics. Any parent desiring to learn more about parenting skills is invited to attend.

Visitation with a trained supervisor is available at Child & Family Resources in a family friendly setting, on an as needed basis. By appointment, Family Educators can accommodate family and attorney requests for visitation in one of our two locations. Age-appropriate activities are available and offer parents an opportunity to interact with their children in a positive manner. The center provides a sliding-fee for services for court-referred parents.

Children's Health Homes of Upstate New York (CHHUNY)

Must be under 21, enrolled in Medicaid, and qualify under NYS DOH eligibility. Children must experience significant behavioral, mental or social risk factors which can be addressed to care management.

855-209-1142 <https://www.childrenshealthhome.com/>

Children and Youth Evaluation Services (C-YES)

C-YES determines whether a child/youth (under age 21) is eligible for Home and Community Based Services (HCBS) for children who do not currently have Medicaid or for children who opt-out of the Health Home Serving Children's program.

https://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health/children/cyes.htm

Health Homes of Upstate New York (HHUNY)

Must be enrolled in Medicaid. Eligible with 2 or more chronic health conditions, experience a significant mental illness, or living with HIV/AIDS.

855-613-7659 <https://www.hhuny.org/>

Self Referral:

https://hhuny.teamdynamix.com/TDClient/2104/hhuny/Requests/TicketRequests/NewForm?ID=j4t2cHF6uXE_&RequestorType=Service

CHILD PASSENGER SAFETY PROGRAM

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Child & Family Resources, Inc.

Car Seat Program

671 South Exchange Street, Geneva, NY 14456

315-781-1491 1-800-881-5786 <http://www.cfresources.org/>

Car Seat Inspections

<http://www.co.ontario.ny.us/204/Child-Passenger-Safety>

Technicians assist parents in the selection, installation, and adjustment of the appropriate child passenger safety seat for their child. Seats and supplies are funded through a grant from the New York State Governor's Traffic Safety Committee and the National Highway Traffic Safety Administration (NHTSA).

Car Seat Replacement

Several problems may lead to the replacement of the safety seat. If the child is too heavy or too tall for the seat, if the seat has been in a crash, or if the seat is expired (more than six years old), the technician will replace the problem seat with a new one that is compatible with the child and the vehicle in which it will be used.

How Long to Use Safety Seats

NY State law requires a child to be in a child safety seat until they are 8 years old. However, children should remain in some type of child safety seat until they are 4-foot, 9-inches tall or they reach the upper weight limit of the seat. Standard seat belts are designed for someone 5-foot, 6-inches tall with a weight of 125 pounds. Always consult the owner's manual for your specific seat and vehicle and follow the manufacturer's recommendations.

Ontario County Sheriff's Office

585-337-4605 or after hours (800) 394-4560

<https://dmv.ny.gov/more-info/safety-restraints>

Wayne County Public Health

1519 Nye Rd., Lyons, NY 14489

315-946-5749 <https://www.wcphny.com/child-safety-programs/>

CHILD PROTECTIVE SERVICES

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Child abuse may include the following:

- Child abuse is **physical** - shaking, hitting, beating, burning, or biting a child.
- Child abuse is **emotional** - constantly blaming or putting down a child, excessive yelling, shaming.
- Child abuse is **sexual** - incest, any forced sexual activity, exposure to sexual stimulation not appropriate for the child's age.
- Child abuse is **neglect** - a pattern of failure to provide for the child's physical needs, such as food, clothing, shelter, and medical care; a pattern of failure to provide for the child's emotional needs, such as affection, attention, and supervision.

To report child abuse, you must first phone the New York State Child Abuse Hotline (1-800-342-3720). If the child is in immediate danger, call 911.

Ontario County Social Services
3010 County Complex Drive, Canandaigua, NY 14424
1-877-814-6907 or 585-396-4060

Wayne County Social Services
77 Water St., Lyons, NY 14489
315-946-4881

Steuben County Social Services
3 East Pulteney Square, Bath, NY 14810
607 664-2000 <https://www.steubencountyny.gov/364/Social-Services>

Yates County Social Services
417 Liberty Street, Penn Yan, NY 14527
315-536-5100 <https://www.yatescounty.org/317/Social-Services>

Monroe County Social Services
111 Westfall Rd., Rochester, NY 14620
CPS: <https://www.monroecounty.gov/hs-child>

New York State Child Abuse/Child Protective Services Hotline
1-800-442-4453 <http://www.childhelp.org/>

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Hotline to report child abuse as a non-mandated reporter. Abuse may be physical, mental, or sexual. Lack of supervision, denying a child an education, and neglect are also forms of abuse. A Child Abuse investigator will investigate the report within 24 hours. **If the child is in immediate danger, call 911.**

Yates County Youth Bureau

315-536-5183 <https://www.yatescounty.org/267/Youth-Bureau>

CHILD SUPPORT AND COLLECTIONS

Support Collections Unit

417 Liberty St, Penn Yan, NY 14527

888-208-4485 <https://www.yatescounty.org/317/Social-Services>

Ontario County Child Support Office

3010 County Complex Drive, Canandaigua, NY 14424

585-396-4160 CSEWEBOntario@dfa.state.ny.us

Statewide Helpline 1-888-208-4485 www.childsupport.ny.gov/dcse/home.html

Ontario County Social Services

3010 County Complex Drive, Canandaigua, NY 14424

1-877-814-6907 or 585-396-4060

Wayne County Social Services

77 Water St., Lyons, NY 14489

315-946-4881

Steuben County Social Services

3 East Pulteney Square, Bath, NY 14810

607 664-2000 <https://www.steubencountyny.gov/364/Social-Services>

Yates County Social Services

417 Liberty Street, Penn Yan, NY 14527

315-536-5100 <https://www.yatescounty.org/317/Social-Services>

Monroe County Social Services

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

111 Westfall Rd., Rochester, NY 14620

<https://www.monroecounty.gov/hs>

Child Support Questions: 888-208-4485 csewebmonroe@dfa.state.ny.us

CLOTHING

Birthright of Ontario/Wayne County

Maternity clothes, baby clothes, diapers, baby food/formula

2003 Ridge Rd, Ontario NY 14519

315-524-2120 1-800-550-4900

Care Net of Wayne County

1141 E Union Street, Newark, NY 14513

315-573-7833 www.carenetofwaynecounty.com

Care Net (Pregnancy Center of Canandaigua)

585-393-0437

Catholic Charities Finger Lakes

Must be a resident of Wayne County. Proof of residency required.

Wednesday 10:00AM-1:00PM, 5:00PM-7:00PM, Saturday 10:00AM-1:00PM.

12019 E Main Street, Wolcott, NY 14590

315-331-4867 ext. 10

Family Hope Center

No eligibility or required documentation.

Tuesday 1:00PM-4:00PM, Wednesday-Friday 10:00AM-4:00PM.

551 S Exchange Street, Geneva NY 14456

315-789-0708 www.familyhopecentergeneva.org/services

Grace House- Zion Episcopal Church

Monday 6:00pm-8:00pm, Thursday 3:00pm-5:00pm

120 E Main St, Palmyra, NY 14522

315-597-9236

Helpful Hearts

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Must be a resident of Wayne County, ID required. Monday-Friday 10:00AM-5:00PM, Saturday 9:00AM-2:00PM. 315-690-1952

12 Geneva St, Lyons, NY 14489

St. Mark's Church (Baby Closet)

Emergency/crisis only. No documentation required. Appointment only.

400 S Main Street, Newark, NY 14513

315-331-3610 <https://stmarknewark.org>

Success Center Program- Finger Lakes Community Action

Resident of Wayne County. Income eligibility requirements. Proof of address/income.

7188 Ridge Road, Sodus NY 14551

315-483-8761

St. John's Episcopal

Youth age 3-16. No documentation required. Tuesday/Thursday 9:00am-12:00pm

54 W Main Street, Sodus, NY 14551

315-483-4235

Wayne County Rural Ministry Come-Unity Center, Inc

4170 Main Street, Williamson, NY 14589

315-589-8105

Woodlane Community Church

Saturday's 9:00am-12:00pm

5694 Wood Ln, Newark, NY 14513

Salvation Army

41 North Street, Geneva, NY 14456

315-789-1055 <http://salvationarmyusa.org/>

Canandaigua Churches in Action (CCIA)

120 N Main Street, Canandaigua, NY 14424

585-396-2242 Fax 585-394-7831 <https://www.churchesinaction.org/schedule.html>

Caring Hearts Community Food Pantry

12 Hibbard Avenue, Clifton Springs NY 14432

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

315-521-1601

Naples Open Closet
Harwood Lane Naples, NY
585- 531-0011 junespantrynaples@gmail.com

Rise & Shine Clothes Closet
224 Main St. Penn Yan, NY 14527
(315) 730-5560 www.pennyanfbc.com/welcome.html
Email: pennyanumc@gmail.com

DENTAL CARE

New York State Dental Association
20 Corporate Woods Blvd., Ste 602 Albany, NY 12211
518-465-0044 1-800-255-2100 Fax: 518-465-3219 <https://www.nysdental.org/>

Apple Blossom Dental
Excellus, Cigna, Metlife, Health Economics, Lifetime Benefit Solutions, Delta Dental
3800 Railroad Ave, Williamson, NY 14589
315-589-4471

Canal Town Family Dental
HealthPlex, Delta, BCBS, Cigna, United, and Medicare
402 W Main St, Palmyra, NY 14522
315-597-4581

Christopher W. Amadori, D.D.S.
Excellus, employer sponsored plans
3665 Countryside Ln, Marion, NY 14505
315-926-5200

Clifton Springs Dental
*Accepts insurance **except** Fidelis, Dentaquest, and WellCare*
2 Coulter Road, Suite 1720, South Entrance, Clifton Springs, NY 14432
315-318-0284

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Dingus Orthodontics

Accepts most insurance including Medicaid

106 High St, Newark, NY 14513

315-331-3726

DeMarree Dental

Excellus (employer plans)

67 W Main St, Sodus, NY 14551

315-483-8301

Dr. Emmanuel Puddicombe

HealthPlex

52 Broad St, Lyons, NY 14489

315-946-4656

Fairway Dental

Accepts all employer sponsored plans

1209 Mayberry Pl, Macedon, NY 14502

315-986-3400

Finger Lakes Dental Care

Most employer sponsored plans (most child plans through the state)

523 E Main St, Palmyra, NY 14522

315-387-4335

Get It Straight Orthodontics

1213 Mayberry Pl, Macedon, NY 14502

315-986-5800

Gilson & Tobin DDS

In network with Excellus (employee sponsored)

6200 Slocum Rd, Ontario, NY 14519

315-524-7433

Grape Lakes Family Dental: Julie Labrecque, DMD

Out of Network

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

**2 S Main St, Manchester, NY 14504
315-462-5633**

Hersini Dental

Accepts most insurance, including Medicaid
**324 W North St, Ste 6., Geneva, NY 14456
315-789-9054**

Dr. John A. Guerrieri DDS

All employer sponsored
**2100 Walworth Penfield Rd, Walworth, NY 14568
315-986-1144**

Macedon Family Dentistry

Accepts all employer sponsored plans
**1212 NY-31, Macedon, NY 14502
315-986-3545**

Maple Ave Dental

Out of network
**20 Maple Ave, Sodus, NY 14551
315-483-8913**

Michael A Herbert, DDS

Excellus
**6127 Maple Ave #003, Williamson, NY 14589
315-589-2813**

Michael S Adsit, DDS

Accepts all employer sponsored plans
**1000 Driving Park Ave, Newark, NY 14513
315-331-6232**

Mosaic Health Community Dentistry (Finger Lakes)

**1519 Nye Rd, Lyons, NY 14489
315-871-3178**

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Newark Community Health

Accepts most insurance, including Medicaid

13 West Union Street, Newark, NY 14513

315-483-1199

Newark Family Dental

Employer sponsored plans & Select Program through BCBS

114 High St, Newark, NY 14513

315-331-4530

Ontario Family Dentistry

In network with BCBS, accepts all others (except Medicaid)

6277 Furnace Rd, Ontario, NY 14519

315-524-4135

Palmyra Family Dentistry

All employer sponsored

102 Hyde Pkwy, Palmyra, NY 14522

315-239-4415

Sodus Community Health

Accepts most insurance, including Medicaid

6341 Ridge Rd, Sodus, NY 14551

315-483-1199

Wolcott Dentistry

*In network with Excellus, Guardian, Cigna, Delta, Metlife, will accept others (**will not accept Medicaid**)*

6010 Draper St, Wolcott, NY 14590

315-594-8611

Supply a Smile

*Is a local organization associated with **Canandaigua Churches in Action (CCIA)**, serving uninsured residents of Ontario County with free dental services for adults aged 18 and older, and is limited to cleanings, fillings, and extractions. Services are provided by area dental offices. **585-376-2242** supplyasmile@gmail.com*

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

DENTISTS ACCEPTING MEDICAID

***Dentists that accept Medicaid change. Be sure to call the office!**

**Dr. Daniel Klein
1600 Mosley Rd., Suite 400 Victor, NY 14564
585-248-2900**

**Eastman Dental Clinic
625 Elmwood Ave Rochester, NY 14620
585-275-5051**

**Geneva Community Health Center
601B Washington Street Geneva, NY 14456
315-781-8448**

**Mosaic Health Rushville
2 Rubin Drive, Rushville, NY 14544
585-554-6824 585-554-4400 <https://mosaichealth.org/rushville>**

**Sia Hersini, DDS
324 West North Street. Suite 6 Geneva, NY 14456
315-789-9054**

**Naples Valley Dental
106 North Main Street, Naples, NY 14512
585-374-6323**

**Unity Dental Group
89 Genesee Street, 2nd Floor Rochester, NY 14611
585-368-3800**

**Unity Dental Satellite
2060 Fairport Nine Mile Road, Penfield, NY 14526
585-377-5810**

Unity Dental Group

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

**2655 Ridgeway Road, Suite 360, Rochester, NY 14626
585-295-1890**

DIABETIC EDUCATORS

Clifton Spring Hospital/RGH	315-462-1530
Finger Lakes Health	315-787-4006
UR/Thompson Health	585-396-6233

Wayne County Public Health
1517 Nye Rd., Lyons, NY 14489
315-946-5749 <https://www.wcphny.com/chronic-disease-prevention/>

DISABILITY SERVICES

NYS Office of People with Developmental Disabilities (OPWDD)
Is responsible for coordinating services for New Yorkers with developmental disabilities.
866-946-9733 <https://opwdd.ny.gov/>

New York State Commission for the Blind
Provides vocational rehabilitation and other direct services to legally blind New York State residents including children, adults and elderly persons. **585-238-8110**
259 Monroe Avenue, Rochester NY 14607

Adult Career & Continuing Education Services Vocational Rehab. (ACCES- VR)
ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development. **1-800-222-JOBS (5627) <https://www.acces.nysed.gov/>**

The ARC Wayne
150 Van Buren St, Newark, NY 14513
We support people with and without intellectual and other developmental disabilities and their families. **315-331-7741 <https://arcwayne.org/>**

Brain Injury Association of New York State

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

518-459-7911 www.bianys.org

Center for Autism and Related Disorders, Inc.,
6 N Main St #110, Fairport, NY
585-377-6590 <https://centerforautism.com/>

Goodwill of the Finger Lakes (Vision Rehabilitation Services)
500 S Clinton Avenue, Rochester NY 14620
Offers vision rehabilitation services for individuals with visual impairment or legal blindness. 585-232-1111

Happiness House
Offers programs and services for children and adults with disabilities, and their families, in Ontario, Seneca, Yates, and Wayne Counties. <https://www.happinesshouse.org/>
5415 County Road 30. Canandaigua, Ontario County, NY 14424
Children's programs 585-394-1190
Adult programs 585-394-9510

Law NY
361 South Main Street, Geneva, NY 14456
*We provide free legal aid to people with **civil legal problems** in western New York.*
315-781-1465 <https://www.lawny.org/>

Finger Lakes Legal Care
A project of Law NY. Centralized goal of improving health and well-being for vulnerable populations by meeting legal needs. 585-450-3718

Pathways Inc.
Family support services for families of individuals with a developmental disability who live at home with a family member. <https://www.pathwaysforyou.org/>

Person Centered Services
513 W. Union Street, Suite 6, Newark, NY 14513
Provides Care Coordination for people with intellectual and developmental disabilities. They help individuals and families navigate a very complex system.
855-208-3533 <https://personcenteredservices.com/>

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Starbridge

1650 South Avenue, Suite 200, Rochester, NY 14620

Students who have disabilities or suspected disabilities and are age 5-26 have access to a variety of supports, services, programs and accommodations that allow them to receive an appropriate education that will prepare them for adulthood.

585-546-1700 <https://starbridgeinc.org/>

Strong Center for Developmental Disabilities (SCDD)

255 Crittenden Boulevard, Rochester, NY 14620

SCDD is a member of the Association of University Centers on Disabilities (AUCD), a network of interdisciplinary centers advancing research, education, policy, and practice for and with individuals with intellectual, developmental, and other disabilities, their families, and communities.

UR Medicine Developmental and Behavioral Pediatrics

200 East River Road, Rochester, NY 14623

*We provide evaluation and specialized healthcare for children with developmental challenges. All clinical services are provided at Developmental and Behavioral Pediatrics (formerly known as Kirch Developmental Services Center). **585-275-2986***

United States Social Security Administration (Geneva)

15 Lewis Street, Geneva NY 14456

*Financial and Income Based Services. **866-331-7759***

Mozaic

315-536-7447 <https://www.mozaic.org/>

Catholic Charities

315-536-2370 <https://ww2.fcscharities.org/>

Prime Care

844-347-3168 <https://primecareny.org/>

EATING DISORDERS

National Eating Disorder Association Helpline (NEDA)

1-800-931-2237 <http://www.nationaleatingdisorders.org/>

Monte Nido and Affiliates of Western New York

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

6608 Boughton Hill Rd, Victor, NY 14564

Residential Eating Disorder Treatment Center.

585-440-6622 888-228-1253

EDUCATION

Education <https://www.unitedwestandcac.org/employment>

Early Childhood Education/Early Intervention

New York State Early Intervention Program (EIP)

EIP is part of the national Early Intervention Program for infants and toddlers with disabilities and their families. To be eligible for services, children must be under 3 years of age and have a confirmed disability or established developmental delay, as defined by the State. 315-946-5749

Bright Start Pediatric Services

149 N Main Street, Fairport, NY

Is a New York State-approved Early Intervention/ Preschool agency. We provide speech language therapy, special education, occupational therapy, and physical therapy to children from birth to age 5. Along with these services, we also provide evaluations for families looking to enter the Early Intervention or Preschool Special Education Programs within their counties or school districts. We serve families throughout Monroe, Wayne and Ontario Counties. 585-377-2230 <https://www.brightstart.biz/>

Center for Autism and Related Disorders, Inc.,

6 N Main St #110, Fairport, NY

585-377-6590 <https://centerforautism.com/>

Happiness House (3-5)

Birth to Five program combines evaluations, preschool education, therapy services, autism support, and service coordination to help children in the Finger Lakes region meet their full potential. <https://www.happinesshouse.org/>

Geneva 731 Pre-Emption Road, Geneva, NY 14456 315-789-6850

Canandaigua 5415 County Road 30, Canandaigua, NY 14424 585-394-1190

Head Start/Early Head Start

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Is a federally funded program that provides comprehensive services to pregnant women, infants, toddlers, preschool children and their families.

<https://www.fingerlakescommunityaction.org/>

Newark	301 Stuart Ave, Newark, NY 14513	315-331-8172
Lyons	6 Clyde Rd, Lyons Ny 14489	315-333-4155
Clyde	214 E Dezeng St, Clyde, NY 14433	315-923-4782

Mary Cariola Center- Preschool program (3-5)

1000 Elmwood Ave., Suite 100, Rochester, NY 14620-3093

Is designed to meet the individual needs of children ages three to five years. Students' abilities and developmental delays can vary significantly, so a range of class sizes and staff ratios are available in our full and half day classrooms. Referrals to the Preschool Program come from the student's home school district.

585-271-2897 ext. 1250 <https://www.marycariola.org/>

Rochester School for the Deaf

1545 Saint Paul St, Rochester NY 14621

Our early childhood programs provide a welcoming and supportive learning opportunity for Deaf and hard-of hearing infants, toddlers, and young children, as well as their families. **585-544-1240** <https://www.rsdeaf.org/>

Roosevelt Children's Center

848 Peirson Ave, Newark, NY 14513

A program of ARC Wayne, provides early intervention and preschool services to children from birth to 5-years old in a variety of home, community, and center-based options. **315-331-2086** <https://arcwayne.org/roosevelt-childrens-center>

SPECIAL EDUCATION

ACCES-VR- Adult Career and Continuing Education Services

70 Elizabeth Blackwell St, Geneva, NY 14456

Assisting Individuals with Disabilities.

315-789-0191 <http://www.acces.nysed.gov/vr> Email: shelby.baston@nysed.gov

Hillside

Hillside Day Treatment programs are designed for students who experience significant challenges in school and or the community which impact their academic performance

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

and/or social development. Our Day Treatment program are licensed schools by the New York State Education Department and the Office of Mental Health. We provide special education programming for students who have an Individual Education Plan (IEP). <https://hillside.com/services/day-treatment/> 585-256-7500 or at info@hillside.com

**Crestwood Day Treatment Therapeutic Education Center K-8
2075 Scottsville Road, Rochester NY 14623**

**Halpern Day Treatment Therapeutic Education Center 7-12
695 Bay Road, Webster NY 14580**

**Holy Childhood (age 5-21) School Program
100 Groton Parkway, Rochester, NY 14623**

*Holy offers school-aged children with intellectual and developmental disabilities comprehensive educational and therapeutic services.
585-359-3710 <https://www.holychildhood.org/>*

The Kessler Center

402 Rogers Parkway, Rochester NY 14617

Offers both residential (CRP) and day placements for students with developmental disabilities. Residential program is licensed through the Office for People with Developmental Disabilities. An available option for school districts seeking an out-of-district placement for students who need an alternative educational path due to their developmental disabilities.

585-957-7163 <https://www.easterseals.com/newyork/>

Mary Cariola Center- School Age Program (5-21)

1000 Elmwood Ave., Suite 100, Rochester, NY 14620-3093

Our School Age Program provides full-day educational programming for students 5 to 21 years of age. This educational programming is individualized and specialized to meet the complex needs of our students based on the significance of their disabilities.

585-271-2897 ext. 1250 <https://www.marycariola.org/>

The Norman Howard School

275 Pinnacle Rd, Rochester, NY 14623

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

5th-12th grade students from over 30 school districts experience a rich and diverse school culture, learn strategies for managing their special learning needs, and graduate alongside their public school peers.

585-334-8010 <https://www.normanhoward.org/>

Rochester School for the Deaf (RSD)

1545 Saint Paul St, Rochester NY 14621

RSD continues to be a vibrant community that fosters the academic and social development of students from kindergarten to 12th grade. Deaf and hard-of-hearing students have equal opportunities to grow and flourish using American Sign Language in all facets of their school experience.

585-544-1240 <https://www.rsdeaf.org/>

Villa of Hope (students eligible age 12-21 years old)

3300 Dewey Avenue, Rochester, NY 14616

Is a year round program that incorporates academic, vocational, and remedial services for youth in our Residential Treatment Center, Residential Treatment Facility, and local school districts. Students with emotional needs and learning disabilities are supported by a highly trained staff. <https://villaofhopeschool.org/>

TECHNICAL AND CAREER CENTERS

Pathways Technology Early College High School (PTECH)

1000 Technology Parkway, Newark, NY 14513

Is a public education model focused on college attainment and career readiness. P-TECH schools span grades 9-14 and enable students to earn both a high school diploma and a no-cost, two-year post secondary degree in a STEM field.

315-332-2190 <https://www.wflboces.org/ptech>

Wayne Technical and Career Center (WTCC)

4440 Ridge Road, Williamson, NY 14589

*Is open to all secondary school students residing in & attending high school in Wayne County. Programs include focuses in such fields as Manufacturing and Engineering, Animal Sciences, Auto Body Repair, Carpentry, Cosmetology, Culinary Arts, Electrical Trades, Health Careers, and more. **315-589-2600***

<https://www.wflboces.org/wayne-technical-and-career-center>

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Wayne-Finger Lakes BOCES (Regional Support Center)

131 Drumlin Court, Newark, NY 14513

315-332-7400 <https://www.wflboces.org/about-us/sites-and-locations>

Finger Lakes Secondary School

4120 Baldwin Road, Rushville, NY 14544

585-554-6492

Midlakes Education Center

550 Route 488, Clifton Springs, NY 14432

315-548-6631

Newark Education Center

439 West Maple Avenue, Newark, NY 14513

315-332-3328

Red Jacket Education Center

1506 Route 21, Shortsville, NY 14548

585-289-9649

Wayne Education Center

4440 Ridge Road, Williamson, NY 14589

315-589-2400

LITERACY

Child & Adult Literacy Programs of Wayne County

PO Box 408, 12 Canal Street, Lyons, NY 14489

Our Community Reads aims to enrich education for children by fostering a love for books and reading, Literacy Volunteers works with participating schools and teachers to provide evidence-based reading activities for children and families. Appointment only.

Free & Confidential One-on-One Literacy Tutoring for Adults

315-946-5333 <https://lvwayne.org/>

Literacy Volunteers (Yates)

117 E Elm St, Penn Yan, NY 14527

315-536-6799 Email: info@literacyvoc.org

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

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Literacy Volunteers (Ontario) - Adult
208 South Main Street, Canandaigua, NY 14424
585-396-1686 info@lvoy.org <http://www.lvoy.org/>

Literacy Program (FLCC) - Adult
Finger Lakes Community College
3325 Marvin Sands Drive, Canandaigua NY 14424
Offers high school equivalency preparation and classes. Provides literacy instruction.
315-331-9098

ADULT CONTINUING EDUCATION/ HIGH SCHOOL EQUIVALENCE PROGRAMS

Center for Academic and Workforce Development
161 Chestnut Street, Rochester NY 14604
A community-based center offering an assortment of academic, occupational, and employability courses. These courses are geared to introduce, as well as supplement students with educational and vocational skills, through advanced technology training for a high-demanding technological world. Provides Computer Literacy and GED prep courses. 585-327-4012

Rochester Equal Opportunity Center (REOC)
161 Chestnut Street, Rochester NY 14604
Provides academic education, vocational, and ESOL education. Prepares students to pass the high school equivalency examination.
585-232-2730 <https://reoc.brockport.edu/>

EMERGENCY SERVICES

Is your Family Ready for an Emergency? <http://www.ready.gov/>

Items to Include in a Basic Emergency Supply Kit:

- **Water:** one gallon of water per person per day for at least three days
- **Food:** at least a three-day supply of non-perishable food. Can opener if using canned foods.
- **Battery-powered or hand crank radio:** and a NOAA Weather Radio with tone alert and extra batteries

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

- **Flashlight:** and extra batteries
- **First aid kit**
- **Whistle:** to signal for help
- **Dust mask:** to help filter contaminated air and plastic sheeting and duct tape
- **Moist towelettes:** garbage bags and plastic ties for personal sanitation
- **Wrench or pliers:** to turn off utilities
- **Local maps**
- **Cell phone:** with chargers, inverter, or solar charger

American Red Cross- Greater Rochester Chapter
825 John Street Suite 209, West Henrietta, NY 14586
585-241-4400

<https://www.redcross.org/local/new-york/western-newyork/about-us/locations/greater-rochester-chapter.html>

Wellspring Church, Inc.
22 Teft Avenue, PO Box 602 Clifton Springs, NY 14432
315-548-6292 x30 <http://www.wellspringchurch.us/>

Geneva Center of Concern
58 Avenue D Geneva, NY 14456
315-789-1117 <https://genevacenterofconcern.org/>

EMPLOYMENT

Employment <https://www.unitedwestandcac.org/employment>

Adult Career and Continuing Education Services (Access-VR)
<https://www.acces.nysed.gov/>

Geneva	70 Elizabeth Blackwell St, Geneva, NY	315-789-0191
Rochester	109 South Union Street, Rochester, NY 14607	585-238-2900

The Arc Wayne (Supported and Vocational Employment Services)
150 Van Buren Street, Newark NY 14513
Provides Supported and Vocational Employment services for individuals with disabilities. 315-331-7741 ext. 311 www.arcwayne.org

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Clear Path for Veterans Career Services
1223 Salt Springs Road, Chittenango, NY 13037
315-687-3300 <https://www.clearpath4vets.com/>

Finger Lakes Works
P.O. Box 111, Geneva, NY 14456
315-789-3131

Ticket to Work

You may be eligible if you are between 18 and 64, receive SSDI/SSI, and want to work. There is no cost or obligation to participate. Through this program, people with disabilities can achieve financial independence. 1-866- 968-7842

Goodwill of the Finger Lakes (Vision Rehabilitation Services)

500 S Clinton Avenue, Rochester NY 14620
Offers vocational/employment services that include: assessment, placement, job supports and training, and follow-up. Services eligible for those with Visual impairment or legal blindness. 585-232-1111

NYS Department of Labor Division of Employment (Ontario and Wayne Counties)

795 Canandaigua Road, Geneva NY 14456
315-789-1771

NYS Department of Labor (Yates County)

315-789-1771

Opportunity ROCS Education and Employment Services

60 Carlson Road, Rochester NY 14610
Located at Carlson Co-Work. Career assessment evaluations, job development and readiness training, and assistance for job search and placement. 585-730-2421

Success Center Program (Finger Lakes Community Action Program)

159 Montezuma Street, Lyons NY 14489
Provides job search assistance to those seeking employment.
315-665-0131 <https://www.fingerlakescommunityaction.org/>

Veterans Outreach Center, Inc.

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

447 South Avenue, Rochester NY 14620

Offers an employment resource center that aims to help veterans stabilize and re-enter the workforce. 585-546-1081 www.vocroc.org

Workforce Development

1519 Nye Road, Suite 600, Lyons NY 14489

315-946-7702

417 Liberty St, Suite 2021, Penn Yan, NY 14527

315-536-5140

The Finger Lakes Works Career Center consists of the Wayne County Department of Workforce Development One-Stop Center and the New York State Division of Employment Services.

ABC Workforce Development

49 Stone Street, 1st fl, Rochester, NY 14604

Job placement assistance and coaching. ABC's Workforce Development services targets individuals who are unemployed or underemployed.

585-325-5116 ext 3400 www.abcinfo.org

Rochester Business Alliance

150 State Street Suite 400 Rochester, NY 14614

Career counseling, self-assessment, and job search techniques, resume writing, workshops, job listings, a resource library.

585-244-1800 www.greaterrochesterchamber.com

FAMILY

Advocacy for Community Empowerment (ACE) - Finger Lakes Community Action

51 Broad St, Lyons, NY 14489

Provides community and in-home parent education/supportive services that are confidential, safe, and non-judgmental. Workshops for all stages of parenting are voluntary and can be accessed throughout Wayne County for Parents/Caregivers that wish to expand their skill basis. This program also reaches incarcerated parents by hosting a variety of workshops in the Wayne County Jail.

315-333-4155 <https://www.fingerlakescommunityaction.org/>

AspireHope NY, Inc.

25 W Steuben Street, Bath NY 14810

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Delivers independent peer services and other supports to individuals and their families to achieve wellness and develop natural supports. 1-607-776-2164

**CareNet Pregnancy Care Center of the Finger Lakes
120 N Main Street, Suite 28, Canandaigua NY 14424
585-393-0431**

Child Care Council Inc.

Is a Child Care Aware® Quality Assured agency that provides information, training, and resources to child care providers and parents in Livingston, Monroe, and Wayne counties in the State of New York. 315-331-5443 <https://childcarecouncil.com/>

Child and Family Resources, Inc. 1-800-881-5786 <https://www.cfresources.org/>

Day Care Assistance- DSS

77 Water Street, Lyons, NY 14489

Income Eligible Child Care Assistance- Child Care Assistance helps parents/guardians who are striving to be self-sufficient by giving them choices in childcare arrangements and by helping them pay for quality childcare. 315-946-4881

Healthy Families

Wayne County- Finger Lakes Community Action Program

51 Broad St, Lyons, NY 14489 315-333-4155

Has highly trained staff who can help you navigate through your parenting journey to reduce your fear of the unknown. Information available on pregnancy, infant care, breastfeeding, family goals, and parent-child interactions.

<https://www.fingerlakescommunityaction.org/>

Family Promise of Wayne County

<https://www.fpwayneny.org/>

Family Planning Program Sites (Finger Lakes Community Health)

Newark Community Health Center

513 West Union Street, Newark NY 14513

315-781-8448

Sodus Community Health Center

6341 Ridge Road, Sodus NY, 14551

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

315-483-1199

**Planned Parenthood of Central and Western New York
15 Lafayette Ave, Canandaigua, NY 14424
1-866-600-6886**

**Targeted Regional Permanency Center
Catholic Charities of the Finger Lakes
94 Exchange Street, Geneva, NY 14456**

*The program's goal is to strive to improve safety, sustain permanency and promote the wellbeing of the whole family. Ultimately, our program strives to minimize future disruptions while assisting the family in reinforcing and supporting permanency. **This program is offered to any Post-Adoptive or Post-Guardian family.***

315-789-2235 Ext. 123

**Wayne County Rural Health Network
6692 Middle Road, Suite 2200, Sodus, NY 14551
315-483-3200**

**Wayne County Dep. of Aging & Youth/ Families & Communities Together (FACT)
1519 Nye Road, Suite 300, Lyons, NY 14489
315-946-5624**

FATHERHOOD PROGRAMS

**Child and Family Resources, Inc.
671 South Exchange Street Geneva, NY 14456
315-781-1491 x216 <http://www.cfresources.org/>**

FINANCE

**Consumer Credit Counseling Service of Rochester, Inc.
1050 University Avenue, Suite A, Rochester NY 14607
585-546-3440 www.cccsofrochester.org**

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

New York State Department of Labor/Unemployment Insurance
888-209-8124 <https://unemployment.labor.ny.gov>

New York State Department of Financial Services
<https://www.dfs.ny.gov/>

New York State Office of Temporary and Disability Assistance
800-342-3334 <https://otda.ny.gov/>

United States Department of Housing and Urban Development (HUD)
Provides information on buying a home, renting, foreclosure, credit issues and reverse mortgages. 202-708-1112 www.hud.gov

United States Social Security Administration Geneva
15 Lewis Street, Geneva NY 14456
Financial and Income Based Services. 866-331-7759 www.ssa.gov

Catholic Charities of the Finger Lakes (Emergency Assistance Program)
315-789-2235, ext.114

Catholic Charities of Steuben County
Turning Point 23 Liberty Street Bath, NY 14810
Provides food, case management, mentoring, and short-term financial help which may include assistance with utilities, shelter, transportation, and prescription needs.

Bath	607-776-4575
Corning	607-962-0704
Hornell	607-324-3457
Canisteo (Steuben County Rural Ministry)	607-698-4725

FOOD STAMPS (SNAP)

SNAP Eligibility: <http://otda.ny.gov/programs/snap/#eligibility>
SNAP Application: <http://otda.ny.gov/programs/apply/#snap>

NYS Food Stamp Hotline 1-800-342-3009

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

If you are pregnant or have a child under the age of 5, SPAA may also be of help.

<http://www.health.ny.gov/publications/4081.pdf>

Ontario County Department of Social Services

Canandaigua

585-394-4060

Geneva

315-789-2841

Wayne County Department of Social Services

315-946-4881

Yates County Department of Social Services

315-536-5183

Steuben County Department of Social Services

607 664-2000

Monroe County Department of Social Services <https://www.monroecounty.gov/hs>

FOOD ASSISTANCE

United We Stand CAC, Inc.

Up-to-date local food resources for county residents.

<https://www.unitedwestandcac.org/food>

EMERGENCY FOOD SERVICES COORDINATION

Salvation Army Service Unit Program

The primary function is to assist individuals and/or families with emergency assistance such as food, clothing, shelter, disaster assistance, and seasonal assistance.

*Assistance is intended to be temporary - individuals or families needing long-term or more in-depth assistance are referred to more appropriate services. **315-434-1371***

Home Delivered Meal Service

*The Department of Aging and Youth provides nutritious, well-balanced meals to seniors who may be unable to prepare meals on their own or who are nutritionally at-risk. An in-home assessment is completed for all referrals. There is no cost for meals but voluntary contributions are appreciated. No one will be denied a meal for inability or unwillingness to contribute. **315-946-5624***

Foodlink, Inc.

1999 Mount Reed Boulevard, Rochester, NY 14615

585-328-3380 <http://foodlinkny.org/>

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

**Finger Lakes SPCC Program (WIC)- Geneva and Canandaigua
Women Infant Children Program**

SPCC Continuing Activities and Services:

- *SPCC provides supplemental foods and nutrition education to children under five and eligible women (pregnant, postpartum, and breast-feeding).*
- *The program provides food checks to buy selected, approved foods high in nutrients needed for growth, development, and general health.*
- *Financial, residential, and nutritional eligibility requirements apply.*
- *Bilingual Staff (Spanish)*

585-394-9240 1-888-942-6886 <https://www.spcc-roch.org/>

NUTRITION EDUCATION

Nutrition Outreach & Education Program (NOEP)

607-776-4202

SNAP-Ed NY

Cornell Cooperative Extension

1581 Route 88 North, Newark

SNAP-Ed NY is an educational program that teaches families and individuals how to make healthy choices within a budget in order to stretch the food dollar. Workshops that include food tastings are available. 315-331-8415 www.SNAPEdNY.org

ProAction of Steuben and Yates

3 East Pulteney Square Bath, NY 14810

Monday-Friday, 8:30 am – 4:30 pm. Services: Educational Program Financial/Credit Services Nutrition Education and Counseling. 607- 664-2300

HOME ENERGY ASSISTANCE PROGRAM (HEAP)

HERR (Heating Equipment Repair and Replacement)

Check with your local Dept. of Aging & Youth

NYS HEAP Hotline 1-800-342-3009 <http://otda.ny.gov/programs/heap/>

HEAP (Fuel Cost Assistance)

585-394-4060

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

NY State Public Assistance

1-800-342-3009

Call your local Department of Social Services Office or the NYS HEAP Hotline.

HEALTH INSURANCE/ HEALTH NAVIGATOR

Tip from Ontario County Public Health: If you are pregnant and in need of Health Insurance for yourself and/or your children, contact the Growing Up Healthy Hotline (1-800-522-5006) as they can connect you to resources near you and with other agencies within Ontario County.

United We Stand CAC, Inc.

*UWS CAC has **Fidelis and WellCare** health insurance representatives in the office weekly. Call for an appointment. 315-502-0007*

2 Broad Street, Lyons, NY 14489

<https://www.unitedwestandcac.org/medical>

New York State of Health (Marketplace & Insurance Exchange)

855-355-5777 <https://nystateofhealth.ny.gov/>

Finger Lakes Community Health (Navigators)

315-399-7386

<https://www.localcommunityhealth.com/medical-2/health-insurance/>

United States Social Security Administration (Geneva)

15 Lewis Street, Geneva NY 14456

866-331-7759 www.ssa.gov

Wayne County Department of Aging and Youth

Health Insurance Counseling and Assistance Program

1519 Nye Road, Lyons NY 14489

315-946-5624

Medicare Rights Center

800-333-4114 www.medicarerights.org

Medicare

800-633-4227 www.medicare.gov

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Community Health Care Association of New York State (Navigator Program)
3576 County Road 18, Canandaigua NY 14424
800-346-2211 www.chcanys.org

Community Health Care Association of New York State (CHCANYS)
3010 County Complex Drive, Canandaigua NY 14424
Check your local library's event calendars to find an event with a Health Navigator. (Call for appointment). 800-346-2211

MEDICAID *is a program for New Yorkers who can't afford to pay for medical care. Medicaid pays for a number of services, but some may not be covered for you because of your age, financial circumstances, family situation, transfer of resource requirements, or living arrangements. Some services have small co-payments. These services may be provided using your Medicaid card or through your managed care plan if you are enrolled in managed care.*

To be eligible for New York Medicaid, *you must be a resident of the state of New York in need of health care/insurance assistance, whose financial situation would be characterized as low income or very low income. Certain Medicaid programs may also be determined based on one of the following criteria:*

- *Pregnant, or*
- *Being responsible for a child 18 years of age or younger, or*
- *Immigration status, or*
- *Blind, or*
- *Have a disability or a family member in your household with a disability, or*
- *Be 65 years of age or older.*

<https://www.benefits.gov/benefit/1637>

Blue Cross Blue Shield
1-800-499-1275 www.excellusbcbs.com

Child/Family Health Plus (ChIPS) - Medicaid
800-698-4543 <https://nystateofhealth.ny.gov/>

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

An insurance plan sponsored and provided by NYS that covers most health care needs.

MVP

585-325-3920 www.mvphealthcare.com

Molina Healthcare of New York

844-239-4911

Fidelis Care Rochester

Community Office 28 East Main Street, Rochester NY 14614

Regional Office 100 Willowbrook Office Park, Fairport NY 14450

607-590-6280 www.fideliscare.org

United We Stand CAC also has a rep in Lyons weekly

HOUSING ASSISTANCE

Visit www.unitedwestandcac.org/housing for various housing supports and resources.

Emergency Housing/ Shelter for Families (Ontario County DSS)

585-396-4060

Emergency Bishop Sheen Ecumenical Housing

150 French Rd, Rochester, NY 14618

Housing repairs, housing counseling, and assistance with other housing needs.

585-461-4263

Family Promise of Wayne County

3 Holley Street, Lyons NY 14489

Rental Assistance for families. 315-665-0037

Good Neighbor Fund- Western Presbyterian Church

101 East Main Street, Palmyra NY 14522

Assists people in crisis with one-time housing and utility costs.

315-597-9171

PathStone

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

4075 Ridge Road, Williamson NY 14589

Provides one-time emergency needs of migrant and seasonal farmworkers who may not be eligible for other emergency services.

315-483-9151

Wayne County Social Services Department

77 Water Street, Lyons NY 14489

315-946-4881

Wayne County Rural Ministry Come- Unity Center, Inc

4170 Main Street, Williamson NY 14589

Provides utility and rent assistance when funding is available.

315-589-8105

Volunteers of America Upstate New York

214 Lake Avenue, Admin Building C, Rochester, NY 14608

585-647-1150 www.voapny.org

Salvation Army

70 Liberty Pole Way Rochester, NY 14604

585-987-9540 www.rochesterny.salvationarmy.org

Keuka Housing Council

160 Main St, Penn Yan, NY 14527

Homeless Outreach, Foreclosure Counseling, Rental Housing Assistance, Homeownership Program, Home Repairs.

315-536-8707 www.keukahousingcouncil.org/

Email: reenebloom@keukahousing.org

Lakeview Supportive Housing

611 W. Washington St. Geneva, NY 14456

Assistance w/ Locating & Securing Safe & Affordable Housing.

315-789-0550 <http://www.lakeviewmhs.org/our-services/supported-housing>

Catholic Charities Community Services

Housing for Individuals with Developmental Disabilities. 315-536-2370

<http://www.catholiccharitiesfl.org/services/emergency-assistance-program/>

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Catholic Charities of Steuben County

Turning Point 23 Liberty Street Bath, NY 14810

Provides food, case management, mentoring, and short-term financial help which may include assistance with utilities, shelter, transportation, and prescription needs.

Bath	607-776-4575
Corning	607-962-0704
Hornell	607-324-3457
Canisteo (Steuben County Rural Ministry)	607-698-4725

The Living Well **315-536-0838**

Safe Harbors of the Finger Lakes (Pen Yann)

315-536-9654 www.shflny.org/ **315-536-2897** (24-hour crisis line)

PUBLIC ASSISTANCE PROGRAM

Catholic Charities of Wayne County

Emergency Rental Assistance Program (ERAP)

180 East Union Street, Newark, NY 14513

315-331-4867 x12 <https://www.ccwayne.org/> **315-536-5515**

Monroe County Legal Assistance

1 W. Main Street Rochester, NY 14614

585-325-2520 www.monroecounty.gov

Legal Aid Society

1 W. Main Street Rochester, NY 14614

585-232-4090 www.lasroc.org

Salvation Army

70 Liberty pole Way, Rochester, NY

585-987-9540 www.rochesterny.salvationarmy.org

SECTION 8

Community Action in Self Help

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

**48 Water Street, Lyons NY 14489
315-946-6992**

**Geneva Housing Authority
PO Box 153, 41 Lewis Street, Geneva NY 14456
315-789-8010 <http://www.genevahousingauthority.com/contact.php>**

**Newark Housing Authority
200 Driving Park Cir, Newark, NY 14513
315- 331-1574**

**Rochester Housing Authority
675 W Main Street, Rochester NY 14611
585-697-6105**

**Pathstone
5297 Parkside Dr, # 410, Canandaigua, NY 14424
Section 8 Housing Choice, Housing Counseling, Home Rehabilitation, Manufactured Home Co-op. 585-343-3861 <https://pathstone.org/> Email: info@pathstone.org**

SHELTERS

**Open Door Mission (Men's Shelter)
156 N Plymouth Ave, Rochester, NY 14614
585-454-6696 www.opendoormission.com**

**American Red Cross Greater- Rochester Chapter (Emergency Assistance)
1040 University Avenue, Rochester NY 14607
585-241-4400**

**Family Counseling Services of the Finger Lakes (Domestic Violence)
514 S Main Street, Canandaigua, NY
671 S Exchange Street, Geneva, NY
Crisis Line 800-695-0390**

**Survivor Advocacy Center of the Finger Lakes (Domestic Violence)
513 W Union Street, Suite 102, Newark,**

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

NY Crisis Line 800-456-1172

**Family Promise of Wayne County
3 Holley Street, Lyons NY 14489
315-483-9151**

**PathStone Emergency Services
4075 Ridge Road, Williamson NY 14589**
Must be a migrant or seasonal farm worker. Emergency one-time assistance only.
315-483-9151 TDD/TTY: 585-546-7582

**Wayne County Department of Aging and Youth (Runaway & Homeless Services)
315-946-5624**

**Veterans Outreach Center, Inc.
290 Cypress Street, Rochester NY 14620**
Emergency Housing for Veterans.
585-506-9060

TRANSITIONAL HOUSING

**La Casa Residence- Catholic Charities Finger Lakes
16 Maple Avenue, Sodus NY 14555**
Must be a farm worker within the past year. 315-331-4867

**Open Door Mission, Inc.
240 Coldwater Road, Rochester NY 14624**
Coldwater House for Women and Children Homeless women and their school-aged children. 585-325-3253

**Success Center Transitional Housing Program
6264 Buerman Road, Sodus NY 14551
315-553-2330**

INTERNET SAFETY

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Safe Kids

<http://www.safekids.com/>

Safe Online Surfing (SOS) Program

<https://sos.fbi.gov/en/>

NetSmartz® National Center for Missing & Exploited Children

<https://www.missingkids.org/netsmartz/home>

LEGAL SERVICES

Legal <https://www.unitedwestandcac.org/legal>

LAWNY (Legal Assistance of the Western NY, Inc.)

361 South Main Street Geneva, NY 14456

LAWNY is a non-profit law firm that provides free legal assistance to people in 14 counties in western New York:

- *Free legal services to low-income people and other vulnerable populations in civil law.*
- *Priorities: SSI disability benefits; housing (private landlord-tenant/public, subsidized housing, and homeowner's problems), family law, seniors, domestic violence, special education law, and community legal education.*
- *Domestic violence.*
- *Seniors with general civil legal problems in Ontario, Seneca, Wayne, and Yates counties.*
- *Crime victims.*
- *Home-based childcare providers with business law problems in Livingston, Ontario, and Wayne counties.*
- *Pregnant and parenting minors with civil legal problems who reside in Livingston, Ontario, & Wayne counties.*
- *People, for whom Spanish is their primary language, with economic security problems*

1-866-781-LAFL (5235) or 315-781-1465 Fax: 1-315-781-2565 www.lawny.org

NYS Reentry Hotline

1-80 766-6177

Adoptive and Foster Family Coalition Help Line

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

**87 N. Clinton Ave, Rochester, New York 14604
888-354-1342 <http://www.affcnny.org>**

Catholic Charities

**87 N. Clinton Ave, Rochester, New York 14604
*Family and Community Services KIN Program***

Empire Justice Center

1 West Main Street, Rochester NY 14614

Education Law, Employment Discrimination, Foreclosure Prevention, Health Care, SSI & SSD, Victims of Crime, Civil Rights/Discrimination, Disability.

585-454-4060 <https://empirejustice.org>

The Housing Council at PathStone, Inc.

75 College Avenue, 4th Floor, Rochester NY 14607

585-546-3700 www.thehousingcouncil.org

Legal Aid Society of Rochester

1 West Main Street, Rochester NY 14614

Attorney for the Child, Educational Law, Family Law, Housing & Consumer Law, Immigration Law Unit. **585-232-4090 www.lasroc.org**

National Center for Missing & Exploited Children

275 Lake Avenue, Rochester NY 14608

800-843-5678 (24-hour) 585-242-0900 www.missingkids.org

New York State Executive Department, Division of Human Rights

259 Monroe Avenue, Room 308, Rochester NY 14607

585-238-8250 www.dhr.ny.gov

New York State Missing Persons Clearinghouse

800-346-3543 www.criminaljustice.ny.gov

NYS Office of Children and Family Services (OCFS)

New York Statewide Central Register. **518-473-7793 <https://ocfs.ny.gov/main/>**

Adult Protective Services

844-697-3505 (24 Hours)

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Child Abuse Hotline

800-342-3720 (24 Hours)

Info. line (child care, adoption, foster care) 800-345-5437 (24 Hours)

**New York State Office of Children and Family Services (OCFS)
Division of Child Welfare and Community Services
259 Monroe Avenue, 3rd floor, Rochester NY 14607
585-238-8201**

**New York State Sex Offender Registry
518-457-5837 <https://www.criminaljustice.ny.gov/>**

Synthetic Drug Abuse, Manufacturing, and Distribution Reporting 888-997-2587

**United States Department of Health and Human Services/HIPAA
800-368-1019 www.hhs.gov/hipaa**

**United States Citizenship and Immigration Services
306 Delaware Avenue, Buffalo NY 14202
213 South Salina Street, Syracuse NY 13202
800-375-5283**

**Wayne County District Attorney
30 Church Street, Lyons NY 14489
315-946-5905**

**Wayne County Family Court
54 Broad Street, Lyons, NY 14489**

**Wayne County Probation
7376 Route 31, Suite 1100, Lyons, NY 14489
315-946-7448**

**Yates County Probation
415 Liberty St, Penn Yan, NY 14527
315-536-5155 <https://www.yatescounty.org/208/Probation>**

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Yates County PINS Diversion

315-536-5183 <https://www.yatescounty.org/208/Probation>

Wayne County Office of Victim-Witness Services

315-946-5913

Center for Dispute Settlement

415 Liberty St, Penn Yan, NY 14527

315-531-3409 <https://www.cdsadr.org/?q=yates-county> Email: info@cdsadr.org

Support Collections Unit

417 Liberty St, Penn Yan, NY 14527

888-208-4485 <https://www.yatescounty.org/317/Social-Services>

Worksite Lactation Policy

Let Ontario County Public Health help you create a worksite lactation policy that complies with NY State Law.

585-396-4343

CDC Toolkit -Worksite Lactation Policy

(English) <https://www.cdc.gov/breastfeeding/index.htm>

(Spanish) <https://tinyurl.com/2p9axbx6>

Finger Lakes Legal Care

A project of Law NY. Centralized goal of improving health and well-being for vulnerable populations by meeting legal needs. **585-450-3718**

Southern Tier Legal Services

16 W. William St., PO Box 272 Bath, NY 14810

Monday-Friday, 9:00 am – 5:00 pm. Cancer Services, Domestic Violence, Homelessness Prevention, Legal Services, Pro Bono, Divorce Program, Volunteer Lawyers Project. **607-776-4126 877-776-4126**

LIFELINE 9-8-8

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Spanish-speaking counselors & translation services available. 24/7 crisis/suicide intervention, information/referral line for Monroe, Wayne, Ontario, Livingston, Cayuga & Seneca Counties. Info re emergency food/shelter/clothing, crisis counseling, substance abuse, employment, financial/legal issues, physical/mental health needs.

Comprehensive resource list of >2500 agencies & programs.

Dial 9-8-8 or 1-877-356-9211 <https://988lifeline.org/> Fax: 585-327-5518

MEDICAL

Immunizations for travel (Upstate Passport Health/Roch Travel) 1-855-729-2479
Immunizations (Ontario County Public Health) 1-800-299-2995

COVID-19 Information Hotline 1-888-364-3065
COVID-19 Emotional Support (Project Hope Hotline) 1-844-863-9314

HOSPITALS

Clifton Springs Hospital and Clinic
2 Coulter Road, Clifton Springs, NY
315-462-9561

Newark-Wayne Community Hospital
1200 Driving Park Avenue, Newark NY 14513
General Information 315-332-2022
Emergency Department 315-332-2290

Rochester General Hospital
1425 Portland Avenue, Rochester NY 14621
General Information 585-922-4000
Emergency Department 585-922-3469
www.rochestergeneral.org

Strong Memorial Hospital- University of Rochester Medical Center
601 Elmwood Avenue, Rochester NY 14642
General Information 585-275-2100
Emergency Department 585-275-4551

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Thompson Health

350 Parrish Street, Canandaigua NY 14424

General Information 585-396-6000

Emergency Department 585-396-6820

UR Medicine Finger Lakes Health (Geneva General Hospital)

196 North Street, Geneva NY 14456

315-787-4000

MEDICAL PROVIDERS

Article 16 Clinic, ARC Wayne

150 Van Buren Street, Newark NY 14513

315-331-7741 ext. 311

Calkins VA Clinic

260 Calkins Road, Rochester NY 14623

585-463-2600

Mosaic Health

2 Rubin Drive, Rushville NY 14544

585-554-4400

Newark Community Health

513 West Union Street, Newark NY 14513

315-573-7577

Sodus Community Health

6341 Ridge Road, Sodus NY 14551

315-483-1199

Trillium Health

259 Monroe Avenue, Rochester NY 14607

585-545-7200

Brown Square Health Center

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

585-254-6480 www.jordanhealth.org
322 Lake Avenue Rochester, NY 14608

Mercy Community Services
142 Webster Avenue Rochester, NY 14609
585-288-2634 www.mercycommunityservices.org

Jefferson Family Medicine
924 Jefferson Avenue Rochester, NY 14611
585-463-3870 www.jeffersonfamilymed.com

Finger Lakes Community Health (FQHC)
315-781-8448 or 1-800-346-2211

Geneva Community Health
315-521-0234

Community Health Care Association of NYS Appointment Helpline
1-800-346-2211

Jordan Health Center (Canandaigua, FQHC)
585-396-0222

Arnolt Health (Bath and Elmira)
800-952-2662 <https://www.arnohealth.org/covid-testing-treatment-info>

PEDIATRICIANS

Canal Park Family Medicine
1900 Rt 31, West Wayne Plaza, Macedon NY 14502
315-986-1336

Gananda Family Medicine
1200 Fairway 7 Macedon, NY 14502
315-359-2830

Lyons Health Center

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

**12 Leach Road, Lyons NY 14489
315-946-6075**

**Newark Pediatrics
1200-1208 Driving Park Ave, Newark NY 14513
315-359-2660**

**Sodus Pediatrics
6692 Middle Road, Sodus NY 14551
315-483-3205**

**Williamson Family Medicine
4425 Old Ridge Road, Williamson NY 14589
315-483-3280**

**WNY Finger Lakes Medical Associates Pediatrics
200 North Street, Geneva NY 14456
315-787-5200**

**Wolcott Internal Medicine
6254 Lawville Road, Wolcott NY 15590
315-594-9444**

**Westside Pediatric Group
497 Beahan Road Rochester, NY 14624
585-247-5400 www.westside-pediatrics.com**

OTHER

**American Red Cross of Greater Rochester
825 John Street, West Henrietta NY 14586
Lifesaving instruction and certification skills.
585-241-4400**

Catholic Charities of the Finger Lakes (Emergency Services Program)
Provides financial assistance for other needs such as prescriptions, glasses, formula, transportation cost, or some OTC products, based on need and funds available.

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Canandaigua Office 585-394-0190
Geneva Office 315-789-2235

Medical Answering Services (MAS) Transportation Services
855-852-3295 www.medanswering.com

Medicine Assistance Tool (MAT)
Offers information and application tools for patient assistance programs for those having difficulties paying for medications. 571-350-8643 www.mat.org

Rochester Medical Transportation
585-288-3444 www.rochestermedicaltransportation.com

Wayne County Rural Health Network
6692 Middle Road, Suite 2200, Sodus, NY 14551
315-483-3200

Wayne County Rural Ministry Come- Unity Center, Inc
4170 Main Street, Williamson NY 14589
Prescription cost assistance. 315-589-8105

Growing Up Healthy (Referral Service)
1-800-522-5006
https://www.health.ny.gov/community/pregnancy/health_care/prenatal/guh.htm

OnTrackNY Rochester (Ages 16-30)
585-360-4129 585-241-1364 <https://ontrackny.org/>

Prescription Assistance 1-800-503-6897 www.NeedyMeds.org

Visiting Nurse Care (UR Homecare) 1-800-253-4439

Share The Care 212-991-9688 www.sharethecare.org

Caregiver Support Program (Yates County Office for the Aging)
417 Liberty Street, Suite 1116, Penn Yan, NY 14527
(315) 536-5515 <http://proactioninc.org/thriving-seniors/>

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Smith Asthma & Allergy Specialists (Horseheads)

607-684-6115 <https://smithallergy.com/>

Southern Tier Medical Care (Painted Post & Horseheads)

607-240-2535 <https://healthcare.ascension.org/>

Visiting Nurses Association (VNA)

356 W. Washington St., Bath, NY 14810

MENTAL HEALTH

Suicidal or Homicidal thoughts: CALL 9-1-1

Counseling <https://www.omh.ny.gov/>

Mental/Behavioral <https://www.unitedwestandcac.org/mentalbehavioral-health>

Community Health Access to Addiction & Mental Healthcare Project (CHAMP)

A Free & Confidential Ombudsman Program to Help Resolve Issues in Accessing Substance Use & Mental Health Services. 888-614-5400 ombuds@oasas.ny.gov

INPATIENT

Comprehensive Psychiatric Emergency Program (CPEP)- Clifton Springs Hospital

2 Coulter Road Clifton Springs NY 14432

315-462-1080

Comprehensive Psychiatric Emergency Program (CPEP)- UofR Medical Center

601 Elmwood Avenue, Rochester NY 14642

585-275-4501

Elmira Psychiatric Center (Children)

100 Washington St. Elmira NY 14901

Located in the Southern Tier and Finger Lakes Regions of Upstate New York, provides Inpatient care and Community Based Psychiatric Services.

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

607-737-4905 607-737-4711

<https://www.omh.ny.gov/omhweb/facilities/elpc/index.htm>

Email: elmirapc@omh.state.ny.us

Rochester Psychiatric Center

1111 Elmwood Ave, Rochester, NY 14620

Individualized Psychiatric Treatment & Rehabilitation Services.

585-241-1200 <https://www.omh.ny.gov/omhweb/facilities/ropc/>

OUTPATIENT BEHAVIORAL HEALTH

Wayne County Open Access Center

Mon-Fri 7am-4pm Sat 8am-4pm Sun 8am-1pm

315-946-5750

RPC Mobile Integration Team Crisis Response

1111 Elmwood Avenue, Rochester NY 14620

Service/Intake 585-241-1812 ext. 2

Main 585-241-1200

Life Line, Health Association of Rochester and Monroe County

One Mt Hope Avenue Rochester, NY 14620

Telephone crisis line for all emergency and non-emergency mental health, medical, and human service issues. Link to all services in the country, including poison control, mental health suicide, alcohol and drug abuse for teens. Fees: none.

585-275-5151 (24-hour) www.monroecounty.gov

Catholic Family Service of Rochester

87 N. Clinton Avenue Rochester, NY 14604

Individual and family counseling on topics including marital problems, family relations, stress, loss of a loved one, sexual, child abuse and alcoholism, and teen pregnancy. Support groups for a variety of topics. Fees: sliding scale, accept Medicaid.

585-232-1840 www.cfcrochester.org

Strong Behavioral Health

300 Crittenden Boulevard Rochester, NY 14642

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Diagnosis and treatment for all mental health issues for all ages. Inpatient and outpatient services, group therapy, discussion groups, and support services. Fees: sliding scale, Medicare/Medicaid. 585-275-3535 www.urmc.rochester.edu

Wayne Behavioral Health Network
1519 Nye Road Lyons NY 14489
315-946-5722

ARC of Wayne
Children and Family Treatment and Support Services (CFTSS)
150 Van Buren Street, Newark, NY 14513
315-331-7741 ext. 1441

Catholic Charities of the Finger Lakes
180 E Union Street, Newark NY 14513
Childhood Counseling and Intervention Program works with local school districts in Wayne County to provide services to children in grades K-6 and their families, as well as families with children in Pre-K. 315-331-4867

Catholic Charities of Steuben County
Turning Point 23 Liberty Street Bath, NY 14810
Provides food, case management, mentoring, and short-term financial help which may include assistance with utilities, shelter, transportation, and prescription needs.

Bath	607-776-4575
Corning	607-962-0704
Hornell	607-324-3457
Canisteo (Steuben County Rural Ministry)	607-698-4725

Clifton Springs Behavioral Health
2 Coulter Road, Clifton Springs, NY 14432
315-462-1080

Family Counseling Services of the Finger Lakes
Mental health, family services, trauma-related services.
150 Van Buren St Newark NY 14513 **315-789-2613**
671 South Exchange Street Geneva, NY 14456 **315-789-2613**
<http://www.fcsfl.org/> familycounseling@fcsfl.org

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Finger Lakes Community Health

Mental health, substance abuse, and behavioral health counseling services.

Newark Community Health

513 West Union Street, Newark, NY 14513

315-573-7577

Sodus Community Health

6341 Ridge Road, Sodus NY 14551

315-483-1199

URMC Deaf Wellness Center

300 Crittenden Boulevard, Rochester NY 14642

DWC is a program of the University of Rochester Medical Center, based in its Department of Psychiatry. 585-273-5050 (voice)

Evaluation & Psychotherapy Appointments 585-286-5041

(Videophone for voice callers or VP users)

Boike Marriage, Family, and Individual Counseling

3180 West Street, Canandaigua, NY 14424

585-710-9563 or 585-394-1442 (Wednesdays)

<http://boikepb.com/> Boike3180@BoikePB.com

Canandaigua Psychotherapy Associates

527 North Main Street, Canandaigua, NY 14424

585-337-6119 <https://www.wellness.com/dir/3181781/counselor/ny/>

Clifton Springs Outpatient Behavioral Health/ CPEP Crisis

2 Coulter Road, Clifton Springs, NY 14432

585-922-9900 <https://www.rochesterregional.org/services/behavioral-health/>

Clinical Associates of the Finger Lakes (Victor)

590 Fishers Station Drive, Suite 130 Victor, NY 14564

585-924-7207 <http://www.clinassoc.com/>

Lakeview Mental Health Services (Canandaigua)

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

**193 Parrish Street, Canandaigua, NY 14424
585-394-7335 <https://www.lakeviewhs.org/>**

**Lakeview Mental Health Services (Geneva)
609 West Washington Street, Geneva, NY 14456
315-789-0550 <https://www.lakeviewhs.org/>**

**Mental Health Association
120 North Main Street, Canandaigua, NY 14424
585-325-3145x501 <https://www.mharochester.org/services/ontario-county/>**

**Ontario County Mental Health
3019 County Complex Drive, Canandaigua, NY 14424
585-396-4363 <http://www.co.ontario.ny.us/index.aspx?nid=99>**

**Wayne County Behavioral Health Network
1519 Nye Rd., Lyons, NY 14489
315-946-5722 <https://web.co.wayne.ny.us/175/Behavioral-Health>**

**Canandaigua Lake Counseling Services
42 North Main Street Canandaigua, NY 14424
585-919-0014 <https://www.canandaigualakecounselingservices.com/>**

**Victor Counseling Practice
6539 Anthony Drive, Suite A Victor, NY 14564
585-398-8835**

**Keuka Counseling- A Healing Journey
1120 Old Pines Trail, Penn Yan, NY 14527
315-536-0349**

**Wise Tree Therapy- Melissa Cantiello, LCSW
215 Main St, Penn Yan, NY 14527
646-783-8179 melissa@wisetreetherapy.com**

**Joseph Peters-LCSW
128 Lake St, Penn Yan, NY 14527**

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

315-536-9976 jthypno@aol.com

Tanya Nesbit Baker- LPN, LMSW
1120 Old Pines Trail, Penn Yan, NY 14527
315-719-9936

Deborah L. Casson- PMHNP, CNS-BC, MS
1120 Old Pines Trail, Penn Yan, NY 14527
585-789-0221

Sherri Borglum- MA, LCAT, ATR-BC, CASAC, CHT
21 Main St, Penn Yan, NY 14527
716-989-5652 sherriborglum@gmail.com

Janet Lewis, MD- Psychiatrist
4093 Friend Rd, Penn Yan, NY
315-536-6050

Gaining Awareness through Education (GAIN) 315-789-1709

Southern Tier Mobile Integration Team (MIT) 844-435-7648

Steuben County Community Mental Health Center
Clinic Treatment, Children and Family Services, PROS services, Community Support Services, Family Centered intensive Case Management.
115 Liberty St, Bath NY 14810 607-664-2255 Fax: 664-2161
114 Chestnut St, Corning NY 14830 607-324-2483 Fax: 324-3883
7454 Seneca Rd, Hornell NY 14843 607-937-6201 Fax: 937-5553
Emergency Crisis Services 607-937-7800 (24-hour)

Community Mental Health Center
115 Liberty St., Bath, NY 14810
Adult Clinic 607-664-2255
Children & Families 607-664-2487

114 Chestnut Street, Corning, NY 14830 607-937-6201

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

7454 Seneca Road N, Hornell, NY 14843

607-324-2483

RESIDENTIAL TREATMENT FACILITIES

Elmira Psychiatric Center

100 Washington Street, Elmira NY 14902

Main

607-737-4905

Crisis Line

607-737-4711

Hillside Day Treatment Program (Crestwood Campus)

2075 Scottsville Road, Rochester NY 14623

585-256-7500

Lakeview Health Services

609 West Washington Street, Geneva, NY 14456

315-789-0550

Monte Nido and Affiliates of Western New York

6608 Boughton Hill Rd, Victor, NY 14564

Residential Eating Disorder Treatment Center

585-440-6622 888-228-1253

PSYCHIATRIC/ PARTIAL HOSPITALIZATION

Finger Lakes Comprehensive Psychiatric Emergency Program (CPEP)

2 Coulter Road, Clifton Springs NY 14432

Service/Intake 315-462-1080 (FL CPEP Main Office)

Service/Intake 585-275-5151 (2-1-1/LIFE LINE)

Main 315-462-9561

Main 315-462-1911 (Emergency Department)

New York State Office of Mental Health Rochester Psychiatric Center

Smith Road Community Residence

446 Smith Road, Webster NY 14580

585-241-1776

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

**Tuckahoe Road Children's Community Residence
3300 Dewey Avenue, Rochester, NY, 14616-3795**

**Wayne Behavioral Health Network
1519 Nye Road Lyons NY 14489
315-946-5722**

UR Medicine Mental Health and Wellness
Offers both child and adult partial hospitalization programs.

**Adult Program
2617 West Henrietta Road, Rochester, NY 14623
585-276-7620**

**Child Program
1860 South Avenue, Floor 2, Rochester, NY 14620
585-273-1776**

EDUCATION/ RESOURCES FOR MENTAL/BEHAVIORAL HEALTH

National Suicide Prevention Lifeline 800-273-8255

Veterans Crisis Line 800-273-8255 or (text) 838255

The Trevor Project for LGBTQ Youth Text START to 678-678

Ontario County Mental Health 585-396-4363

Office of Mental Health (OMH) <https://omh.ny.gov/>

211 Lifeline <https://211lifeline.org/> Dial: 211 or 1-877-356-9211 Text 898-211

988 Suicide & Crisis Lifeline <https://988lifeline.org/> Dial: 988

American Foundation of Suicide Prevention <https://afsp.org/>

Mental Health Association of Rochester <https://www.mharochester.org/>

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

National Alliance on Mental Illness (NAMI)

<https://www.nami.org/Home>

Substance Abuse and Mental Health Services Administration (SAMHSA)

<https://www.samhsa.gov/>

Crisis Text Line Text

741-741

MISSING CHILDREN – Dial 9-1-1

National Center for Missing & Exploited Children (New York Regional Office)

275 Lake Avenue Rochester, NY 14608-1042

1-800-843-5678 (24-hour) 585-242-0900

<http://www.missingkids.com/NewYork>

ID Me 911

(855) 474-4911 <https://idme911.com/>

PUBLIC HEALTH SERVICES

Always reach out to your local Public Health Department for specific programs and services, but be mindful that they may offer the following Programs and Services: Immunization clinics for children and adults, tuberculosis clinics, maternal child health visits, communicable disease follow-up, rabies clinics, lead poisoning prevention activities, flu clinics and public health education.

Ontario County Public Health Immunization Program

3019 County Complex Drive Canandaigua, NY 14424

Residents of Ontario County are welcome to attend weekly immunization clinics. The clinic offers all childhood vaccines through the federal Vaccines for Children Program. No child is turned away for inability to pay. The clinic also offers some adult vaccine products. Appointments are required. 1-800-299-2995 or 585-396-4343

Wayne County Public Health

1519 Nye Road, Suite 200, Lyons, NY 14489

Main Number

315-946-5749

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

24/7 Emergency After Hours (Ask for Public Health)

315-946-9711

<https://www.wcphny.com/>

Public Health Programs:

Children with Special Needs Program

Early intervention; Child Find; Children with Special Health Care Needs; 3-5 Preschool Special Education Program

Child Safety Programs

Car Seat Safety; Free car seats available for those who cannot afford one, require attendance to the class, and you must be a permanent Wayne County resident with a valid photo ID, and proof of current use of public assistance programs.

Covid-19

Stats & Information; vaccination clinic locations; additional resources.

Emergency Preparedness

Preparing for an emergency; emergency planning for pets.

Immunizations

Public Health holds a monthly immunization clinic for children and adults from 1:00pm – 3:45 pm, on the 3rd Wednesday of every month. Must be by appointment.

Lead Poisoning Prevention

Maternal Child Health

Breastfeeding support with Certified Lactation Consultants can provide free in-home visits, breastfeeding support, and education for breastfeeding moms and/or anyone interested in breastfeeding.

Rabies Program

Tuberculosis Program Wayne County Public Health provides Tuberculosis Skin Testing (TST) clinics every Monday (except holidays) from 9am to 11am, walk-ins welcome.

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Monkeypox Education

Nicotine Cessation and Prevention Program

Wayne Health Improvement Partnership (WHIP)

The Wayne Health Improvement Partnership is a partnership of community organizations and county departments that have come together to develop a plan and a unified approach to improve the health of Wayne County residents.

Steuben County Public Health

3 East Pulteney Square Bath, NY 14810

Monday –Friday, 8:00 AM–5:00 PM. Adult and Child Immunization Clinics, STD/HIV Clinics, Communicable Disease Surveillance, and Control Rabies, Control Lead Poisoning Prevention Services, Tuberculosis screening and treatment Emergency Planning, Tobacco Prevention and Cessation, Diabetes Prevention Program, Promote healthy lifestyles & healthy communities. 607-664-2438 (after hours- 1-800-836-4444)

PARENTING CLASSES/PARENTING ISSUES

Paternity and DNA Questions 1-888-404-4363

Planned Parenthood (Canandaigua) 1-866-600-6886

Special Care OB/GYN (Specializes in drug & alcohol pregnancies) 585-487-3350

Finger Lakes Community Action Program

51 Broad Street, Lyons NY 14489

315-333-4155 x-3301 <https://www.fingerlakescommunityaction.org/ace>

Family Programs Assisting Children Through Transition (ACT)

The primary focus of the program guides parents on ways they can reduce the stress of family changes and protect their children from the negative effects of parental conflict.

Parents Interested in Nurturing Effectively (PINES)

This Course promotes positive strategies for strengthening the family bond.

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Healthy Families (Child and Family Resources)

671 South Exchange Street Geneva, NY 14456

1-800-881-5786 315-781-1491 x216 <http://www.cfresources.org/>

Cornell Cooperative Extension

480 North Main Street Canandaigua, NY 14424

585-394-3977 <http://cceontario.org/home-family/parenting-workshops>

F.F. Thompson Health Birthing Center Classes

Classes may be offered in-person or by zoom Call for more information

585- 396-6497 <https://www.thompsonhealth.com/Education/BirthingClasses>

Family Hope Center

551 Exchange Street, PO Box 733 Geneva, NY 14456 315-789-0708 Fax:

315-789-3410 <http://www.familyhopecentergeneva.org/>

Family Counseling Service of the Finger Lakes

671 Exchange Street, Geneva, NY 14456

315-789-2613

514 South Main Street, Canandaigua, NY 14424

1-800-695-0390

<http://www.fcsfl.org/>

Steuben County Women, Infants and Children Program (WIC)

117 East Steuben Street, Bath, NY 14810

Monday – Friday, 8:30 am – 4:30 pm. Supplemental foods along with nutrition and health information provided to eligible pregnant and postpartum women, infants, and children up to age 5 Breastfeeding education and support program, including breast pumps Referrals for alcohol and substance abuse programs High-risk follow-up on an individual basis Referrals for immunizations, lead screening, medical/dental care, and many other support services as needed. 607-776-1151 607-776-2125 ext 220

Share The Care

Caregiver Support

212-991-9688 www.sharethecare.org

Caregiver Support Program (Yates County Office for the Aging)

417 Liberty Street, Suite 1116, Penn Yan, NY 14527

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

(315) 536-5515 <http://proactioninc.org/thriving-seniors/>

POLICE DEPARTMENTS, TOWN/VILLAGE

Ontario County Sheriff's Department
3045 County Complex Drive, Canandaigua, NY 14424
585-394-4560

Wayne County Sheriff's Department
7376 NY-31, Lyons, NY 14489
315-946-9711

Yates County Sheriff's Department
227 Main St., Penn Yan, NY 14527
315-536-4438

Steuben County Sheriff's Department
7007 Rumsey St., Extension, Bath, NY 14810
607-622-3901

Monroe County Sheriff's Department
130 S. Plymouth Ave., Rochester, NY 14614
585-753-4178

New York State Police, Troop E
1569 State Route 332, PO Box, 25220 Farmington, NY 14425

Main	585-398-4100
Drug Tip Line	315-781-0096
Ontario County Probation	585-396-4222
Juvenile Aid Bureau	585-396-4675
Youth Court	585-396-4519

PREGNANCY PROGRAMS

Birthright International of Rochester

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

**320 N. Washington St Suite 116 Rochester, NY 14625
585-385-2100 <https://birthright.org/rochesterny>
1-800-550-4900 (24-hour)**

**Care Net Pregnancy Center
120 North Main Street Suite 28 Canandaigua, NY
585-393-0437 <http://www.carenetcan.org/>**

**1141 E. Union St., Newark, NY 14513
315-573-7833 <https://www.carenetofwaynecounty.com/>**

**Catholic Charities of the Finger Lakes
120 North Main Street, Suite 40 Canandaigua, New York 14424
585-394-0190 <http://www.catholiccharitiesfl.org/>**

**94 Exchange Street Geneva, NY 14456
315-789-2235 <http://www.catholiccharitiesfl.org/>**

**Child & Family Resources <http://www.cfresources.org/>
514 South Main Street Canandaigua, NY 14424 585-919-2476
671 South Exchange Street Geneva, NY 14456 315-781-1491
263 Lake Street Penn Yan, NY 14527 315-536-1134**

**FF Thompson Hospital Birth Center
350 Parrish Street Canandaigua, NY 14424
585-396-6000**

**Healthy Families- Finger Lakes Community Action Program
28 Canal Street, Lyons NY 14489
Service/Intake 315-331-4155 x-3205
Main 315-331-1259**

**Healthy Families- Steuben County
<https://ccsteubenlivingston.org/our-services-2/help-for-families/healthy-families/>**

RUNAWAY YOUTH SERVICES

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

National Runaway Safeline

1-800-786-2929 <http://www.1800runaway.org/>
<https://www.1800runaway.org/youth-teens>

Wayne County Department of Aging & Youth (Runaway & Homeless Services)
315-946-5624

SENIOR SERVICES

Alzheimer's Association 585-760-5400 <https://www.alz.org/rochesterny?set=1>

ProAction of Yates

315-536-5515 <https://proactioninc.org/programs/thriving-seniors/#information>

Paul's Place (Drop-In Respite Program)

St. Paul's

135 Hamilton St, Penn Yan, NY 14527

For Caregivers & Early Stage Alzheimer's/Dementia Patients. Every 3rd Thu @10:30-2:30pm. 315-536-0838 Email: umcthelivingwell@gmail.com

Dundee United Methodist Church

For Caregivers & Early Stage Alzheimer's/Dementia Patients. Every 1st Thu @10:30-2:30pm. 607-243-7242 Email: umcthelivingwell@gmail.com

The Finger Lakes Alzheimer's Caregiver Institute

200 Meridian Centre Blvd Suite 110, Rochester, NY 14618

The program offers Care Consultation, Family Consultation, Support Groups, Education & Training, Healthcare Coordination, Peace of Mind Planning, Memory Care Wellness, Social Activities, Respite Care.

800-272-3900 (24/6 Helpline) <https://www.alz.org/rochesterny>

Lifespan Rochester

1900 S. Clinton Ave. Rochester, NY 14618

Providing services for older adults and caregivers. See website for all services provided.
<https://www.lifespan-roch.org/>

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Project Lifesaver- Wayne County Behavioral Health

A free program through Wayne County Behavioral Health with no strict eligibility guidelines. An individual who is at risk of wandering can wear a battery operated personalized waterproof GPS wristband that emits a tracking signal. The individual's picture and personal information are given to 911 upon registration. When the caregiver notifies 911 that the person is missing, Wayne Behavioral Health works with Wayne County Sheriffs to locate the lost or wandering individual. 315-946-5722

RESTORE and OASAS- Finger Lakes Community Action

Residential Emergency Services to Offer Repairs to the Elderly Home Modification Program (RESTORE) An assistance program for low-income, elderly homeowners in Wayne, Cayuga, and Ontario counties. This program was designed to eliminate unsafe conditions in the home where the homeowner cannot afford the cost of emergency repairs within a reasonable period, as determined by FLCA. 315-333-4155

Older Adults Safe And Sound Home Modification Program (OASAS) A program designed to provide low-income senior citizens with temporary ramps, shower grab bars, comfort height toilets, fixing uneven floor repairs, and much more, seniors can feel safer and more independent in their homes. This is a free service to those who meet eligibility requirements. 315-333-4155

Share The Care

Caregiver Support

212-991-9688 www.sharethecare.org

Caregiver Support Program (Yates County Office for the Aging)

417 Liberty Street, Suite 1116, Penn Yan, NY 14527

315-536-5515 <http://proactioninc.org/thriving-seniors/> 315-279-4321

Care First

3805 Meads Creek Rd., Painted Post, NY 14870

607-962-3100 <https://carefirstny.org/>

Wayne County Department of Aging and Youth Aging Services

Health, Nutrition, & Wellness

Lunch Club 60

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Medicare Insurance

Our experienced insurance counselors can help you compare policies to find the ones that meet your coverage and pricing needs. This service is offered at no cost.

NY Connects

NY Connects is part of a statewide initiative to provide a single, coordinated system for accessing the spectrum of long-term care services. Long-term care includes everything from home-delivered meals and transportation options to aide service and care at a nursing home.

Caregiver Services

Lifetime Care and Trusted Choice Homecare aide service; case management; caregiver support; legal assistance; personal emergency response system units available; transportation coordination; caregiver workshops; helpful links for resources for caregivers

Aging Information

Helpful links

Wayne County Aging and Youth Caregiver Support Group

1519 Nye Road, Suite 300, Lyons, NY 14489

2nd Wednesday of the Month Via Zoom From 12:30 pm - 1:30 pm

315-946-5624 <https://web.co.wayne.ny.us/157/Aging-Youth>

Licensed Home Care Service Agencies (LHCSA)

Provide hourly nursing care and homemaker, housekeeper, personal-care attendants and other health and social services. Services are available to clients who have private insurance and those who pay privately.

Angels in Your Home

1495 Lake Ave, Rochester, NY 14615

585-392-1118

Blossom: Modern Home Care Solutions of WNY

70 Carlson Road, Rochester, NY 14610

585-546-1600

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Caregivers Home Care

**5297 Parkside Drive, Bldg 300, Canandaigua, NY 14424
585-394-6090**

Community Care Home Health Services

**339 East Ave., 2nd Fl, Suite 201, Rochester, NY 14604
585-454-4930 888-886-2433**

HCR Home Care

**85 Metro Park, Rochester, NY 14623
585-272-1930 www.hcrhealth.com**

Maxim Healthcare Rochester

**150 State St., Suite 300, Rochester, NY 14614
585-454-3550**

NurseCore of Rochester

**1302 Scottsville Road, Rochester, NY 14624
585-341-4499**

Professional Assistance for Seniors

**97 Canal Landing Blvd., Suite 10, Rochester, NY 14626
585-465-5754**

Rochester Regional Home Care and Hospice

**800 West Miller Street, Newark, NY 14513
585-214-1000**

Serenity Home Care, Inc.

**100 Assembly Drive. Mendon, NY 14506
585-624-4550**

URMC Home Care

**2180 Empire Blvd. Webster, NY 14580
585-787-2233**

Guthrie Home Health (Cortland)

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

800-327-8039 <https://www.guthrie.org/services-treatments/home-health>

Guthrie (Corning and Big Flats)
866-488-47423 <https://www.guthrie.org/>

Kindred at Home (Formerly Gentiva)
11849 E. Corning Rd., Corning, NY 14830
607-962-0102
<https://www.centerwellhomehealth.com/about-us/find-care-near-you/>

COMPANION CARE/ HOUSEKEEPING AGENCIES

America Homecare
4515 Culver Rd. Suite 208, Rochester, NY 14622
585-748-0828 <https://americahomecare.org>

Caring Hearts of Rochester
95 Allens Creek Rd, Bldg. 1, Suite 104, Rochester, NY 14618
585-245-0134 www.caringheartsofrochester.com

Comfort Keepers
1163 Pittsford Victor Rd #215, Pittsford, NY 14534
585-204-6067

Touching Hearts at Home
3495 Winton Place, Bldg E, Suite 120, Rochester, NY 14623
585-271-7390 <https://touchingheartsny.com/>

Elder Law & Justice Legal Advice
1-844-481-0973 <https://www.elderjusticenyc.org/>

Law NY
361 South Main Street, Geneva, NY 14456
Free legal support for housing issues, fraud, consumer issues, and additional elder law services. 315-781-1465 <https://www.lawny.org/>

HOME DELIVERED MEALS

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Many listed home care service agencies can assist with coordination of home delivered meals.

ARC Wayne

150 Van Buren Street, Newark, NY 14513
315-879-8350 or 315-879-8351

Wayne County Department of Aging and Youth

1519 Nye Road, Suite 300, Lyons, NY 14489
315-946-5624 <https://web.co.wayne.ny.us/157/Aging-Youth>

SKILLED NURSING SERVICES/HOSPICE

Episcopal SeniorLife Communities

585-546-8400 <https://episcopalseniorlife.org>

The Friendly Home

3156 East Avenue, Rochester NY 14618
585-381-1600 www.friendlyhome.org

The Hurlbut Nursing & Rehabilitation

1177 E Henrietta Road, Rochester NY 14623
585-424-4770 www.HurlbutCare.com

Kirkhaven

254 Alexander Street, Rochester NY 14607
585-461-1991 www.kirkhaven.com

Laurel House Comfort Care

224 Fair Street Newark, NY 14513
315-573-7028 <https://laurelhousecomfortcare.org/>

Monroe Community Hospital

435 E Henrietta Road, Rochester NY 14620
585-760-6500 www.monroehosp.org

Pines of Peace Comfort Care Home

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

2378 Ridge Road, Ontario NY 14519
315-524-2388 www.pinesofpeace.org

Rochester Regional Health (Home Care and Hospice)
800 West Miller Street, Unit 6, Newark NY 14513
800-562-1650 or 315-331-7990 www.rochesterregional.org/home-hospice

St. John's Senior Services
150 Highland Avenue, Rochester NY 14620
585-760-1300 www.stjohnsliving.org

Webster Comfort Care Home
700 Holt Road, Webster NY 14580
585-872-5290 www.webstercomfortcare.org

SENIOR CENTERS

Brown Square Village Apartments
2100 Brown Square, Ontario, NY 14519
315-524-3034

Clyde United Methodist Church
84 Sodus St. Clyde NY 14433
315-359-3119

Emmanuel United Methodist Church
301 E. Miller St, Newark, NY 14513
315-331-8755

Sodus Senior Center
47 Maple St., Suite 200 Sodus, NY 14551
315-729-1490

Village Park and Club Rooms
149 E. Main St., Palmyra, NY 14522
315-597-4015

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

585-396-9352 1-866-600-8668 <http://www.plannedparenthood.org/>

HIV/AIDS RESOURCES

HIV is the virus that causes AIDS. It is transmitted through the blood, semen, or vaginal secretions of infected persons. It is not transmitted through casual contact. Because you can't tell if someone is HIV positive by looking at them, it is important to use latex condoms when you have sex and avoid sharing IV drug needles/kits. If you do not know your HIV status, get tested. Treatment is available & works well at preventing progression to AIDS.

The NYS Department of Health offers free and anonymous HIV counseling and testing at various locations in the Finger Lakes area. Bilingual Staff (Spanish) interpreters are available.

NYS HIV/AIDS Hotline (English)

1-800- 541-2437

AIDS/HIV Hotline 1-800-541-AIDS (English)

1-800-233-7432 (Spanish)

New York State AIDS/HIV/STI/HCV Hotline

Anonymous HIV testing and counseling and referrals. Education and information about HIV testing is done by appointment. Fees: none. 1-800-541-2437

AIDS Network of Western New York

266 Elmwood Avenue Buffalo, NY 14222

716-882-7840 <https://endhivwny.com/>

Trillium Health (Formerly AIDS Care)

259 Monroe Avenue Rochester, NY 14607

Hotline offers crisis intervention, referrals and information about AIDS. The program offers support services to people with AIDS, their families and friends. Support groups, referrals to services and transportation. Fees: none.

585-545-7200 <https://www.trilliumhealth.org/> 800.923.9394 (24/7 Access- PEP)

Action for a Better Community (Aids Education Program)

33 Chestnut St, 2nd fl, Rochester, NY 14604

585-262-4330 ext 3102

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Provides AIDS education and support services to the community, with many services, especially for youths. HIV testing and counseling, case management, support, and referrals for community services. Fees: none. www.abcinfo.org

HIV Testing

**New York State Department of Health (Rochester Field Office)
335 E Main Street, Rochester NY 14604
585-423-8042**

**Infectious Disease Clinic
University of Rochester Medical Center
601 Elmwood Avenue, Rochester NY 14642
585-275-0526**

**Rochester Regional Health
65 Genesee Street, Rochester NY 14611
585-368-3411**

**AIDS/HIV Counseling and Testing Hotline
English 1-800-541-2437 Spanish 1-800-233-9432 <http://www.nyaidslines.org/>**

NYS Department of Health HIV/ STD Testing & Referral 585-423-8081

**HIV And STD Testing Information
Ontario County Public Health
3019 County Complex Drive Canandaigua, NY 14424
1-800-299-2995 <https://ontariocountyny.gov/800/Sexually-Transmitted-Diseases>**

SOCIAL SERVICES

Adult Protective Services	315-946-4881 ext. 1466 (Wayne County)
Adult Protective Services	585-396-4111 (Ontario)
Child Protective Services	800-342-3720 (non-mandated reporter line)

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

800-635-1522 (mandated reporter line)

**Child Support Enforcement Unit The Child Support Helpline (CSH)
1-888-208-4485**

NYS Commission for the Blind

259 Monroe Ave, Room 303, Rochester, NY 14607

Equipment Loan Fund, Vocational Rehabilitation Programs, Independent Living Services, Children Services. 585-238-8110 <https://ocfs.ny.gov/main/cb/>

Wayne County DSS

Foster Care/Adoption Services

Information on becoming a foster parent/adoptive family, and information on pre-certification training classes. Post adoptive services are available through the Wayne County Adoptive Services Team. You will be connected to a DSS Caseworker to assist with identifying service needs and making appropriate referrals. 315-946-4881 ext. 1425.

Fraud Unit

The Fraud and Legal Affairs Unit investigates all instances of possible fraud as it relates to any programs under the Department of Social Services.

Home Energy Assistance Program (HEAP)

HEAP provides assistance with the cost of heating (in winter) or cooling (in summer) to low-income households. This program also provides emergency benefits for households in a heat-related emergency.

Homeless Services

Income Eligible Child Care Assistance

If you are a current recipient of Temporary Assistance through DSS, call you examiner to discuss if you are eligible for Child Care Assistance. If you are not eligible to receive Temporary Assistance but still need Child Care Assistance, call 315-946-4881 ext. 1421, to request a Child Care Application packet. See DSS website for application requirements.

Medicaid

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

The Medicaid division is responsible for determining eligibility for all Medical Assistance Programs not offered by the NY State Office of Health Insurance Programs. The unit is divided into two units: Community and Chronic Care/Supplemental Security Income (SSI)/Aged/Foster Care.

Preventative Services

The Preventive team works with the family to improve the well-being of the family as a whole and the safety and security of the children in those families. PINS.

Supplemental Nutrition Assistance Program (SNAP)

Temporary Assistance Cash assistance program based on income and resources. Assistance can be issued on an ongoing basis or to meet an emergency need for housing or heat/utilities.

Workforce Development

Assists with interview preparation, filling out applications, and preparing resumes and cover letters.

Ontario County Social Services

3010 County Complex Drive, Canandaigua, NY 14424

1-877-814-6907 or 585-396-4060

Steuben County Social Services

3 East Pulteney Square, Bath, NY 14810

607 664-2000 <https://www.steubencountyny.gov/364/Social-Services>

Yates County Social Services

417 Liberty Street, Penn Yan, NY 14527

Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families/Safety Net, Medicaid, Child Support Program, Children's Services, Adult Service, Child Support Program, Home Energy Assistance Program (HEAP), Emergency/Temporary Housing Services.

315-536-5100 <https://www.yatescounty.org/317/Social-Services> 315-536-5183

Monroe County Social Services

111 Westfall Rd., Rochester, NY 14620

<https://www.monroecounty.gov/hs>

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

SUBSTANCE USE

Substance Use/Addiction

<https://www.unitedwestandcac.org/substance-useaddiction>

ADDICTION (DRUGS AND ALCOHOL)

The prescription drugs most commonly misused:

- **Opioid Painkillers** (Codeine, Fentanyl, Hydrocodone, Oxycontin, Percocet, Norco, Morphine)
- **Anti-Anxiety Medicines and Sedatives** (Xanax, Valium, Ambien)
- **Stimulants** (Ritalin, Concerta, Adderall, and Dexedrine)

Narcan 1-800-299-2995

Binge Drinking: When men consume 5 or more drinks, & when women consume 4 or more drinks, in about 2 hours.

<http://www.cdc.gov/alcohol/fact-sheets/bingedrinking.htm>

National Council on Alcoholism & Drug Dependence (NCADD)

217 Broadway, Suite 712 New York, NY 10007

1-800-622-4357 <https://ncadd.us/>

<https://www.samhsa.gov/find-help/national-helpline>

Drug And Alcohol Addiction Information

<https://recovered.org/>

High Risk Obstetrics at Strong Memorial Hospital

585-487-3350

Alcoholics Anonymous of the Finger Lakes (24-hour Phone)

315-789-5955

Finger Lakes Area Intergroup

PO Box 204, Clifton Springs NY 14432

Finger Lakes

315-789-5955

Rochester

585-232-6720

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

<https://fingerlakesaa.org/>

Rochester Area Intergroup

1000 Elmwood Avenue (Greenhouse) Rochester, New York 14620

<https://www.rochesteraa.org/> <https://www.aa.org/>

Al-Anon/Alateen Hotline (General Information)

585-288-0540 <http://www.aisrochester.org/>

Clifton Springs Hospital

2 Coulter Road, Clifton Springs, NY 14432

Inpatient Clinic

315-462-9561

Outpatient Behavioral Health

585-922-9900

Council on Alcoholism and Addictions of the Finger Lakes

620 West Washington Street, Geneva, NY 14456

315-789-0310 <https://councilonalcoholismfingerlakes.org/>

112 Main Street Penn Yan, NY 14527

315-536-2435 www.councilonalcoholism.net/

FLACRA

<http://www.flacra.org/>

1386 Hathaway Drive Suite A, Farmington, NY 14425

585-396-4190

28 East Main Street, Clifton Springs, NY 14432

315-462-9161

246 Castle Street, Geneva, NY 14456

315-781-0771

Mothers Against Drunk Driving (MADD)

MADD's mission is to stop drunk driving, support the victims of this violent crime and prevent underage drinking. 1-877-623-3435 <http://www.madd.org/>

Narcotics Anonymous

<http://na.org/> <https://ncadd-ra.org/>

Ontario County Youth Bureau

3010 County Complex Drive, Canandaigua, NY 14424

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

585-396-4035 <https://ontario-county.wixsite.com/youth-bureau>

Steuben County Alcoholism & Substance Abuse Services (SCASAS)

Providing substance abuse services to Steuben County for over 30 years.

<https://www.steubenpreventioncoalition.org/community-resources.html>

Service Locations:

114 Chestnut Street, Corning, NY 14830	607-937-6201
7454 Seneca Road North, Hornell, NY 14843	607-324-2483
115 Liberty Street, Bath, NY 14810	607-664-2156
After Hours Emergency	607-937-7800

ADDICTION (SMOKING/VAPING)

If you have health insurance, give them a call from your insurer to ask for help to quit smoking or vaping. Many insurance companies have medications and support programs to help you quit.

NYS Smokers/ Vape Quit Line

Will help you quit smoking. Medication patches may be available. Call Monday-Thursday (9 am-9 pm) & Friday-Sunday (9 am-5 pm). <http://www.nysmokefree.com/>

1-866-NYQUITS (1-866-697-8487) (Text) 716-309-4688

American Cancer Society **1-800-227-2345** <http://www.cancer.org/>

American Lung Association **1-800-586-4872** <https://www.lung.org/>

Free nicotine replacement <https://www.nysmokefree.com/register/>

DETOX/ STABILIZATION

Finger Lakes Counseling and Recovery Agency (FLACRA)

28 E Main Street, Clifton Springs, NY

FLACRA's Addiction Crisis Center (ACC) is an immediate care facility for people suffering from the impact of substance use disorder. Services include medical stabilization, detoxification, assessment and referral to treatment.

Main **315-462-9161**

Crisis Line **833-435-2272**

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

<https://www.flacra.org/addictions-crisis-center>

Conifer Park

79 Glenridge Road, Glenville NY 12302

Provides medically supervised detoxification and crisis counseling services to clients on our withdrawal and stabilization unit. This program is designed for clients experiencing withdrawal symptoms, including physical or psychiatric complications, associated with substance dependence. <https://www.coniferpark.com/>

Service/Intake 800-926-6446 (Admissions)

Main 518-419-3855

Highland Hospital

1000 South Avenue, Rochester NY 14620

Has addiction specialists that provide services on an inpatient basis only. We have a medically managed detox program for alcohol withdrawal only, in which patients would need to meet specific medical criteria to be considered for direct admission to the hospital.

Service/Intake 585-341-6424

Toll Free 888-661-6162 (Physician Referral)

Information Desk 585-473-2200

Emergency Dept. 585-341-6880

Villa of Hope

3300 Dewey Avenue, Rochester, NY, 14616-3795

The LIFE House is a place where individuals who require residential rehabilitation can stay to begin the journey to overcoming addiction and substance use disorder. This 14-bed residence is designed to support young adults of all genders ages 13-21 in a safe and welcoming environment.

<https://www.villaofhope.org/drug-treatment-center-rochester-ny/>

Yates County Drug Treatment Court 315-536-5548

RESIDENTIAL

Catholic Charities (Restart Residential)

79 N. Clinton Ave , Rochester, NY 14604-1458

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Our programs are designed to support clients by not only managing their recovery from addiction, but also managing their mental and physical health disorders, improving daily living skills and level of functioning, developing effective coping strategies, building support networks, etc. 585-546-7220

Van Dyke Addiction Treatment Center
1330 County Road #132, Ovid, NY 14521
315-835-6136

OUTPATIENT TREATMENT

Wayne Behavioral Health Network
1519 Nye Road, Lyons, NY 14489

Specializes in the treatment and recovery issues related to alcohol and other drugs of abuse. Services are available in-person, through video telehealth, or by telephone.
315-946-5722

Crouse Health Addiction Treatment Services
2775 Erie Boulevard E, Syracuse NY 13224

Offers an opioid treatment program (methadone maintenance). 315-470-8304

Delphi Rise
72 Hinchey Rd, Rochester, NY 14624

Provides an on-site Outpatient Treatment program including both individual and group counseling services. 585-467-2230

Evelyn Brandon Health Center
81 Lake Avenue, Rochester NY 14608
585-368-6900

Finger Lakes Addictions Counseling & Referral Agency (FLACRA)
FLACRA COTI Opioid Response Team

Services include evaluation, treatment planning, individual counseling, certified one-on-one peer coaching, group sessions, family and youth counseling, relapse prevention, recovery planning, and aftercare services.

833-4-FLACRA or 833-435-2272

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

310 West Union Street, Newark, NY 14513

315-331-3862

28 East Main Street, Clifton Springs, NY 14432

315-462-9161

Huther Doyle

360 East Avenue, Rochester NY 14604

We help individuals and families seeking recovery from substance use disorder and addiction by offering rapid access to evaluation and research-based, individually focused recovery and wellness programs. 585-325-5100

Villa of Hope

3300 Dewey Avenue, Rochester, NY, 14616-3795

Our Outpatient Chemical Dependency Clinic helps individuals recover from addiction in a safe and supportive environment. These outpatient services are intended to provide a comprehensive treatment for adults, adolescents, as well as their families. 585-865-1550

Strong Recovery Chemical Dependency

2613 W. Henrietta Road, Suites C & D, Rochester, NY 14623

Strong Recovery provides a wide range of outpatient treatment options for adolescents 14-18 years old, young adults 18-24 years old, and adults 24 years and up who have a primary substance use disorder. We offer initial intensive group and individual treatment, aftercare, family services, and medication assisted treatment. 585-275-3161

Westfall Associates

919 Westfall Road, Rochester, NY 14618

Is dedicated to offering the finest quality of care and therapy to those suffering from addiction and mental health concerns. Dial diagnosis, consolation therapy, group therapy, medication-assisted therapy, and many other services available at our clinic. 585-473-1500

Action for a Better Community – New Directions

33 Chestnut St Rochester, NY 14604

Services Provided: Chemical Evaluations, Individual Counseling, Mini-Mental Health Assessments, Group Counseling in English and Spanish, Relapse Prevention, Women's and Men's Groups, Specialized Services, Work Readiness Assessments, Recovery Care Management Services, Education Workshops and Presentations , DWI Referrals Accepted, Harm Reduction Group, Support Groups.

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

585-325-5116 ext 3200 www.abcinfo.org

JL Norris Alcohol Treatment Center

111 Elmwood Avenue Rochester, NY 14620

Various treatment programs; support and self-help programs on site, including AA and Narcotics Anonymous; programs for families of alcoholics. Fees: none. 3. National Council on Alcoholism and Drug Dependency www.ncadd.org 1931 Buffalo Road 14624 (585)426-8000 Assessment, referrals, and short-term counseling. Programs for children and families of alcoholics and drug addicts. Fees: none.

585-461-0410 www.oasas.ny.gov/atc/norris

Strong Behavioral Health

300 Crittenden Blvd. Rochester, NY 14642

Outpatient programs for ages 18 and up. Treatment for all drug dependencies and alcoholism. Fees: accept Medicare, Medicaid and other insurance.

585-275-3535 www.urmc.rochester.edu

Farmington (Formerly Turnings Substance Abuse)

585-396-4190

Clifton Springs – Addictions Crisis Center

315-462-7070

Clifton Springs – Outpatient

585-922-9900

Geneva – Outpatient

3

15-781-0771

Penn Yan Outpatient Clinic

2262 Rt 54A, 1 Keuka Business Park, Penn Yan, NY 14527

Evaluations, Treatment Planning, Individual Counseling, Certified One-on-One Peer Coaching, Group Sessions, Family & Youth Counseling, Relapse Prevention, Recovery Planning, Aftercare Services. 315-536-7751 kristin.miller@flacra.org

SUPPORT/ PREVENTION/ EDUCATION

Support Together for the Emotional & Mental Sobriety & Serenity (STEMSS)

173 Main St, Penn Yan, NY 14527

Meetings Mon @ 12pm. 315-789-0550 ext. 2131 or 2143

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

<http://www.lakeviewmhs.org/our-services/community-support-services/recovery-support-services>

Community Health Access to Addiction & Mental Healthcare Project (CHAMP)
A Free & Confidential Ombudsman Program to Help Resolve Issues in Accessing Substance Use & Mental Health Services. 888-614-5400 ombuds@oasas.ny.gov

Alcoholics Anonymous

St. Mark's Episcopal Church

Mon @ 7:30pm & Thu @ 8pm

315-536-3955 <https://www.stmarkspennyan.org/calendar>

St. Michael's Church

312 Liberty St, Penn Yan, NY 14527

Tues @ 8pm-9pm, Wed @ 12pm-1pm, Fri @ 6pm-7pm

315-536-7459 <http://ourladyofthelakescc.org/our-history/st-michaels/>

Rochester, NY

585-232-6720 www.rochester-ny-aa.org

Al-Anon Information Center

Self-help programs for families and friends of alcoholics. Al-Ateen program for children ages 13-19. Fees: none. <https://www.aa.org/Al-Anon/Alateen>

805 Blossom Road Rochester, NY 14610

585-288-0540 www.aisrochester.org

135 Hamilton St, Penn Yan, NY 14527

St. Paul's- Tues @ 6:30pm.

315-536-8165 www.stpaulspennyan.org

Wayne Behavioral Health Support Groups

<https://web.co.wayne.ny.us/175/Behavioral-Health>

Council on Alcoholism and Addictions of the Finger Lakes (COAAFL)

<https://councilonalcoholismfingerlakes.org/>

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Center Of Treatment Innovation (COTI)

<https://for-ny.org/centers-of-treatment-innovation-coti/>

Families Anonymous

<https://familiesanonymous.org/>

National Association for Children of Alcoholics

<https://nacoa.org/>

Narcotics Anonymous

<https://na.org/>

Substance Abuse and Mental Health Services Administration (SAMHSA)

<https://www.samhsa.gov/find-help/national-helpline>

United We Stand Community Assistance Center

<https://www.unitedwestandcac.org/substance-useaddiction>

SUPERVISED VISITATION (COURT ORDERED)

Catholic Charities

<http://www.catholiccharitiesfl.org/>

94 Exchange St. Geneva, NY 14456

315-789-2235

120 North Main St., Ste 40 Canandaigua, NY 14424

585- 394-0190

Child & Family Resources

671 S. Exchange St., Geneva, NY 14456

315-781-1491 or 1-800-881-5786

514 S. Main St., Canandaigua, NY 14424

585-919-2476

SUPPORT GROUPS

ProAction of Yates

315-536-5515

<https://proactioninc.org/>

Personalized Recovery Oriented Services (PROS)

115 Liberty Street, Bath, NY 14810

607-664-2348 Fax: 607-664-2332

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Support Together for the Emotional & Mental Sobriety & Serenity (STEMSS)

Mondays @ 12pm. 315-789-0550 ext. 2177

Journey Through Life Grief and Loss Support

Group 2 nd & 4th Tuesdays @ 7pm, Canandaigua Recovery. 833-435-2272

Bereavement Support Group (The Living Well)

121 E Elm St, Penn Yan, NY 14527

Every 2nd Wed @6:30pm-8pm.

315-536-0838 Email: umcthelivingwell@gmail.com

New Hope Cancer Support Group (The Living Well)

121 E Elm St, Penn Yan, NY 14527

1 st & 3rd Thursdays, 6pm @ The Living Well.

315-536-0838 Email: umcthelivingwell@gmail.com

Mindfulness Monday

Penn Yan Public Library

214 Main St, Penn Yan, NY 14527

2nd Mon of Month @6:30-7:30pm.

315-536-6114 <http://www.pypl.org>

Paul's Place

Drop-in respite program for Early Stage Alzheimer's and Dementia patients.

315-536-0838

Memory Café

4th Saturday of the month, 10 am @ Branchport UMC. 315-536-0838

First Time Around: Mother's Support Group

FF Thompson Hospital Birth Center

585-396-6260

Safe Harbor of the Finger Lakes (Domestic violence)

1 Franklin Square Suite 324 Geneva, NY 14456

315-781-1093 or 1-800-247-7273

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

La Leche League (Breastfeeding support)
PO Box 54, Clifton Springs, NY 14432
315-548-7980 <http://www.llli.org/>

Catholic Charities
94 Exchange Street, Geneva, NY 14456
315-789-2235 Fax: 315-789-5785 <http://www.catholiccharitiesfl.org/>

Child & Family Resources
671 South Exchange Street, Geneva, NY 14456
315-781-1491 <http://www.cfresources.org/>

Center for Dispute Settlement
1-800-To-Agree 585-396-0840 <http://www.cdsadr.org/>

National Alliance on Mental Illness (NAMI) Rochester
346 N. Goodman St Rochester, NY 14607
585-423-1593 <https://www.namiroc.org/support-groups>

Cornell Cooperative Extension (CCE) Yates County
417 Liberty Street, Suite 1024, Penn Yan, NY 14527
315-536-5123 <http://yates.cce.cornell.edu/> Email: yates@cornell.edu

TRANSPORTATION

Transportation <https://www.unitedwestandcac.org/transportation>

Regional Transit Service (RTS) **585-394-2250**

Fixed Route Service

We offer fixed route services throughout Ontario County. Keep in mind the bus stops shown on RTS Ontario routes are only the major stops. There are additional stops along the route. 1-800-667-2287 <http://www.myrts.com/>

Dial-A-Ride Service

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Within Ontario County. To schedule, call at least 24 hours in advance, Monday-Friday, 9:00am - 3:00pm. You may call up to a week in advance to reserve a ride.
585-394-2250

ADA Paratransit Route Deviation

Pick up from any location within ¾ of a mile from the fixed route service; this is called “route deviation”. Fares are twice the fixed route fare; discounts do not apply. You may call up to a week in advance to reserve a ride.

585 394-2250 or 1-800-667-2287

Medicaid Transportation

Medicaid recipients - rides to medical appointments.

1-855-733-9402

Transit Medical Transportation

585-363-5356

Monroe Ambulance

Medical, wheelchair, and non emergency transports.

585-454-6211

Greyhound Bus Lines

1-800-231-2222 <http://www.greyhound.com/>

Yates Transit Service

315-694-7700 <https://www.yatestransit.com/>

Steuben Area Ride

*Public Transportation: Addison to Bath Jasper/Troupsburg/Bath Prattsburgh to Bath Wayland to Bath. **607-776-4146 or 800-251-9416***

Keuka Taxi

Medicaid Non-Emergency Medical Transport

866-753-4467

Yates Transit Service

Public Transportation for Yates & Surrounding Counties

240 North Ave, Penn Yan, NY 14527

315-694-7700 <http://www.yatestransitservice.com/home.html>

UTILITY ASSISTANCE

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Some utility companies have assistance with preventing utility shut off especially in the winter months. Please contact your utility company for more information.

HEAP (Fuel Cost Assistance)

585-394-4060

NY State Public Assistance

1-800-342-3009

VETERAN SERVICES

National Call Center for Homeless Veterans

1-877-424-3838 and Press 1

BASIC NEEDS (FOOD, CLOTHING, EMERGENCY HOUSING)

American Red Cross of Greater Rochester
825 John Street, Suite 209, West Henrietta NY 14586
585-241-4400 www.redcross.org/ny/rochester

NYS Department of Veterans' Services

<https://veterans.ny.gov/>

Veterans Outreach Center
447 South Avenue, Rochester NY 14620
www.vocroc.org

Veterans Resource Locator
www.veteranscrisisline.net/get-help/local-resources

VA Finger Lakes Canandaigua (Homeless Outreach Team)
400 Fort Hill Avenue, Canandaigua NY 14424
585-394-7100 www.canandaigua.va.gov

Wayne Masonic Lodge #416
Free Lunch for Veterans and First Responders First Wednesday of each month
1983 Ridge Rd, Ontario, NY 14519

Transitional Shelter Veterans Affairs

260-668-1000 x1060 (Alex Dobson)

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

Yates County Veterans Service Agency

315-536-5196 <https://www.yatescounty.org/270/Veterans-Service-Agency>

Johnson-Costello American Legion Post 355

2001 Himrod Rd, Penn Yan, NY 14527

355 315-536-8222 <https://www.alpost355py.org/>

www.americanlegionpennyan.com Email: amleg355ny@gmail.com

Veterans Resources

417 Liberty St. Penn Yan, NY 14527

315-536-5196 www.yatescounty.org

BENEFITS/ EMPLOYMENT/ FINANCE

Clear Path for Veterans 315-687-3300 <https://www.clearpath4vets.com/>

Goodwill of the Finger Lakes (Job Readiness Team) 585-232-1111

<https://www.goodwillfingerlakes.org/programs/workforce-development>

Hire Heroes USA

Online employment assistance program.

<https://www.hireheroesusa.org/>

NYS Department of Veterans' Services

<https://veterans.ny.gov/>

VA Finger Lakes (Canandaigua)

400 Fort Hill Avenue, Canandaigua NY 14424

The Vocational Rehabilitation and Employment (VR&E) Program assists Veterans with service-connected disabilities to prepare for, find, and keep suitable jobs. Benefit

eligibility office. www.canandaigua.va.gov

Main 585-394-7100

Crisis Line 888-838-7890

Veterans Outreach Center

447 South Avenue, Rochester NY 14620

Employment assistance and benefits consulting services.

www.vocroc.org

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

585-341-4600 <https://cdslifetransitions.org/warrior-salute/>

Give an Hour

Provides confidential mental health counseling via phone, video counseling, and in-person to service members, veterans, and their loved ones. www.giveanhour.org

Military OneSource

800-342-9647

NYS Department of Veterans' Services

<https://veterans.ny.gov/>

Quit VET

Tobacco cessation counselors 9 a.m.–9 p.m. Monday–Friday.

1-855-784-8838

Real Warriors

A program through the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE), provides information and resources about psychological health, Posttraumatic Stress Disorder (PTSD), and traumatic brain injury.

1-866-966-1020 (24-hours)

VA Finger Lakes Canandaigua

Provides long-term medical, nursing home, substance abuse, and psychiatric care for veterans. Offers limited dental care. www.canandaigua.va.gov

400 Fort Hill Avenue, Canandaigua NY 14424

Main 585-394-7100

Mental Health 585-393-7252

Canandaigua VA Medical Center

400 Fort Hill Avenue Canandaigua, NY 14424

585-394-2000 or 800-204-9917 (24-hours) <http://www.canandaigua.va.gov/>

Wayne County Veterans Service Agency

7376 Route 31, Suite 1300, Lyons NY 14489

Offers comprehensive entitlement information counseling and assistance to veterans and their dependents. **315-946-5993**

War Vet Call Center

1-877-927-8387 (24-hours)

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org **2 Broad St., Lyons, NY 14489**

Connecting the community together, to help move each other forward.

Women Veterans Call Center

The Women Veterans Call Center (WVCC) provides VA services and resources to women Veterans, their families, and caregivers. You can also chat online anonymously with a WVCC representative. 1-855-829-6636

Bath VA Medical Center

76 Veterans Ave, Bath, NY 14810

607-664-4000 <https://www.va.gov/finger-lakes-health-care/>

<https://www.bath.va.gov/>

Finger Lakes Health System/Soldiers & Sailors Hospital- Kelly Behavioral Health

418 North Main St. Penn Yan, NY 14527

315-531-2400 www.flhealth.org

HOUSING/ HOME REPAIR/ MODIFICATIONS

Access to Home for Heroes/Veterans

<https://hcr.ny.gov/access-home-heroesveterans>

Automobile Adaptive Equipment (AAE)

<https://www.prosthetics.va.gov/psas/AAE.asp>

Bishop Sheen- Housing Ownership Program

Provides comprehensive Housing Counseling from HUD Certified Counselors, Housing Education, Foreclosure Prevention Education and no-interest closing cost loans to low-income families, seniors, veterans and persons with disabilities to assist them in purchasing their own home. 585-657-4114 www.sheenhousing.org

Catholic Family Center

Emergency rental assistance.

2462 State Rt. 54A, Ste. 209, Penn Yan, NY 14527

315-536-2370 or 585-232-2050

Habitat for Humanity

3040 County Rd 10, Canandaigua, NY 14424

585-396-3040

United We Stand Community Assistance Center

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Pathstone

Owner occupied home repair

400 East Avenue, Rochester, NY 14607

800-888-6770 <https://pathstone.org/>

Specialty Adapted Housing (SAH) or Special Home Adaptation (SHA) grant

We offer housing grants for Veterans and service members with certain service-connected disabilities so they can buy or change a home to meet their needs and live more independently.

<https://www.va.gov/housing-assistance/disability-housing-grants/>

LEGAL

Justice for Vets

We provide training and technical assistance to help communities bring together local, state, and federal resources to directly serve veterans involved in the justice system due to substance use and mental health disorders.

703-575-9400 <https://allrise.org/about/division/justice-for-vets/>

LawNY

<https://www.lawny.org/>

Legal Aid Society of Rochester

585-232-4090 <https://www.lasroc.org/>

Medicare Fraud Hotline

1-800-633-4227

US Department of Veterans Affairs (Veterans Justice Outreach Program)

<https://www.va.gov/homeless/vjo.asp>

Veterans Outreach Center (Legal services)

447 South Avenue, Rochester NY 14620

www.vocroc.org

PEER SUPPORT

Clear Path for Veterans- Dwyer Program <https://www.clearpath4vets.com/>

Make the Connection <https://www.maketheconnection.net/>

United We Stand Community Assistance Center

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Together Strong <https://jointogetherstrong.com/>

VA Finger Lakes Canandaigua (*Peer Support Groups*)
400 Fort Hill Avenue Canandaigua, NY 14424
585-393-7100

Vets 4 Warriors 1-855-838-8255 <https://vets4warriors.com/>

Women Veteran National Call Center 1-855-VA-WOMEN or 1-855-829-6636

TRANSPORTATION

NYS Department of Veterans' Services <https://veterans.ny.gov/>

Veterans Transportation Program (VTP)

Offers Veterans many travel solutions to and from their VA health care facilities. This program offers these services at little or no costs to eligible Veterans.

<https://www.va.gov/healthbenefits/vtp/>

VISION

Eye Care Center

Most insurance accepted, except for Fidelis, Medicaid, and WellCare. 585-394-2020

Canandaigua 325 West Street, Canandaigua, NY 14424

Geneva 784 Pre-Exemption Rd, Geneva, NY 14456

Macedon 1025 Brixton Drive, Macedon, NY 14502

Finger Lakes Eye Care

6 E Main Street, Clifton Springs NY 14432

Medicare, BCBS, Aetna, MVP, WellCare, Medicaid. 315-462-7694

Optical Dispensary

117 E Union Street #1503, Newark NY 14513

Straight Medicaid and Medicaid managed plans, and Medicare, accepts most other insurances. 315-331-7917

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

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Reed Eye Associates (REA)

6353 Ridge Road, Sodus NY 14511

Medicare, straight Medicaid, BCBS, MVP, VSP, EyeMed, WellCare, United.

315-483-8300

Ocusight Eye Care Center

1015 Ridge Road, Webster, NY 14580

Accepts most insurance, including Medicare and Medicaid.

585-872-1300

Walmart Vision Center

Eye Exams Blue Cross Blue Shield; Glasses VSP, WellCare, Spectera, and United through Medicaid.

Recreation Drive, Canandaigua NY 14424

585-393-0510

State Route 3 Fulton, NY 13069

315-598-1668

State Route 31 Macedon NY 14502

315-986-7207

1990 Brandt Point Drive, Webster NY 14580

585-787-1810

VISITING NURSE SERVICES

Finger Lakes Visiting Nurse Service & Hospice (Ontario-Yates)

756 Pre-Emption Road Geneva, NY 14456

1-800-253-4439

Lifetime Care

Home care Services

585-214-1000 1-800-724-1410 <https://www.lifetimecare.org/>

YOUTH SERVICES

Wayne County Department of Aging and Youth

1519 Nye Road Lyons NY 14489

United We Stand Community Assistance Center

(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Connecting the community together, to help move each other forward.

315-946-5624 <https://web.co.wayne.ny.us/157/Aging-Youth>

Families & Communities Together (FACT)

Is an interagency initiative designed to assist families of children who are having difficulty in their home, school, or community; who have numerous complex needs; or who are not making adequate progress despite multiple agency involvement.

Parent/Education Support

The Youth Department has partnered with FACT through your school districts to bring parent Education to families in our community. Referrals are completed through your child/ren school district via spots contracted between the school district and our program each year.

Runaway & Homeless Youth Services

Wayne County Department of Aging and Youth is providing services to runaway and/or homeless youth. A runaway youth is defined as a youth between the ages of 12 to 17 that refuses to stay at home for a variety of reasons. A homeless youth is defined as a person under the age of twenty-one who is in need of services and is without a stable and appropriate shelter where supervision and care are available. 315-946-5624 <https://www.1800runaway.org/>

Big Brothers Big Sisters of Greater Rochester

**1 S. Washington Street STE 405, Rochester, NY 14614
585-442-2250 ext. 103**

Boy Scout Troop 115

**6025 New Hartford St, Wolcott, NY 14590
315-594-9371**

Boy Scout Troop 207

**26 E Church St, Fairport, NY 14450
585-749-6493**

Connections Begin Youth Clubhouse (FLACRA)

**324 West Union Street, Newark, NY 14513
833-435-2272 <https://www.flacra.org/post/connections-begin-youth-clubhouse>**

**United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489**

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4-H Youth Development (Cornell Cooperative Extension)
1581 Route 88 North, Newark, NY 14513
315-331-8415 <https://ccewayne.org/>

Finger Lakes Community Action
51 Broad Street, Lyons NY 14489
315-333-4155 <https://www.fingerlakescommunityaction.org/>

Girl Scouts of Western NY 888-837-6410 <https://www.gswny.org/>

Glow up Girl
38 William Street, Lyons Ny 14489
315-665-0252

Seneca Waterways Council- Boy Scouts of America
2320 Brighton-Henrietta TL Rd, Rochester NY 14623
585-244-4210

Wayne County Community Schools
www.waynecountycommunityschools.org
2 Maple Avenue, Sodus, NY 14551

The Youth Leadership Forum- Wayne County Community Schools
Brings together youth from all over the county together to give them an opportunity to have their voice heard within their school and community.

STEADY Work Program
(Skills, Training, and Employment Access for the Development of Youth)
Wayne County Community Schools provides youth with coaching and on-the-job training to promote the softer skills necessary for securing and keeping a job.

Wayne M.O.S.T.
We are a network that serves to facilitate out of school activities for youth. See Wayne MOST website for regular updates on programming for youth in the community.

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

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Wayne County Council for the Arts, Inc.

Youth creative arts programs 108 W Miller St, Newark, NY 14513

315-332-9010 <https://www.wayne-arts.com/>

Youth Advocate Program

165 East Union Street, Suite 406, Newark, NY 14513

315-331-2763 <https://www.yapinc.org/>

You are Not Alone (YANA)

Family Counseling Service of the Finger Lakes, Inc.

671 South Exchange St., Geneva, NY 14456

LGBT+ support group for children age 10-17. Monday from 4-5pm via Zoom.

315-909-4637

The Center for Youth Services

905 Monroe Avenue, Rochester, NY 14620

Crisis intervention and counseling services for children ages 12-20. Topics include sexuality, drug and alcohol abuse, school-related problems, personal problems, divorce and suicide. Family individual, and group counseling, short-term housing, advocacy, and support groups. Fees: none. 585-271-7670 www.centerforyouth.net

Boys and Girls Club of Rochester

500 Genesee Street, Rochester, NY 14611

Programs for ages 6-18, including employment and job seeking skills, tutoring in a variety of academic subjects and physical education. After school programs, day camps and holiday programs. Fees: \$10.00. 585-328-3077 www.bgcrochester.org

Society for Protection and Care of Children

148 South Fitzhugh Street Rochester, NY 14608

SPCC provides the best opportunities for a bright future by partnering with children and their families, advocating for their health, well-being and safety, and working to heal and strengthen relationships. 585-325-6101 www.spcc-roch.org

United We Stand Community Assistance Center

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What is New York Medicaid?

Medicaid is a program for New Yorkers who can't afford to pay for medical care. Medicaid pays for a number of services, but some may not be covered for you because of your age, financial circumstances, family situation, transfer of resource requirements, or living arrangements. Some services have small co-payments. These services may be provided using your Medicaid card or through your managed care plan if you are enrolled in managed care.

[See less](#)

Who is eligible for New York Medicaid?

To be eligible for New York Medicaid, you must be a resident of the state of New York in need of health care/insurance assistance, whose financial situation would be characterized as low income or very low income. Certain Medicaid programs may also be determined based on one of the following criteria:

- Pregnant, or
- Being responsible for a child 18 years of age or younger, or
- Immigration status, or
- Blind, or
- Have a disability or a family member in your household with a disability, or
- Be 65 years of age or older.

Annual Household Income Limits (before taxes)

Household Size*	Maximum Income Level (Per Year)
1	\$20,030
2	\$27,186
3	\$34,341
4	\$41,496
5	\$48,652
6	\$55,807
7	\$62,963
8	\$70,118

*For households with more than eight people, add \$7,155 per additional person. Always check with the appropriate managing agency to ensure the most accurate guidelines.

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Location	Food Pantry	Phone
Canandaigua	Salvation Army	585-394-6968
	St. Vincent DePaul	585-394-3980
	Hope and Life Pantry	585-393-4310
	Food Link Mobile Pantry	585-328-3380 x155
	New Covenant Baptist Church	585-394-9440
	CCIA Food Pantry	585-396-2242
Bloomfield Bristol Naples	Bristol Community Food Cupboard	585-393-1058
	Naples Open Cupboard	585-369-8142
	The Blessing Room (Bloomfield)	585-657-6199
	Project FISH (W. Bloomfield)	585-453-2370
	Food Link Mobile Pantry	585-328-3380 x155
Victor Farmington	Victor-Farmington Food Pantry	585-924-2720
	Calvary Chapel	585-398-3550
Geneva	Center of Concern	315-789-1117
	Salvation Army Geneva	315-789-1055
	SAVE/Food Link	315-789-7811 x107
Clifton Springs Phelps Shortsville Manchester	St. Felix Food Cupboard (Clifton Springs)	315-462-5647
	Phelps Community Food Cupboard	315-548-8897
	Manchester-Shortsville Twin Cities Food Cupboard	585-289-3046
	Food Link Mobile Pantry	585-328-3380 x155
	Wellsprings Church	315-548-6292
	St. Felix Food Cupboard (Clifton Springs)	315-462-5647
Honeoye	Community Food Pantry	585-229-5911
Stanley	Beacon of Hope at the Circle of Care	585-526-5600
	Friendship House	585-554-6056

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Who is eligible to receive SNAP benefits?

If your gross income, based on family size, is at or below the amounts in the following charts, you may be eligible for SNAP benefits. But the only way to determine if your household is eligible for SNAP benefits is to apply.

Income Guidelines for Households without Earned Income (no elderly or disabled member)

<https://www.ny.gov/services/apply-snap>

<u>Maximum SNAP Benefit Allowances</u>	
Household Size	Maximum Allotment
1	\$281
2	\$516
3	\$740
4	\$939
5	\$1,116
6	\$1,339
7	\$1,480
8	\$1,691
For each additional member	\$ 211 +
* These figures are based upon SNAP Standards effective October 1, 2023.	
Note: A SNAP budget must be calculated for your household in order to determine SNAP eligibility and benefit amount.	

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<https://www.health.ny.gov/publications/2370.pdf>

**2022-23 School Year
New York State Immunization Requirements
for School Entrance/Attendance¹**

NOTES:



Children in a prekindergarten setting should be age-appropriately immunized. The number of doses depends on the schedule recommended by the Advisory Committee on Immunization Practices (ACIP). Intervals between doses of vaccine should be in accordance with the ACIP-recommended immunization schedule for persons 0 through 18 years of age. Doses received before the minimum age or intervals are not valid and do not count toward the number of doses listed below. See footnotes for specific information for **each** vaccine. Children who are enrolling in grade-less classes should meet the immunization requirements of the grades for which they are age equivalent.

Dose requirements MUST be read with the footnotes of this schedule

Vaccines	Prekindergarten (Day Care, Head Start, Nursery or Pre-k)	Kindergarten and Grades 1, 2, 3, 4 and 5	Grades 6, 7, 8, 9, 10 and 11	Grade 12
Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td) ²	4 doses	5 doses or 4 doses if the 4th dose was received at 4 years or older or 3 doses if 7 years or older and the series was started at 1 year or older	3 doses	
Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine adolescent booster (Tdap) ³		Not applicable	1 dose	
Polio vaccine (IPV/OPV) ⁴	3 doses	4 doses or 3 doses if the 3rd dose was received at 4 years or older		
Measles, Mumps and Rubella vaccine (MMR) ⁵	1 dose	2 doses		
Hepatitis B vaccine ⁶	3 doses	3 doses or 2 doses of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years		
Varicella (Chickenpox) vaccine ⁷	1 dose	2 doses		
Meningococcal conjugate vaccine (MenACWY) ⁸		Not applicable	Grades 7, 8, 9, 10 and 11: 1 dose	2 doses or 1 dose if the dose was received at 16 years or older
Haemophilus influenzae type b conjugate vaccine (Hib) ⁹	1 to 4 doses	Not applicable		
Pneumococcal Conjugate vaccine (PCV) ¹⁰	1 to 4 doses	Not applicable		

**United We Stand Community Assistance Center
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Breastfeeding Resources Brochure Page 2 (English)

<p>WIC & La Leche League WIC: Chemung & Schuyler Counties: (607) 737-2039 Livingston County: (585) 243-7530 Ontario, Wayne, Seneca & Yates: (585) 394-9240 Steuben County: (607) 776-1151 La Leche League: Finger Lakes Area: Maureen Weidman: (315) 548-7980 La Leche League in your area: http://www.llnny.org/</p>	<p>Breastfeeding/Parenting Support Sites</p> <ul style="list-style-type: none">• Parenting Partners: Healthy Families Ontario & Yates: (315) 412-4527• Positive Expressions Infant Support: Livingston County Health Department: (585) 243-7299• Baby Bistro: Elmira Resource Center: (607) 737-2039• ROC City Baby Cafes: Zoom: https://rochesterregionalbreastfeedingcoalition.com/baby-cafe/	<p>Local Health Departments</p> <p>Chemung County: (607) 737-2488 Livingston County: (585) 243-7299 Ontario County: (585) 396-4343 Seneca County: (315) 539-1920 Schuyler County: (607) 535-8140 Steuben County: (607) 664-2438 Yates County: (315) 536-5160 Wayne County: (315) 946-5749</p>
 <p>www.facebook.com/FLBreastfeeding 9/9/2022</p>		 <p>Many local Health Departments feature home visits with a Certified Lactation Counselor (CLC)</p>

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2023 Mental Health Service Providers, Ontario County

INPATIENT	OUTPATIENT		
<p>Clifton Springs Hospital Psychiatric Unit</p> <p>2 Coulter Rd. Clifton Springs, NY 585-922-9900</p>	<p>Boike Marriage, Family and Individual Counseling</p> <p>3180 West St., Canandaigua 585-394-1442</p> <ul style="list-style-type: none"> • Marriage & Family Counseling • Individual Counseling (including children) 	<p>Clinical Associates of the Finger Lakes</p> <p>590 Fishers Station Dr, St 130, Victor 585-924-7207</p> <ul style="list-style-type: none"> • Counseling for children (birth - 5), parents and or families. • Access through Early Intervention (Ontario County) and school districts 	<p>Mental Health Support Services</p> <p>120 North Main St., Canandaigua 585-629-0386</p> <p>Services: Life Skills Workshops, Peer Support/Navigation, Youth Services & Counseling, Bereavement, Drop-In Services Support Groups</p>
<p>Elmira Psychiatric Center</p> <p>100 Washington St. Elmira, NY 607-737-4711 Adult/Youth</p>	<p>Finger Lakes Area Counseling & Recovery Agency FLACRA</p> <p>1386 Hathaway Dr. Farmington 585-396-4190</p> <p>28 East Main St. Clifton Springs 315-462-9161</p> <p>246 Castle St. Geneva 315-781-0771</p>	<p>Clifton Springs Outpatient Mental Health</p> <p>2 Coulter Rd., Clifton Springs 585-922-9900</p> <p>Behavioral Health/CPEP Crisis 315-462-1080</p>	<p>Lakeview Health Services</p> <p>609 West Washington St, Geneva 315-789-0550</p> <p>193 Parrish Street, Canandaigua 585-394-7335</p> <p>Victor Counseling Practice 6539 Anthony Drive, Suite A Victor, NY 14564 585-398-8835</p>
<p>Strong Memorial Hospital</p> <p>601 Elmwood Ave. Rochester, NY 585-275-3535 Adult/Youth</p> <p>(Updated 2/6/2023)</p>	<p>Children and Family Treatment and Support Services</p> <p>Email referrals to: cftss.intake@cayugacenters.org</p> <p>Who is Eligible?</p> <ul style="list-style-type: none"> • Child/Youth enrolled in NYS Medicaid or a Medicaid Managed Care Plan • Aged Birth to 21 	<p>Family Counseling Services of the Finger Lakes</p> <p>514 S Main St, Canandaigua 585-394-8220</p> <p>671 South Exchange St, Geneva 315-789-2613</p> <ul style="list-style-type: none"> • Bilingual/ School Based Services • Domestic Violence & LGBTQ • Trauma Care <p>Locations in Canandaigua, Newark, Seneca Falls, Penn Yan, and Sodus</p>	<p>Ontario County Mental Health</p> <p>3019 County Complex Dr., Canandaigua 585-396-4363</p> <ul style="list-style-type: none"> • Individual Counseling (incl. children) • Marriage & Family Counseling • Call for walk-in hours <p style="text-align: center;">Mental Health Emergency 9-1-1</p>

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Substance Abuse Treatment Providers, Ontario County

INPATIENT		OUTPATIENT
<p>Clifton Springs Hospital 2 Coulter Rd. Clifton Springs, NY 585-723-7233 CDinpatientintaketeam@rochesterregional.org</p> <p>Crouse Chemical Dependency Treatment Service 2775 Erie Blvd. East Syracuse, NY 315-470-8340</p> <p>CASA-Trinity 730 Seneca Rd. North Hornell, NY 607-282-5200</p> <p>FLACRA Addictions Crisis Center 28 E Main St, Clifton Springs, NY 315-462-9466</p>	<p>VETERAN SERVICES (VETERANS ONLY) Bath VA Medical Center 76 Veterans Avenue Bath, NY 14810-0810 Main phone: 607-664-4000 Mental health clinic: 607-664-4300</p> <p>Canandaigua VA Medical Center 400 Fort Hill Avenue Canandaigua, NY 14424-1159 Main phone: 585-394-2000 Mental health clinic: 585-393-7252</p> <p>Strong Memorial Hospital Strong Recovery 601 Elmwood Ave. Rochester, NY 585-275-3535</p> <ul style="list-style-type: none"> Mentally Ill & Chemically Addicted Adults 	<p>FLACRA Outpatient Services Clifton Springs Clinic 315-462-9161</p> <p>Farmington Clinic 585-396-4190</p> <p>CASA - Trinity Outpatient Rehab Unit 86 River Street Hornell, NY 607-282-5201</p>
   <p style="text-align: right;">(Updated 2/6/2023)</p>		<p style="text-align: center; color: green; font-weight: bold; border: 1px solid green; padding: 2px;">HOME-BASED MENTAL HEALTH ASSESSMENT</p> <p>Finger Lakes Comprehensive Psychiatric Emergency Program (CPEP) Clifton Springs Hospital and Clinic 315-462-0425 2 Coulter Road, Clifton Springs</p> <ul style="list-style-type: none"> Inpatient Mental Health Chemical Dependency Services

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489

Need Help with Substance Abuse?



Assistance Is Within Your Reach in Steuben County



For Individuals

Medical Emergency: CALL 911

Steuben County Alcoholism & Substance Abuse Services:

607-664-2156 (Bath)
607-937-6201 (Corning)
607-324-2483 (Hornell)

Loyola Recovery Services:
877-519-7705

General Information: Call 211

Alcoholics Anonymous
www.aacny.org

Narcotics Anonymous
www.na.org

For Family/Caregivers

General Information: Call 211

Support Groups: Addiction Awareness of Steuben County -
Teresa Haight - (607) 329-7134
Jaime Dyke - (607) 377-4628
Meetings Every Wednesday at 6:30pm at
Addison Fire Hall

Al- Anon
www.nynafg.com
Tuesday 8 pm @ Christ Episcopal Church
39 E. First Street
Corning, NY 14830

Sunday 7:30 pm @ Lighthouse Wesleyan
Church
101 S. Lackawanna Street
Wayland, NY 14572

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if you are in a crisis or have an emergency, call 911 or go to the nearest ER

Get Connected. Get Answers. Call 211 or text zip code to 898211.

24 - Hour Assistance

Crisis Resource Helpline: 800-346-2211

NYS HOPELine: 877-846-7369 or text 467369

Free, confidential help & hope for alcoholism, substance use disorder, and problem gambling

SAMHSA's National Helpline: 800-662-4357

Free, confidential, in English & Spanish for individual & families facing mental and/or substance use disorders

National Suicide Prevention Hotline: 988

DETOX Services

CASA Trinity: Hornell, NY 607-282-5200

Detox, Inpatient & Outpatient Services

IRA Davenport Memorial Hospital: 7571 Rt 54, Bath

607-776-8500 Medically managed detox beds available. Go to ER.

Outpatient Services

Steuben County Substance Abuse Services SCASAS

- **Bath** 607-664-2156 115 Liberty Street, Bath
M 1-5, T 9-12, Th 9-12 (First come, first served.)
- **Corning** 607-937-6201 114 Chestnut Street, Corning
T 9-12, Th 1-5 (First come, first served.)
- **Hornell** 607-324-2483 7454 Seneca Road North, Hornell
T 1-5, Th 9-12 (First come, first served.)

AIM Peer Recovery Coordinator: Brandon Beuter

(607) 962-8225, ext. 233 (888) 962-8244 (toll-free) (607) 415-2473 mobile

Self Help Meetings

Narcotics Anonymous: www.na.org/meetingsearch/

Alcoholics Anonymous: www.alcoholicsanonymous.com

Addiction Awareness of Steuben County: *Meets Tuesdays*

6:30PM Addison Fire Hall 1 Tuscarora St. Addison

United We Stand Community Assistance Center
(315) 502-0007 www.UnitedWeStandCAC.org 2 Broad St., Lyons, NY 14489